THE GRIEF CARE PLACE Where Hope and Healing Live

'Until Healing Comes' Support Groups

MEETING LOCATION: 4499 Darrow Road, Stow, OH 44224 ~ 330-686-1750 ~ www.thegriefcareplace.org ~ griefcareplace@gmail.com

November 2019

SUNDAY	MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 OFFICE CLOSED	2
3	4	5 7 pm Grief 102:Integrating Loss	6 7 pm Other Adult Losses	7 7 pm H.A.L.O. (Hope After Loss to Overdose)	8 OFFICE CLOSED	9 6 pm Game Night (Widowed Women)
10	11 7 pm Widowed Men	12 7:00-9:00 pm Thanksgiving ~ Helpful Hints for Holiday Hurts	13 7 pm Bereaved Parents' Group	14	15 OFFICE CLOSED	16
17	18	19	20 1pm Widowed Women 7 pm Widowed Women	21 7 pm After Suicide	22 OFFICE CLOSED	23 6 pm Game Night (Widowed Women)
24	25 7 pm Widowed Men	26	27	28 Happy Thanksgiving	29 OFFICE CLOSED	30

OFFICE HOURS: 9:00 am - 3:00 pm, Monday—Thursday. Office is closed on Fridays

Mark Your Calendars for November 12, 2019 ~ 7:00-9:00 pm Helpful Hints for Holiday Hurts

See backside of calendar for group listings.

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The GriefCare Place offers a progressive program of grief care through support groups provided without cost to the griever. It introduces those grieving the death of a loved one to the normal grieving/healing process in a sensitive and gentle way.

- **Grief 101: The Basics** (formerly 'Until Healing Comes') for adults who have experienced any death; provides foundational information about normal, natural grief and is a safe place to begin grief support.
- **Grief 102:** Integrating Loss for those who have learned about grief and have completed their period of acute grieving. Changing the self perception that you have been labeled and your loss defines that label. Grieving the old self and embracing the new through grief work. (Grief 101:The Basics is a pre-requisite)

Support Groups with a Specific Focus

Widowed Women - for women of any age who have experienced the death of a spouse.

Widowed Men - for men of any age who have experienced the death of a spouse.

Bereaved Parents - for parents who have experienced the death of a child of any age.

After Suicide - for adults who have experienced the death of a loved one through a completed suicide.

HALO - Hope After Loss to Overdose - for adults dealing with the loss of a loved one due to drug overdose.

Other Adult Losses - for adults grieving the death of a parent, sibling, close friend or relative other than spouse or child

Coffee and Conversation - (NOT for new grievers)

Kids' Time - for children 6 to 12 years of age; who are gently led in understanding death and grief. Led by a professional clinician.

Additional Programs:

Resource Library "Helpful Hints for Holiday Hurts" School In-Services Volunteer Program Kid's Camp Speakers' Bureau