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SIS-Q-TRAILS

www.bchc-tos.com

Backcountry Horsemen of California

TOP OF THE STATE UNIT PRESIDENT'S MESSAGE



I don't know about you, but I'm glad to see the summer weather end. Summer 2024 was a hot, dry one, and July found many of our members displaced by the Shelly Fire near Greenview and Etna. All of these members were on my mind daily during that fire and I hope everyone is now finding life returning to normal.

With the heat and fires, our Unit activities took a bit of a hiatus. Work we had scheduled with the Klamath National Forest at Big Flat campground was cancelled. We'll be in close touch with our Forest Service partners this winter regarding possible work for 2025. As in past years, we're very proud of the work we were able to accomplish this spring and summer.

Getting more of our members certified at least on chainsaws is still top of mind for me and I've been talking to Dan Chartier with the Shasta-Trinity Unit regarding having our aspiring sawyers attend a two-day certification event in Cottonwood this Fall and/or next Spring. I have a tentative list of members who want to get certified, but if you have not spoken to me before regarding chainsaw certification, please text or email me (contact info on page 2) and I'll put you on the list.

Have you ever thought about joining our Unit Board of Directors? The commitment is for two years for full Board Members and one year for Alternates. Directors are expected to take lead on select projects/initiatives and bring great new ideas to the table. Our BOD elections will be at the November Membership meeting, and we are taking nominations now. You can self nominate.

Big shout out to Debbie Bacigalupi for organizing and leading the decoration of our 2024 Siskiyou Golden Fair feature booth. It looked great!

We have two horse/mule related events coming up in October and November. See pages 6 and 7 of this newsletter for information about our Obstacle Course Challenge and an Equine Osteopathy demo. More info on our Christmas dinner is coming soon.

Happy trails,
Michele Machado Woods,
President



Our Siskiyou Golden Fair feature booths never disappoint. This year's booth was perfect for the "County Fair with a Golden Flare" theme. Photo courtesy of Debbie Bacigalupi



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Looking for a membership form?
Go to the Forms section on our Unit website: <https://tos-bchc.com/forms>



SIS-Q-TRAILS

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Top of the State Unit

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DISCLAIMER: Articles and advertisements that appear in SIS-Q-TRAILS do not necessarily reflect the position or opinion of the BCHC, TOS Unit or its officers and members. Nor does publication of said articles and advertisements constitute an endorsement of views or of the goods or services offered therein that they may express. Accuracy of all material is the sole responsibility of the authors. BCHC TOS is not responsible for unsolicited material of any kind.

SUBMISSIONS AND DEADLINES: The Top of the State Unit welcomes new member contributions, club news, events, calendar dates, and items of interest that you wish to have submitted in the next issue of the newsletter. These need to be submitted by the 15th of the month and will be printed as space is available. This newsletter is edited and published four times per year.

Deadline Date:	Publication Date:
March 15 June 15	January 1 April 1
September 15 December 15	July 1 October 1

Send all information (text, photos and/or images) to newsletter editor/publisher mailing or email addresses listed above.

PHILOSOPHY AND PURPOSE

This newsletter is a document of communication that disseminates information of the Top of the State Unit of the BCHC covering schedules, information, philosophy and historical materials pertinent to the participants of the back country of Northern California.

1. Perpetuate the common sense use and enjoyment of horses in America's back country and wilderness.
2. Assist the various government and private agencies in their maintenance and management of said resources.
3. Educate, encourage and solicit active participation in wise and sustaining use of the back country by horsemen and the general public.
4. Work to ensure that the public lands remain open to recreational stock use.
5. Foster and encourage the formation of new state backcountry horsemen organizations.

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The Top of the State Unit is online and on Facebook! Important forms, including a membership application, are available for download and printing on the website. Go to tos-bchc.com and click on Forms to see the full list of documents. The Top of the State Unit Facebook page can be found at: <https://en-gb.facebook.com/pg/bchctopofthestate/posts/>



2025 BCHC Catered Pack Trip

Tickets are \$10 each or 10 Tickets for \$90

Tickets may be purchased through our Top of the State Unit leadership.

Catered Pack Trip for 2 for 4 Days and 3 Nights

Choice of a Trinity Alps Wilderness or a South Warner Wilderness experience

Everything Provided except personal gear.

Estimated value \$10,000

2 more people can be added for \$200/per day per person

Drawing to be held April 12 at the 2025 Rendezvous

Must be used between June 1 and August 31, 2025

You do not need to be present to win.

