

Tomahawk Super Sprint results

August 1, 2020

Results by Personal Best Racing

Female Overall

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Lana Burl	44	12	1:38:46.3	1:31.7	1:42HY	0:38.9	15:57.7	18.8MPH	0:50.7	12:45.4	9:07/M	0:31.1
					2:49.3	3:08HY	0:45.6	16:11.9	18.5MPH	0:43.4	12:37.2	9:01/M	0:33.6
					2:31.0	2:48HY	0:41.3	16:21.0	18.3MPH	0:42.4	12:33.4	8:58/	
2	Sofie Bell	47	14	1:41:09.1	1:45.7	1:58HY	0:44.9	15:55.2	18.8MPH	0:52.4	12:36.9	9:01/M	0:36.6
					2:53.7	3:13HY	0:40.8	16:18.2	18.4MPH	0:42.9	13:10.3	9:25/M	0:41.7
					2:51.5	3:11HY	0:42.8	16:15.4	18.5MPH	0:51.6	13:27.7	9:37/	
3	Hannah Duncan	33	15	1:42:45.9	1:28.0	1:38HY	1:06.1	16:21.9	18.3MPH	0:41.8	12:33.8	8:58/M	0:37.8
					2:24.9	2:41HY	1:15.8	17:19.3	17.3MPH	0:51.4	13:00.1	9:17/M	0:42.6
					2:23.7	2:40HY	1:08.6	17:25.6	17.2MPH	1:05.1	12:18.7	8:48/	

Male Overall

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Nick Hetro	32	1	1:12:44.6	1:14.9	1:23HY	0:21.0	12:25.4	24.1MPH	0:32.4	8:47.1	6:17/M	0:17.4
					1:52.2	2:05HY	0:24.9	12:38.9	23.7MPH	0:34.9	8:56.7	6:23/M	0:16.3
					1:53.5	2:06HY	0:22.1	12:42.7	23.6MPH	0:33.8	8:49.6	6:18/	
2	William Gates	31	2	1:16:45.4	1:12.3	1:20HY	0:27.0	12:53.4	23.3MPH	0:23.2	8:56.7	6:23/M	0:20.9
					1:52.6	2:05HY	0:29.0	13:59.7	21.4MPH	0:22.4	9:09.5	6:33/M	0:22.4
					1:48.2	2:00HY	0:24.5	14:18.2	21.0MPH	0:22.4	9:22.3	6:42/	
3	Alix Freeman	30	3	1:18:44.5	1:13.4	1:22HY	0:24.6	12:37.3	23.8MPH	0:33.9	9:18.5	6:39/M	0:22.5
					2:00.8	2:14HY	0:32.3	14:01.3	21.4MPH	0:36.7	9:50.9	7:02/M	0:25.9
					1:58.3	2:11HY	0:25.0	13:46.5	21.8MPH	0:33.1	10:02.8	7:11/	

Female Masters

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Elizabeth Corbett	54	18	1:51:47.5	1:45.5	1:57HY	1:17.1	18:02.6	16.6MPH	1:16.7	13:00.1	9:17/M	1:17.7
					2:56.4	3:16HY	1:14.0	18:35.0	16.1MPH	1:05.8	13:06.9	9:22/M	1:05.0
					2:49.3	3:08HY	1:07.1	18:46.2	16.0MPH	1:01.7	13:19.7	9:31/	

Male Masters

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Larry Brede	54	4	1:19:43.2	1:10.2	1:18HY	0:24.3	13:22.8	22.4MPH	0:27.8	9:55.3	7:05/M	0:33.6
					1:54.5	2:07HY	0:30.7	13:51.7	21.6MPH	0:31.0	9:58.8	7:08/M	0:27.8
					1:53.9	2:07HY	0:28.1	13:56.0	21.5MPH	0:29.8	9:46.1	6:59/	

Female 14 and Under

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Sawyer Grace	14	16	1:47:42.8	1:29.2	1:39HY	1:30.1	19:54.4	15.1MPH	0:48.5	11:35.1	8:17/M	1:24.1
	Simmons				2:21.4	2:37HY	2:00.6	20:08.3	14.9MPH	0:25.8	10:35.3	7:34/M	0:37.0
					2:22.1	2:38HY	1:49.4	19:42.4	15.2MPH	2:28.2	8:30.4	6:05/	

Female 15 to 19

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Kassie Welden	18	20	1:54:03.8	1:19.5	1:28HY	1:28.4	20:02.0	15.0MPH	0:40.9	11:19.5	8:05/M	1:40.1
					2:45.6	3:04HY	2:02.9	20:05.7	14.9MPH	0:43.6	11:28.7	8:12/M	1:11.6
					2:32.1	2:49HY	1:48.5	22:14.1	13.5MPH	0:38.2	12:01.9	8:36/	

