

# COLLECTIVE COMPASSION IN SETTINGS

1

## Working together supports the biggest progress

Supporting children in nurseries, primaries and secondary schools requires a collective compassion. Staff working in isolation can only achieve minimal impact.



2

## Building trust

Building trust with all the staff supporting children including agencies and other professionals allows for proactive not reactive responses

3

## Focus on positives however small

Supporting complex pupils requires high levels of compassion, resilience and patience, focusing on positives can reduce moral injury and vicarious trauma for staff.



4

## Compassion for pupils but ourselves too

When we look after others we can all too easily forget about compassion for ourselves, take time to breathe, be and slow.



5

## Compassionate co-working

Don't forget that there is no shame in asking for help, if you embed a compassionate approach in your setting and show gratitude for others they'll be there when you need them.