For more information contact Larry Shuman

530-526-0590 or Email Lshuman62@gmail.com

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- You will find the same airlines, hotels, rental cars and cruises as on other travel websites!
- You'll get great travel prices!
- Each time you book travel a portion of the travel commissions will go to support BCHC!

It's that simple!

Emergency evacuation help list for wildfires or other disasters

Below are Unit members and area residents who can take in anyone evacuating with animals (big and small) from wildfires or other natural disaster. Many have means to help evacuate livestock. We welcome others to join this list.

Scott Valley area:

- Jennifer Bull and Joe Croteau (530) 643-9397
- Gail and John Lyons (530) 467-3137
- Lloyd and Kim Potts (530) 598-3630
- Robert Robustellini (530) 340-5166
- Laurie Robustellini (530) 598-0944
- Barbara Schuyler (916) 947-8258
- Betsy Stapleton (707) 499-7082
- Michael Stapleton (530) 598-6164
- Penny Wells-Thomas (530) 643-1030
- Kelly York (530) 979-6577

Shasta Valley area:

- Debbie Bacigalupi (650) 417-1674
- Jamie Essex (530) 598-8322
- Scott Essex, DVM (541) 892-8905
- Michele Machado Woods (817) 308-0258
- Meredith Miller (530) 598-1169
- Janice Rushton (530) 598-8650
- Dorinda Thompson (530) 598-0870 (cell); (530) 435-0221 (landline)
- Alan Woods (530) 408-8809

Mt. Shasta area:

- Ruth Altes (530) 925-2608
- Susan "Sooz" Waller (530) 859-3294



"Ode to Our
Favorite
Trails"

**BACKCOUNTRY HORSEMEN
OF CALIFORNIA**

**Save the
Date!**

Rendezvous 2025

- FREE ADMISSION
- FREE EDUCATION CLINICS
- TRAILMEISTER
- YOUTH ACTIVITIES
- PACKING COMPETITIONS
- MARINE CORPS MOUNTAIN WARFARE MULE PACKER DEMO
- VENDORS
- TRAIL OBSTACLE COURSE CHALLENGE
- DINNER EVENTS WITH RAFFLES & AUCTION
- COWBOY POETRY
- WILD HORSE ADOPTION
- DUTCH OVEN COOKING
- SO MUCH MORE!!

11-13 APRIL 2025

ROLLING HILLS CASINO EQUESTRIAN CENTER, CORNING, CA

RV spots and horse/mule stalls available at facility

Reach out for more information:

Rendezvous Chairman: Larry Shuman, (530) 526-0590, lshuman62@gmail.com

Vendor Coordinator: Cindy McMurry, (530) 640-0429, mcmurrywccindy@gmail.com



BCHC Top of the State Unit Activities for 2024

Please watch the Unit website, Facebook page and Unit emails for continued updates.

October 3	BOD Meeting, Yreka	November 7	Membership Meeting, Fort Jones
October 5	BCHC State BOD meeting, Corning	December 5	BOD Meeting, location TBD
October 26	Halloween Obstacle event, Big Springs	December 7	Christmas dinner, Fort Jones
November 3	Equine Osteopathy Demo, Big Springs	December TBD	Fort Jones Christmas parade

Visit the Top of the State Unit website ([tos-bchc.com](https://www.bchc.com)) or Facebook site (<https://www.facebook.com/bchctopofthestate>) for events and much more.

Outstanding turnout for Deer Mtn. group ride

Article by Michele Machado Woods

If there are two things our Unit is good at, it's gathering for a good visit and riding in beautiful locations. Our Deer Mountain group ride didn't disappoint for both this year.

14 riders gathered on September 21 for the 4-mile loop ride that included trails and seldom-used Forest Service roads. The ride featured a fun card game where riders collected a total of six cards at two stations. Thank you to Alan Woods, Robert Robustellini and John Machado for volunteering to hand out cards. When we completed the ride, we gathered for a potluck lunch at the snowmobile warming cabin. However, we didn't need the stove in the cabin on this autumn Saturday because it was a beautiful sunny, 70-degree day.

We gained three new members during the ride, including Gleb from McCloud, who also was the lucky winner of a \$25 gift card to Scott Valley Feed when he had the high-point hand in the card game.

While the riding season will come to a close soon, we'll try to plan more of these rides next spring, summer and fall. This ride was filled with smiles, laughter and great visiting. A few of our newer members expressed great thanks for the opportunity to ride in a new place and meet long-time members and fellow equine enthusiasts.