Female 25 to 29

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Jessica Cross	28	17	1:50:38.0	1:34.9	1:45HY	1:04.1	18:12.4	16.5MPH	1:10.9	13:39.2	9:45/M	0:37.1
					2:49.9	3:09HY	1:01.0	18:49.8	15.9MPH	0:50.8	13:44.2	9:49/M	0:39.4
					2:30.9	2:48HY	0:52.3	19:15.7	15.6MPH	0:48.2	12:56.5	9:15/	

Female 30 to 34

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Sarah Kerr	32	28	2:11:19.7	1:43.3	1:55HY	1:28.0	21:58.3	13.7MPH	0:42.9	15:07.8	10:48/M	0:37.7
					2:49.6	3:09HY	1:11.6	23:13.9	12.9MPH	0:35.6	15:31.8	11:06/M	0:30.6
					2:50.4	3:09HY	1:23.5	23:52.1	12.6MPH	0:38.1	17:03.8	12:11/	

Male 30 to 34

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1		30	6	1:26:28.6	1:08.5	1:16HY	0:34.7	14:07.8	21.2MPH	0:46.0	10:35.0	7:34/M	0:25.5
	Zachary Slabaugh				1:56.0	2:09HY	0:51.7	14:54.7	20.1MPH	0:54.5	10:58.3	7:50/M	0:29.3
					1:57.2	2:10HY	0:44.8	14:40.4	20.4MPH	0:51.6	10:31.8	7:31/	
2	Chris Stanley	30	9	1:32:39.7	1:47.3	1:59HY	1:14.0	14:52.1	20.2MPH	0:59.9	10:29.0	7:29/M	0:47.3
					2:27.9	2:44HY	1:17.7	15:43.2	19.1MPH	1:31.5	10:20.7	7:23/M	0:49.3
					2:40.9	2:59HY	1:13.5	15:49.3	19.0MPH	1:08.0	9:27.5	6:45/	

Male 35 to 39

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Derek Tingle	37	5	1:20:34.3	1:06.7	1:14HY	0:20.5	13:18.5	22.5MPH	0:26.7	10:17.2	7:21/M	0:22.4
					1:54.0	2:07HY	0:25.2	13:46.8	21.8MPH	0:22.1	10:09.4	7:15/M	0:30.8
					1:52.5	2:05HY	0:26.3	13:58.5	21.5MPH	0:31.2	10:44.7	7:41/	
2	Manuel Doud	39	24	2:04:54.2	1:40.7	1:52HY	0:59.9	18:16.7	16.4MPH	1:09.8	16:12.4	11:35/M	0:52.7
					3:25.1	3:48HY	1:25.7	19:25.7	15.4MPH	1:09.5	16:11.8	11:34/M	1:01.1
					3:13.9	3:36HY	1:36.6	19:57.3	15.0MPH	1:02.5	17:12.1	12:17/	

Male 40 to 44

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Horacio Blanco	44	8	1:32:09.5	1:16.0	1:24HY	0:46.4	14:32.7	20.6MPH	0:47.5	11:01.7	7:53/M	0:27.8
					2:25.1	2:41HY	0:44.6	15:29.7	19.4MPH	0:50.1	11:51.3	8:28/M	0:28.7
					2:28.5	2:45HY	0:52.5	15:57.9	18.8MPH	0:39.0	11:29.4	8:12/	
2	David King	41	25	2:09:38.4	1:53.8	2:06HY	0:50.4	18:47.7	16.0MPH	1:03.0	17:57.0	12:49/M	0:55.0
					3:24.0	3:47HY	1:26.9	19:29.4	15.4MPH	0:55.3	18:11.3	13:00/M	0:54.0
					3:22.0	3:45HY	0:54.0	20:18.6	14.8MPH	0:40.4	18:34.9	13:16/	
3	marl murphy	43	26	2:10:37.0	1:55.7	2:09HY	2:03.1	19:13.3	15.6MPH	0:45.6	16:08.6	11:32/M	1:34.2
					3:05.4	3:26HY	1:54.9	19:57.5	15.0MPH	0:48.0	15:57.3	11:24/M	1:23.6
					3:12.2	3:34HY	1:48.0	2:00.2	15.0MPH	19:49.3	20:59.6	15:00/	

