

Christine Sumner Coaching & Hypnosis's Online Energy Society Member Service Agreement

Please read and agree to the following Online Energy Society Member Service Agreement.

- **ON PRIVACY:**

I have been advised that Christine Sumner and Christine Sumner Coaching & Hypnosis will make every attempt to respect my privacy. The Online Energy Society is a community of people, all of whom are not in Christine Sumner's or Christine Sumner Coaching & Hypnosis's direct control. As an Online Energy Society member, I will endeavor to keep confidences of others with the hope that others will mutually respect my confidentiality.

- **ONLINE ENERGY SOCIETY MEMBERSHIP—Online Group Classes and Activities**

This informed consent for membership to the Online Energy Society at Christine Sumner Coaching & Hypnosis contains important information about attending online group classes and activities using your smart device or computer.

Christine Sumner Coaching & Hypnosis uses electronic communications to connect with individuals or groups using interactive video and audio communication. Although there are many benefits of this service there are risks. For example:

- Risk of confidentiality: We will make our best efforts to protect all communications. However, we can't guarantee that our communications will be kept confidential or that other people may not gain access to our communications. You should take steps to ensure the security of the communications by finding a private place during your online group classes and activities, where you will not be interrupted, or others cannot overhear the conversation.

- Issues related to technology: Both parties are responsible for technical competence. There are many issues that may occur and will impact the Online Energy Society group classes and activities at Christine Sumner Coaching & Hypnosis.

- Crisis management: Emergency support is not available at Christine Sumner Coaching & Hypnosis. Online Energy Society members at Christine Sumner Coaching & Hypnosis will be referred to Lifeline at **1-800-273-8255** or the local emergency center, Westmoreland County Crisis Hotline at **1-800-836-6010** for help during times of crisis.

- **PERMISSION TO CONTACT EMERGENCY CONTACT:**

I understand that Christine Sumner and Christine Sumner Coaching & Hypnosis may need to contact my emergency contact person. I give permission to Christine Sumner and Christine Sumner Coaching & Hypnosis to do so.

- **MANDATED REPORTERS**

Christine Sumner and all subcontractors at Christine Sumner Coaching & Hypnosis are mandated reporters and are required to report if there is reasonable cause of suspected harm to self or others. In addition, all cases or suspected cases of child or elder abuse or neglect will be reported.

MEMBER PARTICIPATION IN ONLINE ENERGY SOCIETY CLASSES AND ACTIVITIES:

Participant desires to become a member of the Online Energy Society at Christine Sumner Coaching & Hypnosis and understands and agrees that:

1. Participation in the online activities and groups at the Online Energy Society at Christine Sumner Coaching & Hypnosis is entirely voluntary, and is not a required condition of membership, notwithstanding that such activity may utilize the premises or facilities owned by, occupied by, or under the control of Christine Sumner Coaching & Hypnosis. Membership to the Online Energy Society at Christine Sumner Coaching & Hypnosis is a month-to-month membership where the Participant pays \$6.99 a month to access online groups and activities. This offer has no monthly commitment.
2. Christine Sumner Coaching & Hypnosis makes no representation as to suitability of any recreational and/or physical activity relative to the participant's physical condition and abilities, or the suitability or adequacy of any premises, facilities, equipment, or instruction used in connection with such activities.
3. Participant has been advised to consult their physician, or other healthcare professional, before participating in any physical activities and to follow their physician's, or other healthcare professional's advice with respect to such activities.
4. Participant will not drive or operate heavy machinery while participating in the Online Energy Society classes.
5. The Online Energy Society class *Imagery & Healing Break* utilizes Reiki. Participant understands that Reiki is a simple, hands-on technique that is used for stress reduction and relaxation. Participant understands that Reiki can be used online and sent remotely. Participant understands that Reiki practitioners do not diagnose conditions nor do they prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional. Participant understands that Reiki does not take the place of medical care. Participant understands that Reiki does not treat mental disorders as defined by the American Psychiatric Association. Participant understands that Reiki is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care or substance abuse treatment, and participant will not use it in place of any form of therapy.
6. **Indemnification.** Participant shall indemnify, defend and hold Christine Sumner, Christine Sumner Coaching & Hypnosis, Sijahk Yoga, LLC, and the Online Energy Society at Christine Sumner Coaching & Hypnosis and its members, officers, directors, employees, agents, attorneys, independent contractors, subcontractors, successors, assigns, and/or personal representatives (collectively "**Indemnitees**") harmless from and against any and all claims, demands, suits, actions, investigations, proceedings, damages, liabilities, losses, costs, expenses (including reasonable attorneys' fees and disbursements) at any time asserted against, imposed upon, or incurred by any of them in connection with or arising out of any accident, injury, theft or damage to any person or property resulting from or in connection with Participant's activities at the Online Energy Society at Christine Sumner Coaching & Hypnosis.
7. **Release.** Participant hereby generally, unconditionally and irrevocably releases and forever discharges each of the Indemnitees from all actions, causes of action, suits, debts, dues, sums of money, accounts, reckonings, bonds, bills, specialties, covenants, contracts, controversies, agreements, promises, variances, trespasses, damages, judgments, extents, executions, claims, counterclaims, and demands whatsoever, in

Christine Sumner Coaching & Hypnosis
Christine Sumner, MA, EdS, LPC, NCC

law or in equity, whether direct or indirect, known or unknown, anticipated or unanticipated, which the other has, may have, or may hereafter have, in each arising from any accident, injury, theft or damage to any person or property resulting from or in connection with Participant's activities at the Online Energy Society at Christine Sumner Coaching & Hypnosis.

8. **Governing Law.** This Agreement and the rights and obligations of the parties hereunder shall be governed by, construed and enforced in accordance with the laws of the Commonwealth of Pennsylvania, without regard to its conflicts of law principles.

9. **Further Assurances.** The parties hereto hereby agree that the indemnification and release contained herein shall continue for each and every visit to Christine Sumner Coaching & Hypnosis and the Online Energy Society at Christine Sumner Coaching & Hypnosis. The parties hereto shall use their best efforts to take such actions as may be necessary or reasonably requested by the other party hereto to carry out and consummate the transactions contemplated under this Release.

10. **Modification.** This Agreement may be modified, amended, discharged or waived only by an agreement in writing signed by the party against whom enforcement of any such modification, amendment, discharge or waiver is sought.

Acknowledged, agreed to and accepted by

PARTICIPANT:

Date: _____

Participant

Printed Name of Participant

E-mail address of Participant: _____

Emergency Contact:

Name: _____

Phone Number: _____