



My Choice August Newsletter



Welcome to the end of summer and beginning of autumn. August has been one of our busiest months yet at My Choice. We stepped away from some of our regular outings to do some more exciting activities.

RUMMAGE SALE

As you all know by now, we had our first ever rummage sale here at My Choice. We appreciate everyone who donated items for us to sell. We had everything from books to toys and stuffed animals, a couple Cabbage Patch dolls, clothes, games, baskets, pictures and other art work, home decor, holiday decorations, a ukulele and a record player with many records.

Patrick, Jen, and Christina enjoyed going through and seeing all the things everyone donated. We started pricing items but then received so much, we decided to allow shoppers to name their price. Kim and Larry enjoyed shopping the Rummage Sale.

Setting up was exhausting, but totally worth it. We made and posted signs around the community. The sale took place August 31st and September 1st. Meagan, Tracy, and Deanna made signs and stood outside trying to recruit traffic. Deanna thought it was cool having truck drivers and a motorcycle riders honk, even if they couldn't stop.

A special thank you to Toms cousin, Paula, for dedicated her day to help us with the sale. Through the generosity of family, friends, and bystanders, we raised \$1,000.00! We have decided to spend the money on food for parties and events. We would also like to create a store to help with our money management skills.



OUTINGS

Chuck E. Cheese

After an impromptu trip to Chuck E. Cheese in July, many of our individuals decided to go out for pizza and games in August. Jen and Dalenna loved trying to catch fish on a hook. Lorelyn's favorite part was, you guessed it, taking silly photos with Dalenna. Patrick and Deanna enjoyed the ski ride. Deanna's cousin is a ski instructor and runs an adaptive ski program in West Virginia. She told Chris, via Facebook, that he definitely needs to teach her to ski, so she can do better next time. Deanna was bouncing into every possible barrier and doing flips all the way down the hills. Kim enjoyed playing Skeeball and Jon just liked being with his friends.

Garage Sales

Cedric, Jen, Chrissy, and Geoff did some garage saleing. Jen bought two Monopoly games and Chrissy got some baby dolls.

Craft

This month's craft involved making Cleveland Browns gnomes out of styrofoam and fabric. Let's get ready to rumble!

A Generous Donation to the Cleveland Browns Training Camp

A very nice person named Jack, donated two Browns jerseys and four tickets to training camp. Unfortunately training camp got canceled due to weather, so Nani, Larry, and Jimmy had to miss out. Their names had been pulled from a hat raffle. Even though she couldn't go to training camp, Nani did win one of the jerseys. The other jersey went to Shane. Thank you Jack for the generous offer.

Science Center

Jesse enjoyed everything he saw. Chrissy, Shane, and Dennis also had fun hanging out.



In August we played Bocce with Erin and Julia at the Seven Hills Rec Center. The Seven Hills Rec Center has two Bocce courts. Grateful for all the good weather, we were able to play on the court. Everyone enjoyed learning the how to play the game and competing against each other.



Check out Rec2Connect's page for their latest event calendar:



Check out We Thrive Together's Zoom events coming up:



My Choice:



VOC/HAB CLASS



In August, we focused on hard skills, discipline and building good habits.

We went over a list of various common jobs and what the hard skills might be for those jobs. Then we discussed what discipline means. Like always doing the right thing even if you don't want to and why we need to have good discipline to learn job skills. Then we discussed how having good discipline will eventually lead to good habits. We also talked about what bad habits are and how to change them.

TALENT SHOW

On August 16th, we had an in-house talent show. Most of us sang songs that we love and know all the words to. Karaoke is a big favorite. Jimmy showed off his amazing juggling skills and Deanna read a couple amazing poems of her.

