

Race Date
July 20, 2019

Sweetwater 2019
Age Group Results
Age Group Tri

Female Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Ashley Powell	1	2:28.0	0:01	0:25.9	1	38:04.6	3:10	0:31.3	1	22:31.2	7:16	1:04:01.1
2	17	Marsha Morton	2	3:19.8	0:01	0:40.1	2	42:08.1	3:31	0:46.2	2	23:48.4	7:41	1:10:42.8
3	28	Casey Fitzpatrick	3	3:24.5	0:01	0:56.4	3	42:20.3	3:32	0:30.4	3	30:07.2	9:43	1:17:18.9

Male Overall Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Will Gates	2	2:21.5	0:01	0:22.9	1	32:42.1	2:44	0:13.8	1	17:14.2	5:34	52:54.6
2	2	Justin Cazana	1	2:11.5	0:01	0:19.2	2	33:56.6	2:50	0:26.8	3	21:43.9	7:01	58:38.2
3	3	Ronnie Manis	3	3:01.6	0:01	0:25.9	3	37:46.5	3:09	0:37.4	2	20:56.5	6:45	1:02:48.1

Female Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Shameka Pollard	1	3:39.6	0:01	0:56.4	1	45:01.4	3:45	0:47.5	1	30:20.4	9:47	1:20:45.4

Male Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	John Smith	1	2:05.5	0:01	0:20.7	1	36:47.9	3:04	0:34.6	1	23:01.7	7:26	1:02:50.5

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Female 15 to 19

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	33	Lexi Cross	2	3:58.1	0:02	1:38.0	1	44:45.8	3:44	1:00.4	2	29:24.1	9:29	1:20:46.6
2	53	Maia Delaney	1	3:03.8	0:01	1:22.5	2	1:38:19.7	8:12	1:21.2	1	23:39.3	7:38	2:07:46.7

Male 15 to 19

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	44	William Maxfield	1	3:28.5	0:01	2:22.3	1	1:09:11.6	5:46	0:32.0	1	25:42.5	8:18	1:41:17.1

Female 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	35	Meredith Brunhammer	2	3:23.1	0:01	1:19.7	1	47:52.0	3:59	0:57.5	3	32:24.5	10:27	1:25:57.0
2	38	Kelly Brock	1	3:22.5	0:01	1:30.6	2	50:48.9	4:14	0:42.1	2	31:39.0	10:13	1:28:03.2
3	50	Kayleigh Baker	3	3:56.2	0:02	3:32.4	3	1:10:57.7	5:55	1:06.8	1	30:21.2	9:48	1:49:54.5
4	51	Kara Day	4	4:14.5	0:02	3:37.5	4	1:13:22.6	6:07	1:04.3	4	35:14.3	11:22	1:57:33.4

Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	31	Jared Wilson	1	3:13.5	0:01	1:51.3	2	46:32.7	3:53	1:40.8	1	27:18.5	8:49	1:20:36.9
2	37	Jerry Reid	2	3:52.4	0:02	1:07.4	1	43:29.4	3:37	1:33.8	2	37:46.8	12:11	1:27:50.0

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Female 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	39	Karin Maucere	3	4:23.1	0:02	2:09.4	1	52:58.9	4:25	1:11.7	1	28:59.9	9:21	1:29:43.1
2	40	Sarah Walker	2	4:04.8	0:02	1:20.9	2	53:40.3	4:28	0:34.3	4	36:45.3	11:51	1:36:25.8
3	45	Rebecca Sharp	4	4:25.8	0:02	1:59.5	3	1:03:42.1	5:19	1:02.8	2	30:08.1	9:43	1:41:18.5
4	55	Sarah Kerr	1	4:03.9	0:02	1:35.0	4	1:36:44.2	8:04	0:47.3	3	35:56.3	11:36	2:19:06.7

Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	18	John Carruth	4	3:38.6	0:01	1:24.9	1	38:52.2	3:14	0:57.5	1	26:30.4	8:33	1:11:23.8
2	21	brandon brunhammer	1	2:54.1	0:01	0:46.2	2	38:56.3	3:15	1:09.3	3	29:05.8	9:23	1:12:51.8
3	22	Andrew Ditmer	2	3:06.2	0:01	1:24.8	3	42:21.7	3:32	0:53.8	2	26:49.2	8:39	1:14:35.9
4	41	Chase Kilgore	5	3:43.5	0:01	1:37.0	4	59:11.2	4:56	0:52.8	4	33:52.1	10:56	1:39:16.9
5	54	David Kerr	3	3:37.6	0:01	1:37.0	5	1:36:52.7	8:04	0:46.9	5	34:44.1	11:12	2:17:38.6

Female 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	42	Mary Mizer	1	3:57.5	0:02	1:39.6	1	54:52.4	4:34	1:07.1	1	37:51.2	12:13	1:39:28.0

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Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Andrew De Nazareth	1	2:38.1	0:01	0:33.3	1	37:55.0	3:10	0:30.8	1	21:52.1	7:03	1:03:29.5
2	19	Lance Hamilton	3	4:12.3	0:02	1:09.3	2	39:17.5	3:16	0:57.1	3	26:04.5	8:25	1:11:40.8
3	26	Kevin Alexander	2	3:01.6	0:01	0:24.9	3	46:21.6	3:52	0:28.0	2	25:46.2	8:19	1:16:02.6

Female 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	43	Michelle Ray	1	4:18.1	0:02	2:00.5	1	52:46.4	4:24	2:02.4	1	39:55.3	12:53	1:41:02.9

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Danny Sturdevan	2	3:05.9	0:01	0:19.8	1	40:37.4	3:23	0:19.1	2	23:08.2	7:28	1:07:30.5
2	49	Nicholas Morgan	1	2:07.6	0:01	0:29.7	2	1:25:06.2	7:06	0:44.0	1	21:24.0	6:54	1:49:51.7

