

# BE PREPARED TO SAVE A LIFE!

# KNOW WHAT TO DO IN THE EVENT OF AN OPIOID OVERDOSE/POISONING

## WHAT IS AN OPIOID OVERDOSE/POISONING?

An opioid overdose or poisoning is a medical emergency and can cause an individual to become unconscious and stop breathing.

## KNOW THE SIGNS!

If an individual is experiencing an overdose or poisoning, they will exhibit the following signs:

- not feeling well
- confused, disoriented, or unresponsive
- slowed or shallow breathing
- snoring or gurgling sounds
- little to no pulse
- blue/gray fingertips or lips

## TAKE ACTION!

- ✓ Call 9-1-1 immediately - DO NOT WAIT!
- ✓ Administer Narcan by gently inserting the nozzle into the nostril and pressing the plunger firmly
- ✓ After 2 minutes, if still unresponsive, give the individual a repeat dose of the Narcan
- ✓ Roll the individual on their side, place their knee in front of them, and rest their head on their hands
- ✓ If the individual is not breathing, practice rescue breathing or CPR
- ✓ Stay until help arrives

## CARRY NARCAN

Narcan is widely available in Wisconsin. It can be purchased without a prescription at hundreds of pharmacies.

It's safe to administer Narcan even if an individual is not experiencing an overdose or poisoning - it won't hurt them!

Narcan is not a substitute for emergency care; it is critical to seek professional medical help even after Narcan is administered. Repeated doses are often necessary to keep individual breathing.



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