Male 45 to 49

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Michael Barto	48	10	1:37:38.0	1:40.3	1:51HY	0:52.5	15:35.1	19.2MPH	0:58.2	11:55.7	8:31/M	0:40.2
					2:51.9	3:11HY	1:10.7	16:22.4	18.3MPH	0:55.3	12:21.0	8:49/M	0:29.1
					2:35.8	2:53HY	0:57.6	15:55.7	18.8MPH	0:49.3	11:26.5	8:10/	
2	Michael Kennett	47	11	1:38:09.0				19:04.9	15.7MPH		11:38.2	8:19/M	0:42.4
					20:56.6	23:16HY				12:23.7	8:51/M	0:46.5	
					1:50.1	2:02HY	0:59.6	0:00.0	****MPH	18:30.0	11:16.6	8:03/	
3	Peter Griffin	47	19	1:52:17.7	1:42.6	1:54HY	1:14.8	17:33.2	17.1MPH	1:22.8	11:48.0	8:26/M	1:51.9
					3:03.5	3:24HY	1:58.1	19:19.9	15.5MPH	1:42.6	11:59.6	8:34/M	1:11.9
					3:22.9	3:46HY	1:32.0	18:53.5	15.9MPH	1:50.6	11:48.9	8:26/	

Male 50 to 54

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Ed James	52	27	2:10:56.5	1:46.4	1:58HY	1:49.3	19:57.6	15.0MPH	0:45.2	16:31.0	11:48/M	1:22.5
					3:35.8	4:00HY	1:40.9	20:42.1	14.5MPH	0:47.3	17:33.6	12:33/M	1:30.7
					3:18.0	3:40HY	1:41.8	20:43.7	14.5MPH	0:37.7	16:32.1	11:49/	

Female 55 to 59

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Sue Damstetter	57	23	1:59:51.3	2:01.9	2:16HY	1:14.5	18:48.9	15.9MPH	1:35.6	13:28.5	9:38/M	0:58.6
					3:37.0	4:01HY	1:21.3	20:02.4	15.0MPH	1:35.9	13:37.6	9:44/M	1:01.9
					3:25.8	3:49HY	1:09.4	20:19.6	14.8MPH	1:27.5	14:04.0	10:03/	
2	Lori Thomas	59	29	2:30:44.3	2:09.1	2:23HY	1:46.8	20:08.0	14.9MPH	0:37.2	19:06.5	13:39/M	1:00.2
					3:43.4	4:08HY	1:38.7	23:22.9	12.8MPH	0:43.6	21:48.4	15:35/M	0:58.5
					3:54.7	4:21HY	2:03.2	23:22.9	12.8MPH	0:48.6	23:30.8	16:48/	

Male 55 to 59

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Ronnie Manis	55	7	1:30:46.0	1:29.6	1:40HY	0:39.3	15:27.9	19.4MPH	0:38.0	9:56.8	7:06/M	0:33.0
					01:30.9	1:41HY	3:23.9	14:08.9	21.2MPH	0:41.4	10:28.1	7:29/M	0:26.5
					2:30.8	2:48HY	0:43.1	16:06.8	18.6MPH	0:47.3	11:12.8	8:01/	
2	Steven Dittner	57	13	1:41:03.1	1:31.4	1:42HY	0:24.3	15:27.8	19.4MPH	0:33.2	12:23.7	8:51/M	0:38.1
					2:32.5	2:50HY	0:38.5	17:08.3	17.5MPH	0:39.7	12:55.6	9:14/M	0:41.2
					2:48.7	3:07HY	0:38.7	17:45.1	16.9MPH	0:40.5	13:35.1	9:42/	
3	Mike LaRue	57	22	1:59:48.2	1:50.8	2:03HY	2:53.9	17:59.7	16.7MPH	1:06.1	12:06.8	8:39/M	1:10.3
					3:08.0	3:29HY	3:32.7	19:35.0	15.3MPH	1:34.5	12:42.0	9:04/M	1:17.6
					3:16.7	3:39HY	3:09.3	20:12.4	14.8MPH	1:30.4	12:41.3	9:04/	

Female 60 to 64

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Sally Goade	62	30	2:56:19.4	2:19.9	2:36HY	2:55.9	23:56.4	12.5MPH	2:13.1	22:23.3	16:00/M	1:45.4
					5:08.5	5:43HY	3:20.3	25:31.2	11.8MPH	2:05.6	23:01.3	16:27/M	1:21.3
					5:00.6	5:34HY	3:19.5	26:02.9	11.5MPH	2:15.1	23:38.2	16:53/	

Male 70 and Over

Place	Name	Age	Overall	Total Time	Swim time	Swim pace	T1 Time	Bike Time	Bike Pace	T2 Time	Run Time	Run Pace	T3 Time
1	Larry NELSON	76	21	1:59:32.4	2:00.5	2:14HY	1:38.3	17:13.7	17.4MPH	1:15.7	15:43.5	11:14/M	0:40.1
					3:25.2	3:48HY	1:16.0	17:41.1	17.0MPH	1:08.5	16:15.4	11:37/M	0:27.6
					3:33.9	3:58HY	1:09.6	18:23.2	16.3MPH	1:08.4	16:30.8	11:48/	