**It was a beautiful sunny day to ride at Deer Mountain on September 21.
Photos courtesy of Alan Woods and Michele Machado Woods**





BCHC Top of the State Unit

HALLOWEEN SPOOKTACULAR OBSTACLE COURSE CHALLENGE

October 26

IN-HAND/YOUTH



NOVICE



ADVANCED

GAMBLERS CHOICE

\$25 for 2 riding classes*

Start at 10:30 a.m.

Bring your own lunch

7330 Sterchi Ln
Big Springs (96064)

RSVP: Michele @ 817-308-0258

*In-hand participants cannot enter riding classes

Wholistic Equine Bodywork Demo



**Do you want to know how
Osteopathy can help you and
your horse thrive?
Then THIS is for you!**



OSTEOPATHY | LASER-ACUPUNCTURE | MYOFASCIAL RELEASE | CRANIOSACRAL THERAPY

What is Equine Osteopathy?

Osteopathy is a **manual hands-on type of bodywork**. As an Osteopath, my **goal is to find the root cause** of the symptoms the horses' body is showing up with and address it **to achieve & maintain a healthier homeostatic balance** for the body.

The **root cause is addressed** by restoring mobility in all of the body's systems:

- **Parietal / Musculoskeletal System** (muscles, bones, tendons, etc.)
- **Craniosacral System** (mechanical & fluidal connection between head and sacrum)
- **Visceral System** (all internal organs, their neurological and fascial connections)
- **Fascial System** (overarching umbrella: connective tissue in which everything is held)

Restoring mobility in all systems will lead to a happier & healthier horse!

Osteopathy helps with...

...restoring mobility & range of motion in all body systems.

...unexplainable & recurring lamenesses.

...optimizing performance & decreasing any issues.

...rehab after injury.

...increased bodily awareness (i.e. better proprioception).

...preventing injuries (pre-hab instead of rehab!) by

maintaining optimal function of the whole body.

...reducing pain, discomfort & stress.

...digestive and behavioral issues.

...and so much more!



The Details:

Our Host is the Top of the State Unit of the Backcountry Horsemen of California - Thank you!

When?: Sunday, **November 3rd, 2024 - Start @ 2pm**
(Duration: approx. 3h)

Where?: 7330 Sterchi Lane, Montague, CA 96064

What to expect:

- We'll start with some theory and you'll learn more about what equine osteopathy really is to have a better understanding of what you'll see in the live demo.
- Then I will show you what a session can look like!
- There will be plenty of opportunities to ask questions, so bring lots of curiosity and any questions you might have!

What you'll need: Please bring a (camping-) chair, a notepad+pen (for any of your own notes you'd like to take).

Gain lots of interesting, new knowledge and a broader understanding of your horse's body (& probably your own as well!)

Investment?: FREE! / Donation based! 😊

A little bit about me...

- Fenja Königsmann EDO®
- originally from Germany, now located in Siskiyou CTY, CA
- Equine Osteopath EDO®
- registered with the IREO
- member of the WAEO
- certified acupuncture practitioner (TCM - Germany)



To sign up, please shoot me a quick text or email! And for more info or questions, contact me & visit my website:

☎ +1-781-541-0057 (text preferred)

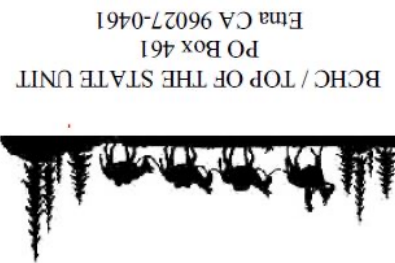
✉ flowingwaterswholistics@gmail.com

🌐 www.flowingwaterswholistics.com



**We look forward to
seeing you there!**





CALENDAR OF EVENTS

Monthly Meetings are the first Thursday of the month.

Please watch the TOS Unit website, Facebook page and Unit emails for continued updates.

October Events:

- October 3: Board of Directors Meeting and AED training, 6:30 p.m, Natalee Thai restaurant, Yreka
- October 5: BCHC Fall Board of Directors Meeting, 9 .m. Rolling Hills Casino, Corning
- October 26: Spooktacular Obstacle Course Challenge, 10:30 a.m., Machado Ranch, Big Springs

November Events:

- November 3: Equine Osteopathy Demonstration by Fenja Konigsmann, 2 p.m., Machado Ranch, Big Springs
- November 7: Membership Meeting, 7 p.m., Fort Jones City Hall/Community Center

December Events:

- December 5: Board of Directors Meeting, 6:30 p.m, Natalee Thai restaurant, Yreka
- December 7: Christmas Dinner, 5:30 p.m., Fort Jones City Hall/Community Center