

# UNITE 2 UPLIFT



## TRADE SKILLS SCHOLARSHIP PROGRAM 2022

*Applications for Ten (10) \$500 scholarships are currently being accepted from high school seniors who plan to attend an accredited institution, community college or university in the upcoming academic year*



### Eligibility Criteria:

- Current high school senior in the state of Colorado
- Have an overall GPA of 2.8 or better
- Applicants should be able to demonstrate financial need

**TEN \$500  
SCHOLARSHIPS  
AVAILABLE!**

**TO APPLY CONTACT**  
[sue@unite2uplift.org](mailto:sue@unite2uplift.org)

## Mindfulness Blog

On March 26th, I had the honor of participating in a Mindfulness Workshop for adults working with youth in Douglas County. The event was organized by the Douglas County Healthy Youth Coalition, Unite2Uplift, and A Houdek Counseling and hosted by St. Andrew United Methodist Church in Highlands Ranch.

Read more about this initiative at <https://pilatesintheranchn.com/blog>

# YOUTH CORNER

## Top 7 Things I Learned in TSA

By: Sanjana Sankholkar

As a member of the Technology Student Association (TSA), I've gone through a lot of ups and downs. I love the organization, but there are definitely some things I wish I could've learned sooner! So, I've created a list of helpful things to remember if you ever decide to join.

1. Remember to bring extra supplies to the state conference!
  - a. If TSA has taught me anything, it is that items break all the time. So just be prepared to glue back an entire project at state or hand out portfolio covers to other members.
2. Don't take on too many events at a time!
  - a. With TSA, you're allowed to choose up to 6 events to compete in. But, if you have other commitments, make sure not to put too much pressure on yourself to compete in all 6! It's better to have quality over quantity.
3. Choose events that you enjoy.
  - a. TSA has so many events that you can choose from, so take your time looking through the different events and see what speaks to you. It's better to spend more time choosing an event you're really passionate about than doing something you don't like. You have options!
4. Start working early.
  - a. Unfortunately, a big staple in the TSA community is to wait until the last minute to do your project. Don't be like those people! You can do amazing things at the state and even national level if you make sure to manage your time well.

Read more at: <https://bit.ly/top7tsa>

## My Experience Earning My Girl Scout Gold Award

By: Aakanksha Mahajan

Looking to address the lack of adequate geography education in schools, my Gold Award project, GeoKids, was a week-long, free geography summer camp held for children ages 7-12. The curriculum for the camps was entirely designed by me and covered a wide range of topics about the world. I also teamed up with Unite2Uplift to make my curriculum available to all through their website.

The Gold Award process is a long and arduous one, filled with many obstacles, but the end result is a fulfilling accomplishment that is only earned by a select few. My Gold Award journey was an experience that taught me a lot about leadership, service and collaboration.

The first step I took towards earning my Gold Award was identifying an issue in today's society. As stated by US News, students in the United States are terrible at geography, by no fault of their own. Almost 75% of eighth graders tested below proficient in the 2014 National Assessment of Educational Progress. The reason for this is that many elementary and middle school teachers are forced to teach the subject along with other Social Studies subjects, such as economics, civics and history. Out of all of these subjects, geography gets the least attention, with teachers spending less than 10% of their time on it. As children get older, this problem intensifies as only 17 states require students to take a geography course in middle school and only 10 states require one in high school. The importance of an education containing geography cannot be understated. To even have a basic understanding of the world around you, provides you with invaluable benefits.

Read more at: <https://bit.ly/goldawardu2u>

*Unite2Uplift*

**We want to hear from you!**

Please email us to share your suggestions on areas you want us to support.

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