



WOW WHAT A YEAR!



Tri season is over, so let's recap!

Our first year seemed to be a success. We held 5 series sprint triathlons, 4 series kids du/Triathlons, and a womens and kids combo triathlon. We've timed 15 5k's/8k's/10k's and participated in a good handful with other racing companies including Knoxville Track Club, Above the Fold, Set up Events, Race Day Events, and Endurance Sports Management.

We hope you had a great year as well no matter what your goals were!

A big congrats to the following #awesometriathletes who competed ALL 5 of our Sprint Triathlons:

Will Gates

Mike Barto

Steve Dittner

Sarah Kerr

David Kerr

They are getting a special gift that each will receive an email about in the next few weeks!

As the end of the year is nearing, we are hard at work planning, filling out applications, sanctioning, researching, and of course scouting out new inventory. If you know of a company or small business that would be interested in sponsoring our activities for adults or children in 2020, please have them email me at personalbesttracing@gmail.com! We like keeping your fees low but still need to ensure safety and create a great experience for everyone!



And the rest of the pictures....

One of our talented photographers ran into some technical difficulties with her 3,000 pictures! She finally was able to get the link sent to me. Here it is:

[North Knox Swim, Finish, and Podium](#)

A big thanks to Alli, Danni, and everyone else that took pics at North Knox!

PBR's newest addition to our Road Races just got more magical!

New for 2020 the I Just Want To Be A Unicorn is not a Half Marathon and 5k! The races will be starting and finishing at the Volunteer Landing in Knoxville! There will be lots of magic, medals for all finishers, and long sleeved shirts for all who register.

We also have a technical hoodie option that you can purchase for \$20. These



technical hoodies are
THE BOMB! Hurry and register soon before the price goes up!



REGISTER TODAY TO BE A PART OF THE MAGIC!

January 11, 2020 I Just Want to be a Unicorn Half Marathon
Knoxville, TN
April 4, 2020 Smokey Mountain Triathlon
Pigeon Forge, TN
May 3, 2020 Spirit of Kona Triathlon
Lanier, GA, TN
May 30, 2020 K-Town on the River Triathlon
Knoxville, TN
June 6, 2020 Secret City Triathlon
Oak Ridge, TN
July 18, 2020 Sweetwater Triathlon
Sweetwater, TN
August 1, 2020 Wild Rose Women's Triathlon
London, TN
September 5, 2020 Tomahawk Super Sprint Triathlon
London, TN
September 20, 2020 STAY TUNED FOR A COOL NEW RACE

Kids Series
April 4, 2020 Smokey Mountain Triathlon
Pigeon Forge, TN
May 3, 2020 Spirit of Kona Triathlon
Knoxville, TN
June 20, 2020 Atomic Kids Summer Triathlon
Knoxville, TN
August 1, 2020 Let's Buds Triathlon
London, TN
August 15, 2020 Guff Park Kids Triathlon
Knoxville, TN
September 26, 2020 Atomic Kids Fall Triathlon
Oak Ridge, TN

2020 Calendar Released!

Visit our website to check out our 2020 events. We are hard at work getting them ready for our big Pool Sprint package reveal and release! Also, a few new events coming in 2020 including Kona, KTOR, and a new one soon to be released! Hint....its all about the wood...

If you are in to the
SWAG, have we got it
for you at our newest
open water
addition...The Spirit of
Kona! Check out the
BOCO gear ventilator
mesh that you get for
free for registering! For
all you folks who don't

know, this is in place of a shirt. Register quick before the prices start going up!

[GO HERE TO REGISTER](#)



See what we are up to for the rest of 2019....



[Click here to visit their page](#)

THINK PINK 5K

OCTOBER 26TH

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