

COMMUNITY INTEGRATION ADS

Community Integration Adult Day Services (ADS) provide individuals with developmental disabilities the opportunity to engage in meaningful activities within their communities. Through DODD, these services focus on building independence, fostering social connections, and promoting personal growth. Participants take part in community-based experiences such as volunteering, recreational activities, job exploration, and skill-building programs. The goal is to support individuals in leading fulfilling lives by encouraging active participation, enhancing life skills, and creating inclusive opportunities for engagement beyond traditional day program settings. This program consists of 5 hours of community involvement, maintaining a group ratio of 1 to 4. Currently, we have a group of three individuals who participate on Mondays and Wednesdays, with plans to expand this program following our move.



BOWLING

R2C
REC2CONNECT THERAPY

We were back in action, fine-tuning our bowling wizardry! At My Choice, bowling is practically a national sport. Our league members are eager to level up their game. So, we kicked off the year sharpening our skills in-house with Rec2Connect. Then, in February and March, we hit the lanes at Red Circle, ready to unleash our skills! 🎳



Check out We Thrive
Togethers Zoom events
coming up:



My Choice
Website:



Check out Rec2Connect's
page for their latest event
calendar:

