

# Adult Pole Climb Rules

The basic object of the greased pole climb is to get to the top of the pole in the shortest time. Each team (men and women) have 5 members. The pole is 30 feet tall and approximately 18" in diameter. It is greased by hand with shortening every year. The teams are allowed two chances to reach the top. The maximum time limit is 2 minutes per team per climb. If the team does not reach the top, then their standings are determined by the highest point that the top man touched and by the time it took.

There is a total of \$1,000 in prize money for the top three teams, 3-men and 3 women. Anyone can climb as long as you are 18 or older. If you are under 18 your parents must sign a consent form. Each team must pay \$20 to register.

The bottom team member MAY wear a weight lifting belt for support. The rest of the team is NOT allowed to use any other devices such as towels or bandanas. If belts are worn they MUST be looped within the belt loops of the pants. No other climbing aides will be permitted.

HAVE A GREAT CLIMB!!