Female 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	34	Autumn McElhaney	1	4:28.3	0:02	2:00.3	1	49:11.0	4:06	1:36.3	1	27:16.7	8:48	1:24:32.7

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Sweetwater 2019
Age Group Results

Age Group Tri

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Paul Horton	4	3:11.8	0:01	0:44.7	4	38:47.1	3:14	0:55.6	2	21:28.6	6:56	1:05:08.0
2	8	Todd Caldwell	3	3:07.8	0:01	0:49.2	6	40:24.1	3:22	0:43.8	1	20:19.1	6:33	1:05:24.2
3	9	Jeffrey Cross	6	3:16.2	0:01	1:37.4	2	35:53.6	2:59	0:54.3	4	24:10.1	7:48	1:05:51.8
4	10	Michael Barto	5	3:15.3	0:01	0:46.9	3	38:00.4	3:10	0:41.2	3	23:15.6	7:30	1:05:59.5
5	11	Lloyd Jones	1	2:59.3	0:01	0:41.7	1	35:35.7	2:58	0:36.4	6	26:22.2	8:30	1:06:15.5
6	15	Christopher Wells	7	3:27.3	0:01	1:06.6	5	38:55.3	3:15	1:01.1	5	24:16.5	7:50	1:08:47.1
7	23	Allen McNair	8	3:40.2	0:01	0:34.4					11	1:10:33.6	4:40	1:14:48.2
8	27	scott oberlin	2	2:59.7	0:01	1:18.6	7	41:43.5	3:29	0:55.9	10	29:13.2	9:26	1:16:11.0
9	29	Paul Walker	10	3:56.5	0:02	0:26.4	9	46:29.2	3:52	0:44.9	7	27:08.4	8:45	1:18:45.6
10	30	Michael Scott Davis	9	3:44.6	0:01	1:44.4	8	43:06.8	3:36	1:28.8	8	28:44.1	9:16	1:18:49.0
11	36	John Hassett	11	4:31.3	0:02	2:55.8	10	49:06.2	4:06	1:14.3	9	28:54.1	9:19	1:26:42.0

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Robert Lewis	1	2:59.5	0:01	1:22.5	2	42:53.6	3:34	1:06.3	1	22:04.6	7:07	1:10:26.8
2	25	Ben Johnson	3	3:39.5	0:01	0:56.4	1	41:54.8	3:30	0:57.5	2	28:20.9	9:09	1:15:49.4
3	46	Blake Scott	2	3:08.4	0:01	0:45.1	3	1:06:37.4	5:33	0:34.7	3	30:37.8	9:53	1:41:43.5
4	56	Francis Colvais	4	3:52.3	0:02	2:23.3	4	1:47:48.7	8:59	0:49.2	4	41:35.8	13:25	2:36:29.5

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Sweetwater 2019
Age Group Results
Age Group Tri

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	13	ken hall	2	3:08.0	0:01	0:35.4	2	38:27.4	3:12	0:40.4	2	24:51.9	8:01	1:07:43.4
2	14	Steve Dittner	1	2:54.6	0:01	0:25.0	1	38:23.0	3:12	0:51.0	4	25:33.8	8:15	1:08:07.6
3	20	David Hinkle	4	3:45.0	0:02	0:41.9	3	44:29.2	3:42	0:57.6	1	22:13.5	7:10	1:12:07.5
4	24	David Toellner	3	3:17.9	0:01	0:50.3	4	45:24.9	3:47	0:27.5	3	25:30.6	8:14	1:15:31.3

Female 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	48	Sally Goade	1	5:00.8	0:02	2:22.7	1	56:56.2	4:45	1:44.0	1	41:37.0	13:25	1:47:40.9

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	47	Randle Cook	1	3:17.0	0:01	1:29.9	1	58:43.1	4:54	0:49.3	1	43:16.2	13:57	1:47:35.7

Male 70 to 74

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	52	William Kelch	1	6:47.3	0:03	2:23.6	1	1:00:36.0	5:03	1:45.1	1	51:40.0	16:40	2:03:12.2

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Sweetwater 2019
Age Group Results
Clydesdale Tri

Male 99 and under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>
1	1	Roman Hamilton	2	3:36.9	0:01	1:03.1	1	41:04.2	3:25	1:06.6	4	34:17.8	11:04	1:21:08.8
2	2	Don Goins	3	3:54.1	0:02	1:00.5	4	47:18.9	3:57	0:40.5	1	28:28.0	9:11	1:21:22.2
3	3	Brad Abernathy	4	3:56.0	0:02	1:24.3	2	44:07.0	3:41	1:25.7	2	30:31.2	9:51	1:21:24.4
4	4	Steve Tompkins	1	3:19.4	0:01	1:00.0	3	45:52.7	3:49	1:51.4	3	32:55.1	10:37	1:24:58.8
5	5	Brad Mizer	5	4:01.5	0:02	1:20.5	5	48:00.5	4:00	0:45.6	5	36:32.6	11:47	1:30:40.9
6	6	James Owens	6	4:54.8	0:02	2:16.8	6	58:02.8	4:50	2:32.4	6	36:40.2	11:50	1:44:27.1

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Sweetwater 2019
Age Group Results

Athena Tri

Female 0-99

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Michele Adams	2	4:57.2	0:02	2:41.9	1	1:00:34.4	5:03	1:07.1	1	44:03.0	14:13	1:53:23.7
2	2	Mia Slager	1	4:40.5	0:02	1:48.2	2	1:01:16.9	5:06	1:22.9	2	45:01.4	14:31	1:54:10.0