



Sensory Library Booklist

Autism - General

Autism and Asperger Syndrome in Childhood For parents and carers of the newly diagnosed

Autistic Logistics A Parent's Guide to Tackling Bedtime Toilet Training Tantrums Hitting and Other Everyday Challenges

Is This Autism?

Neurotribes

Nurturing Your Autistic Young Person

Re-Thinking Autism

The Autism Discussion Page on Anxiety Behavior School and Parenting Strategies A Toolbox for Helping Children with Autism Feel Safe Ac

The Autism Discussion Page on the Core Challenges of Autism A Toolbox for Helping Children with Autism Feel Safe Accepted and Compet

The Passionate Mind How People with Autism Learn

The Special Parent's Handbook

Thinking Person's Guide to Autism

What I Mean When I Say I'm Autistic Unpuzzling a Life on the Autism Spectrum

What Works for Autistic Adults

What Works for Autistic Children

Autistic Voices

Anatomy of Autism

Autistic Masking Understanding Identity Management and the Role of Stigma

Born on a Blue Day A Memoir of Asperger's and an Extraordinary Mind

Different Not Less

Dude I'm An Aspie! Adult Edition

Leaders Around Me Autobiographies of Autistics who Type Point and Spell to Communicate

Learning From Autistic Teachers

Loud Hands

The Girl with the Curly Hair Asperger's and Me
The Reason I Jump One Boy's Voice from the Silence of Autism
UNbroken
Untypical
What I Want To Talk About
Wired Differently 30 Neurodivergent People You Should Know

Behaviour

Autism Managing Anger
Autism Understanding Behaviour
Behavioural Concerns and Autistic Spectrum Disorders Explorations and Strategies for Change
Beyond Behaviours Using Brain Science and Compassion to Understand and Solve Children's Behavioural Challenges
Emotional Regulation Theory and Practice
Let's Talk Behaviour! 50 Inclusive Ideas to Support Effective Communication and Emotional Understanding
Lost at School Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them
Managing Family Meltdown The Low Arousal Approach and Autism
Ten Rules for Ensuring People with Learning Disabilities and Those Who Are on the Autism Spectrum Develop 'Challenging Behaviour' And
The Explosive Child A New Approach for Understanding and Parenting Easily Frustrated Chronically Inflexible Children
The Reflective Journey A Practitioners Guide to the Low Arousal Approach
Unconditional Parenting

By Parents

I Will Die on This Hill Autistic Adults Autism Parents and the Children Who Deserve a Better World
My Son's Not Rainman One Man One Autistic Boy A Million Adventures
Uniquely Human A Different Way of Seeing Autism
Your Child Is Not Broken

Communication

Body Language and Communication A Guide for People with Autism Spectrum Disorders
Comic Strip Conversations Illustrated Interactions that Teach Conversation Skills to Students with Autism and Related Disorders
It Takes Two to Talk
It's Not All about Talking Let's Communicate
Talking with Teddies
The New Social Story Book
Total Communication
Visual Supports for People with Autism A Guide for Parents and Professionals
Employment
Asperger Syndrome and Employment What People with Asperger Syndrome Really Really Want
Asperger's on the Job Must have Advice for People with Asperger's Or High Functioning Autism and Their Employers Educators and Advocates
Autism Equality in the Workplace Removing Barriers and Challenging Discrimination
Workplace NeuroDiversity Rising
Fiction
Can You See Me?
Planet Earth Is Blue
The Curious Incident of the Dog in the Night-time
For Children
A Day With No Words
Adam's Alternative Sports Day An Asperger Story
Arnie and His School Tools Simple Sensory Solutions That Build Success
Charlotte and the Quiet Place
Different Like Me My Book of Autism Heroes
Dinah the Aspie Dinosaur The Adventures and Misadventures of a Young Dinosaur with Asperger's Syndrome
Dude I'm An Aspie! Kids' Edition

Help! I've Got an Alarm Bell Going Off in My Head! How Panic Anxiety and Stress Affect Your Body

How to Take the Grrrr Out of Anger

I Feel... Something

I Know What to Do When I'm Feeling

It's Raining Cats and Dogs An Autism Spectrum Guide to the Confusing World of Idioms Metaphors and Everyday Expressions

Just Right for You A Story about Autism

Me and My PDA A Guide to Pathological Demand Avoidance for Young People

My Autism Book A Child's Guide to Their Autism Spectrum Diagnosis

My Brother Otto and the Birthday Party

Neurodiversity! What's That?

Our Brains are Like Computers! Exploring Social Skills and Social Cause and Effect with Children on the Autism Spectrum

The Autistic Boy in the Unruly Body

The Conversation Train A Visual Approach to Conversation for Children on the Autism Spectrum

The Red Beast Controlling Anger in Children with Asperger's Syndrome

The Secret Life of Rose Inside an Autistic Head

What Does Dead Mean? A Book for Young Children to Help Explain Death and Dying

When My Worries Get Too Big

Why Johnny Doesn't Flap NT is OK!

