

Fall 2018 Kids' Time Grief Support Program

**Sponsored without cost
by The GriefCare Place
Program for Bereaved Children**
to explore and learn about grief

Ages 6-12 years

Mondays from 6—7:15 p.m.

October 8, 15, 22, 29 and November 5, 12
(A light snack will be provided)

A six-week program for children who have experienced a significant loss, such as that of a parent, grandparent or sibling. Through guided activities incorporating art, music, books and play, children will learn about their grief with similar aged peers who have had related experiences.

This program will help children explore feelings, memories and coping techniques for grief. They will gain tools for helping them cope with, and effectively express, grief in their everyday lives.

Led by Collin Myers, Ph. D., PCC-S, DAC, NBCC, NAFC
(Licensed Counselor)

AND for parents/guardians, **"How to help a grieving child"**

Monday, October 8 . 6—7:00 pm
an information session to support adults who bring their children.
Led by Norma Bryant

For registration or more information contact:

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