



From Fear to Freedom

Your First Financial Step

*"For God has not given us a spirit of fear, but of power, love, and a sound mind."
— 2 Timothy 1:7*

Welcome!

You are taking your first brave step toward financial peace. This guide helps you shift from fear to confidence by reconnecting with faith, clarity, and intentional action.

Step One: Reflect

Before change happens, clarity must come first. Take a moment to reflect on your beliefs around money.

Journaling Prompts:

- What was I taught about finances?
- What has worked well for me?
- What has not worked?

Step Two: Reset

Release habits and fears that no longer serve you. Invite God into your financial walk and trust His guidance.

“Be still, and know that I am God.” — Psalm 46:10

Journaling Prompts:

- What fear am I releasing?
- What new insight have I gained?

Step Three: Rebuild

Now begin building new habits grounded in peace and purpose. Small steps create lasting transformation.

Journaling Prompts:

- What's one financial goal I want to reach this month?
- How can I include my child(ren) in this journey?

You've Got This!

Where faith leads, fear leaves. Peace is your portion. Take small, intentional steps—your financial freedom is unfolding.

With Peace & Purpose,

Kevanique Cherry

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