

THE GRIEF *CARE* PLACE *Where Hope and Healing Live*

'Until Healing Comes' Support Groups

MEETING LOCATION: 4499 Darrow Road, Stow, OH 44224 ~ 330-686-1750 ~ www.thegriefcareplace.org ~ griefcareplace@gmail.com

January 2019

SUNDAY	MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 	2 7 pm Other Adult Losses	3 7 pm H.A.L.O. (Hope After Loss to Overdose)	4 OFFICE CLOSED	5
6	7	8 7 pm Grief 102: Integrating Loss	9 7 pm Bereaved Parents' Group 1 pm - Widowed Women's Luncheon	10 5:30 pm Widowed Women's Dinner	11 OFFICE CLOSED	12 6 pm Game Night (Widowed Women)
13	14 7 pm Widowed Men	15 7 pm Grief 101: The Basics The Bridge	16 1 pm & 7pm Widowed Women	17 7 pm After Suicide	18 OFFICE CLOSED	19
20	21	22	23	24	25 OFFICE CLOSED	26 6 pm Game Night (Widowed Women)
27	28 7 pm Widowed Men	29 7 pm Grief 101: The Basics The Journey	30	31		

OFFICE HOURS: 9:00 am - 3:00 pm, Monday - Thursday. Office is closed on Friday
See backside of calendar for group listings.

THE GRIEFCARE PLACE

Where Hope and Healing Live

'Until Healing Comes' Support Groups

The GriefCare Place offers a progressive program of grief care through support groups provided without cost to the griever. It introduces those grieving the death of a loved one to the normal grieving/healing process in a sensitive and gentle way.

Grief 101: The Basics (formerly 'Until Healing Comes') - for adults who have experienced any death; provides foundational information and a safe place to begin grief support.

Grief 102: Integrating Loss - for those who have learned about grief and have completed their period of acute grieving. Changing the self perception that you have been labeled and your loss defines that label. Grieving the old self and embracing the new through grief work.

Grief 103: Achieving Healing - for adults to continue grief work with foundational information in a safe place focusing on reaching healing.

Support Groups with a Specific Focus

Widowed Women - for women of any age who have experienced the death of a spouse.

Widowed Men - for men of any age who have experienced the death of a spouse.

Bereaved Parents - for parents who have experienced the death of a child of any age.

After Suicide - for adults who have experienced the death of a loved one through a completed suicide.

HALO - Hope After Loss to Overdose - for adults dealing with the loss of a loved one due to drug overdose.

Other Adult Losses - for adults grieving the death of a parent, sibling, close friend or relative other than spouse or child

Coffee and Conversation - (NOT for new grievers)

Kids' Time - for children 6 to 12 years of age; who are gently led in understanding death and grief. Led by a professional clinician.

Additional Programs:

Resource Library
"Helpful Hints for Holiday Hurts"

School In-Services
Volunteer Program

Kid's Camp
Speakers' Bureau