Spring 2019 Kids' Time Grief Support Program

Sponsored without cost by The GriefCare Place

Program for Bereaved Children
to explore and learn about grief
Ages 6-12 years
Mondays from 6—7:15 p.m.
March 4, 11, 18, 25 and April 1, 8

(A light snack will be provided)

A six-week program for children who have experienced a significant loss, such as that of a parent, grandparent or sibling. Through guided activities incorporating art, music, books and play, children will learn about their grief with similar aged peers who have had related experiences.

This program will help children explore feelings, memories and coping techniques for grief. They will gain tools for helping them cope with, and effectively express, grief in their everyday lives.

Led by Collin Myers, Ph. D., PCC-S, DAC, NBCC, NAFC (Licensed Counselor)

for parents/guardians, "How to help a grieving child"

Monday, March 4 . 6—7:00 pm

an information session to support adults who bring their children.

For registration or more information contact: **The GriefCare Place**4499 Darrow Road ~ Stow, OH 44224 **330-686-1750** or email: griefcareplace@gmail.com
www.thegriefcareplace.org

