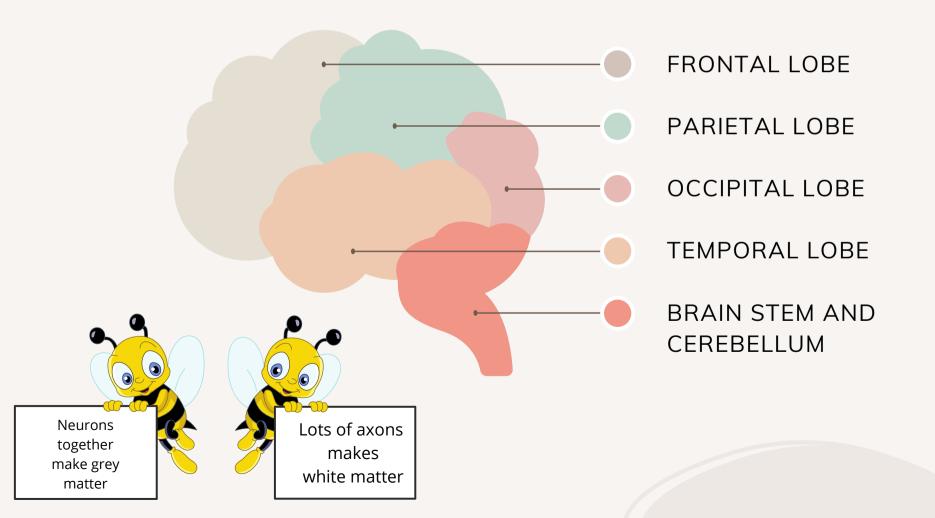


#### Inside the Brain



### BRAIN STEM



This regulates your breathing, cardio vascular rhythm and most automatic functions vital for living

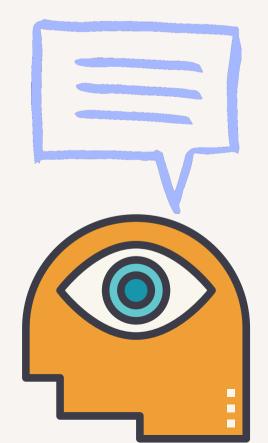
And the cerebellum maintains your tone, posture and balance.



## TEMPORAL LOBE

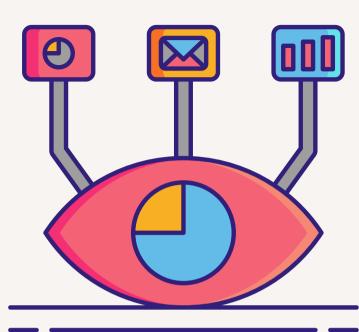


Processes what you hear, plays a key role in you comprehending and producing speech and then encoding your memory with it, helps you do object recognition and in the formation of visual memories



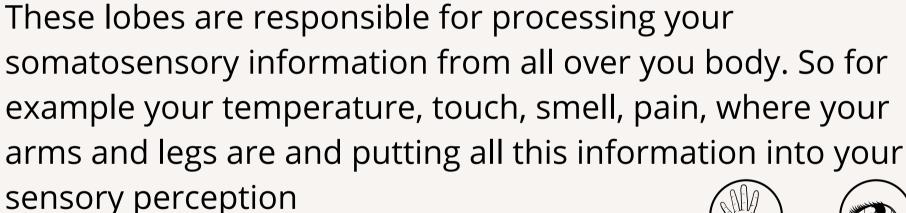
### OCCIPITAL LOBE

This is is visual processing hub of the brain it includes visuospatial processing, distance and depth perception, color determination, object and face recognition, and adds to your memory formation

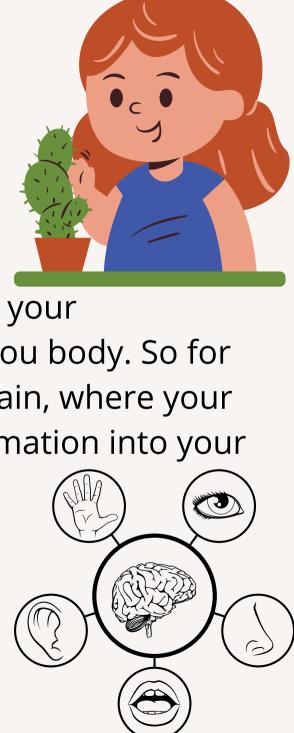




# PARIETAL LOBE







## FRONTAL LOBE



These lobes are important in your executive functions, your ability to plan, organise, respond using self control, using voluntary movement and expressive language



#### **WANT TO KNOW MORE?**

