



# AURA

## SKIN STUDIO

A GUIDE TO GLOWING SKIN

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# WELCOME

At Aura every facial is more than just a treatment – it's a tailored experience backed by expertise, education, and results.

We know that choosing the right facial can be confusing, especially when skin concerns feel overwhelming or ever-changing. That's where we come in. With a deep understanding of skin function, product formulation, and treatment layering, we're here to help you feel confident in your choice. We invest in continual education and advanced skin training so that each facial we offer reflects the latest in professional skincare – always with your skin goals in mind.

This guide is designed to help you get clarity on what your skin needs right now, and which treatment will support that best.

Let's find the facial that feels right for you.

# YOUR CONCERN

## **Dry, tight or flaky skin:**

Your skin feels rough or tight, may appear dull or flakey, lacks that fresh glow. Makeup sits unevenly and fine lines are more noticeable.

## **Breakouts, blackheads or congestion:**

You're noticing frequent breakouts, clogged pores, oiliness, or hormonal flare-ups.

## **Redness, sensitivity or irritation:**

Skin often feels hot, reactive, or flares up after product use or environmental changes.

## **Pigmented, dullness, uneven texture or tone:**

Your skin may appear tired, lack radiance, or show signs of sun exposure like dark spots or uneven pigmentation.

## **Dehydrated with rough texture:**

Skin feels tight, lacks bounce, and may appear dull or uneven. Can be rough in texture and interfere with how makeup sits

## **Fine lines, loss of firmness or tired eyes:**

You're noticing the signs of ageing, fine lines, slackening skin, tired under eye area and want to feel lifted, refreshed and hydrated.





# MEET YOUR MATCH

Choosing the right facial doesn't need to feel overwhelming.

Below is a simplified guide to help you identify the treatment that best aligns with your current skin needs. Each facial is thoughtfully curated to deliver results, while allowing room for customisation on the day of your appointment.

## *YOUR SKIN + YOUR MATCH*

### **Dry, Tight & Flakey**

**Recommended Facial:** Level Two Custom Circadia Facial

**Price:** \$155 **Duration:** 1 hour **Frequency:** 4-6 weeks

A treatment focused on restoring moisture levels, strengthening the skin barrier, and leaving the complexion soft, plump, and radiant.

### **Breakouts & Congestion**

**Recommended Facial:** Level Two C2O2 Facial

**Price:** \$175 **Duration:** 1 hour **Frequency:** 2-4 weeks

This facial reduces inflammation, kills acne bacteria, and instantly boosts radiance – without any downtime. Combining a Charcoal Milk Clarifying Mask and Oxygen Rx treatment, you'll leave glowing, clear, and calm.

### **Sensitivity, Redness & Irritation**

**Recommended Facial:** Level Three Oxygen RX + Enzyme + LED Trio

**Price:** \$210 **Duration:** 1 hour **Frequency:** 2-4 weeks

A powerhouse triple-treatment designed for rapid results. LED Light Therapy to diffuse redness, soothe irritation and restore balance. You'll walk out calm, cool and collected.



### **Pigmented, Dullness, Uneven Texture or Tone**

**Recommended Facial:** Medik8 Chemical Peel

**Price:** \$149 **Duration:** 45 minutes **Frequency:** 2-4 weeks

Multi Action & Single Acid Peels targeting signs of ageing, pigmentation, acne and sensitivity. Gently resurfaces the skin using a blend of AHAs for overall improvement in glow and texture with minimal downtime.

### **Fine Lines, Loss of Firmness**

**Recommended Facial:** Luxe Lift Facial

**Price:** \$190 **Duration:** 1 hour 15 minutes **Frequency:** 4-6 weeks

Instantly firms and brightens the skin. It dramatically increases skin elasticity and visibly reduces wrinkles. This corrective treatment focuses on boosting collagen, firming the skin, and softening fine lines – without irritation or downtime.

### **Unsure or Multiple Concerns**

If your skin doesn't fall into one category or you're feeling unsure where to start, we recommend booking a 30-minute Skin Consultation. During this time, we'll take a detailed look at your skin's history, current routine, and concerns – and create a personalised plan to support your long-term skin health.

**Recommended Facial:** Skin Consultation **Price:** \$40 (redeemable on products or future treatment) **Duration:** 30 Minutes



# Booking do's & don'ts

- Do book your appointment at least 48 hours in advance to secure your preferred time.
- Do arrive 10 minutes prior to your appointment if you are a new client to ensure enough time to fill in your consultation forms.
- Do inform us of any skin changes, sensitivities, medications, or allergies before your facial.
- Do follow any pre-treatment instructions provided (e.g., avoid retinol or exfoliants prior to peel).
- Do communicate your skin goals and concerns during your consultation for a tailored experience.
- Do schedule regular facials to maintain skin health – we recommend every 4–6 weeks.
- Don't book a facial if you have active sunburn, open wounds, or skin infections.
- Don't wax or shave your face 24–48 hours before your facial, especially before treatments like peels or dermaplaning.
- Don't use strong skincare actives (like retinol, AHAs/BHAs) 3 days before certain treatments unless advised.
- Don't be afraid to ask questions – we want you to feel informed, comfortable, and confident in your skincare journey.
- Don't hesitate to reschedule if you're feeling unwell – your health and safety come first.
- Don't skip your aftercare routine – it's essential for lasting results and skin recovery.



*Healthy, glowing skin begins with knowledge, care, and the right support. Our treatment offerings are designed with intention – combining clinical expertise, proven formulations, and a personalised approach that puts your skin first.*

*At Aura Skin Studio, we're committed to continued education, advanced techniques, and thoughtful service so you can feel confident in every step of your skin journey. If you're unsure where to begin, we're here to guide you. Your skin is unique – and your treatment plan should be too. We can't wait to welcome you.*

*– The Aura Team*

*xx*





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