

# Happiness is For Everyone

Teaching kids that happiness is a choice everyone can make!

Inspired by the adult non-fiction book, *The Quest for Happiness. To Be Happy, or Not to Be Happy. The Choice is Yours.*, this playful book helps kids ages 3 to 8 discover that happiness is a choice everyone deserves. Through the fun and uplifting poem, children will learn simple ways to create happiness—by being kind, grateful, and finding joy in everyday moments. A heartwarming journey that empowers kids to shine from within!

*"A beautifully crafted story for children to learn happiness" - Keely, preschool teacher*

*"I have read this over and over to my child with delight" - Christy, a parent*

*"My child asks me daily to do things that make them happy now!" - Chancy, parent*

## About the Author



Paula Price is a mother, wife, daughter, fixer of things, recovering perfectionist, voiceover actress, author, and certified happiness coach. She received a BA in

Communications: Radio/TV

and a Business Minor from Xavier University and has done everything from running a corporate video studio to producing her own films. Each day in sunny Los Angeles brings about new blessings and challenges but Paula has learned to take everything in stride with a sense of humor and fiery drive. Her goal is to help others find and use their own light to live in their true purpose.



Temp cover

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Making the world better, one heart at a time.



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