

FCMSG Clinical Decision Worksheet

A structured framework for evaluating complex older adults

Patient Information

Name / DOB / Date: _____

Primary diagnoses: _____

Setting: PACE LTC Clinic Home Other: _____

Primary caregiver: _____

F FUNCTION

Baseline ADLs/IADLs reviewed

Recent functional decline?

Mobility/Falls concern

Frailty indicators present

New dependence?

Key Clinical Question:

"What can this patient do, and what has changed?"

Notes:

C COGNITION

Cognitively intact

Mild impairment

Dementia

Delirium screen completed

Mood/behavior concerns

Key Clinical Question:

"Is cognition influencing symptoms, adherence, or decision-making?"

Notes:



MEDICATIONS

Medication

Indication

Benefit?

Burden/Risk?

Deprescribe?

Medication Concerns:

Polypharmacy >5 medications

Duplicate therapy

High-risk medications

Time-to-benefit mismatch

Medication may be contributing to symptoms

Monitoring burden or adherence concern



SYNDROMES vs DISEASE

Falls

Weight loss

Incontinence

Delirium

Frailty

Dizziness

Pain

Functional decline

Fatigue

Sleep disturbance

Clinical Question:

"Could a geriatric syndrome explain the presentation better than a new disease?"

Notes: _____



GOALS OF CARE

Longevity

Function/independence

Comfort

Remain at home

Avoid hospitalization

Reduce medication burden

Maintain current quality of life

Patient's most important goal: _____

Clinical Synthesis

Primary drivers of decline: _____

Biggest risk if no intervention: _____

What matters most in today's decision? _____

Plan

Medication changes Diagnostic workup Therapy referral Caregiver support

Goals-of-care discussion Safety intervention Follow-up

Follow-up interval: _____