Wiggles Stomps and Squeezes Calm My Jitters Down

For Siblings

Everybody is Different A Book for Young People who Have Brothers Or Sisters with Autism

My Family is Different

My Sister is Different

Understanding Sam and Asperger Syndrome

For Teens

Freaks Geeks and Asperger Syndrome A User Guide to Adolescence

Personal Hygiene? What's that Got to Do with Me?

Queerly Autistic The Ultimate Guide for LGBTQIA+ Teens on the Spectrum
Sex Drugs and Asperger's Syndrome (ASD) A User Guide to Adulthood
Standing Up for Myself
The 3rd Comic Book For Teenagers with Asperger's Syndrome
The Asperger Teen's Toolkit
The Asperkid's Secret Book of Social Rules The Handbook of Not so obvious Social Guidelines for Tweens and Teens with Asperger Syndrome
The Autism Friendly Guide to Periods
What's Happening to Me? Boys
What's Happening to Me? Girls

Mental Health

A Guide to Mental Health Issues in Girls and Young Women on the Autism Spectrum Diagnosis Intervention and Family Support
A Self determined Future with Asperger Syndrome Solution Focused Approaches
Asperger's Syndrome and Anxiety
Asperger's Syndrome Meltdowns and Shutdowns By the Girl with the Curly Hair
Avoiding Anxiety in Autistic Adults
Avoiding Anxiety in Autistic Children A Guide for Autistic Wellbeing
Can't Not Won't: A Story About A Child Who Couldn't Go To School
From Anxiety to Meltdown
Help Your Child Deal with Stress And Thrive The Transformative Power of Self Reg
How to Keep House While Drowning
Mindful Living with Asperger's Syndrome Everyday Mindfulness Practices to Help You Tune in to the Present Moment
Shouting at Leaves
The Guide to Good Mental Health on the Autism Spectrum
The Incredible 5 Point Scale

PDA

I'm Not Upside Down, I'm Downside Up
Pathological Demand Avoidance Syndrome My Daughter Is Not Naughty

PDA by PDAers From Anxiety to Avoidance and Masking to Meltdowns

The PDA Paradox The Highs and Lows of My Life on a Little Known Part of the Autism Spectrum

Sensory

Building Bridges Through Sensory Integration 3rd Edition Therapy for Children with Autism and Other Pervasive Developmental Disorders

Can I Tell You about Sensory Difficulties? A Guide for Friends Family and Professionals

Creating Sensory Play at Little Or No Cost Using Everyday Resources

Interoception: How I Feel Sensing My World from the Inside Out

Raising a Sensory Smart Child The Definitive Handbook for Helping Your Child with Sensory Issues Revised and Updated Edition

Raising Kids with Big, Baffling Behaviors: Brain-Body-Sensory Strategies That Really Work

Sensory Circuits A Sensory Motor Skills Programme for Children

Sensory Processing 101

Sensory Strategies

The Out of Sync Child Recognizing and Coping with Sensory Disorder

Sexuality, Relationships, Gender

Sexuality and Relationship Education for Children and Adolescents with Autism Spectrum Disorders

The 4th Comic Book For AS/NT Couples

The Autism Spectrum Guide to Sexuality and Relationships Understand Yourself and Make Choices That Are Right for You

The Other Half of Asperger Syndrome (Autism Spectrum Disorder)

Women & Girls

Aspergirls Empowering Females with Asperger Syndrome

Girls and Autism Educational Family and Personal Perspectives

Growing Up Guide for Girls

I Am AspienGirl The Unique Characteristics Traits and Gifts of Females on the Autism Spectrum

Safety Skills for Asperger Women How to Save a Perfectly Good Female Life

The Aspie Girl's Guide to Being Safe with Men The Unwritten Safety Rules No one is Telling You

The Spectrum Girl's Survival Guide How to Grow Up Awesome and Autistic

What Every Autistic Girl Wishes Her Parents Knew

Women and Girls with Autism Spectrum Disorder Understanding Life Experiences from Early Childhood to Old Age

Work Books

Autism Identity & Me (teaching guide & work book)

Planning to Learn Creating and Using a Personal Planner with Young People on the Autism Spectrum

The Asperger Children's Toolkit

Other

Advocacy for Adults with Autism Spectrum Disorders A Guide

Autism: A Guide for Criminal Justice Professionals

Food Refusal and Avoidant Eating in Children

Passing for Normal Tourette's OCD and Growing Up Crazy

The Autism and Neurodiversity Self Advocacy Handbook Developing the Skills to Determine Your Own Future

What to Do about Smearing A Practical Guide for Parents and Caregivers of People with Autism Developmental and Intellectual Disabilities

Accepted and Competent

Maybe What to Do about It

