# **THE GRIEF** *CARE* **PLACE** Where Hope and Healing Live

'Until Healing Comes' Support Groups

MEETING LOCATION: 4499 Darrow Road, Stow, OH 44224 ~ 330-686-1750 ~ www.thegriefcareplace.org ~ griefcareplace@gmail.com

## October 2018

SUNDAY	MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 7 pm Grief 101: The Basics Grief 102:Achieving Healing	3 7 pm Other Adult Losses	4 2:00-4:00 Grief Recovery Method 7 pm H.A.L.O.	5 OFFICE CLOSED	6
7	8 7 pm Widowed Men 6 pm Kids' Time	9	10 7 pm Bereaved Parents' Group 1 pm - Widowed Women's Luncheon	11 2:00-4:00 Grief Recovery Method 5:30 pm Widowed Women's Dinner	12 OFFICE CLOSED	13 6 pm Game Night (Widowed Women)
14	15 6 pm Kids' Time	16 7 pm Grief 101: The Basics	17 1 pm & 7pm Widowed Women	18 2:00-4:00 Grief Recovery Method 7 pm After Suicide	19 OFFICE CLOSED	20
21	22 7 pm Widowed Men 6 pm Kids' Time	23	24	25 2:00-4:00 Grief Recovery Method	26 OFFICE CLOSED	27 6 pm Game Night (Widowed Women)
28	29 6 pm Kids' Time	30 7 pm Coffee & Conversation	31			

OFFICE HOURS: 9:00 am - 3:00 pm, Monday - Thursday. Office is closed on Fridays

## THE GRIEF CARE PLACE Where Hope and Healing Live

### 'Until Healing Comes' Support Groups

The GriefCare Place offers a progressive program of grief care through support groups provided without cost to the griever. It introduces those grieving the death of a loved one to the normal grieving/healing process in a sensitive and gentle way.

- **Grief 101: The Basics** (formerly 'Until Healing Comes') for adults who have experienced any death; provides foundational information and a safe place to begin grief support.
- **Grief 102: Achieving Healing -** For those who have learned about grief and have completed their period of acute grieving (typically in their second year of grief). Continues foundational information and a safe place to continue applied grief work with a focus on reaching healing.

#### Support Groups with a Specific Focus

Widowed Women - for women of any age who have experienced the death of a spouse.

Widowed Men - for men of any age who have experienced the death of a spouse.

Bereaved Parents - for parents who have experienced the death of a child of any age.

After Suicide - for adults who have experienced the death of a loved one through a completed suicide.

HALO - Hope After Loss to Overdose - for adults dealing with the loss of a loved one due to drug overdose.

Other Adult Losses - for adults grieving the death of a parent, sibling, close friend or relative other than spouse or child

Coffee and Conversation - (NOT for new grievers)

Kids' Time - for children 6 to 12 years of age; who are gently led in understanding death and grief. Led by a professional clinician.

#### Additional Programs:

Resource Library "Helpful Hints for Holiday Hurts" School In-Services Volunteer Program Kid's Camp Speakers' Bureau