

# Happiness is for Everyone

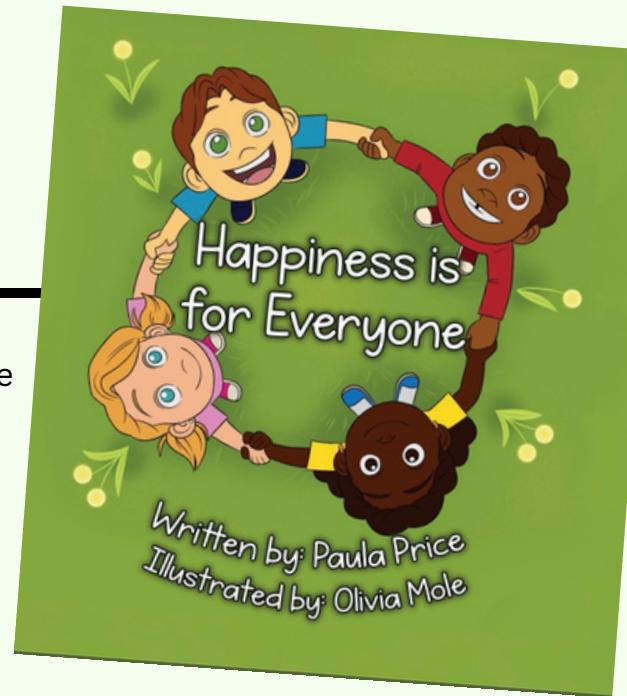
Paula Price- Author  
Illustrator- Olivia Mole

## Teaching kids that happiness is a choice everyone can make!

Inspired by the adult non-fiction book, *The Quest for Happiness. To Be Happy, or Not to Be Happy. The Choice is Yours.*, this playful book helps kids ages 3 to 8 discover that happiness is a choice everyone deserves. Through the fun and uplifting poem, children will learn simple ways to create happiness—by being kind, grateful, and finding joy in everyday moments. A heartwarming journey that empowers ALL kids to shine from within!

~"This author did an amazing job at representing all children in this book. My patients with hearing differences love seeing the pictures of kids with hearing aids and cochlear implants." -Audiologist

~This book is a wonderful addition to any TK/K or early elementary classroom. I highly recommend "Happiness is for Everyone" to teachers and families looking to nurture the emotional growth and positive conversations in young children. -TK Teacher



## CHILDREN'S PICTURE BOOK

ISBN-979-8-9904328-5-7

36 pages, \$18.99

Dimensions: 8.5 x 0.25 x 8.5 inches

Publication Date: Nov. 13, 2025

(World Kindness Day)

Awards: Best Children's Cover-2026 Bedside Reading Awards/ Best Children's Book Runner Up-2026 Southern CA Book Fest

Publisher: Anchor Heart

Distributor: Ingram, Amazon, Anchor Heart direct

Rights: All Rights Available

Rights Contact: Paula Price  
paula.price@gmail.com



**ABOUT THE AUTHOR** \* **Paula Price** is an author, voiceover actress, and certified happiness coach with a BA in Communications (Radio/TV) and a Business minor from Xavier University. Based in Los Angeles, she creates uplifting stories that help children and families connect with joy, purpose, and emotional well-being..

ANCHOR HEART

(818)652-3049



11856 Balboa Blvd #528 Granada Hills, CA 91344

Info@AnchorHeartBooks.com

[www.anchorheartbooks.com](http://www.anchorheartbooks.com)