

Prices/Packages

Our float price per session:

60 min - \$50.00

90 min - \$80.00

Unlimited float package deals:

30 days - \$180.00

We also offer massage

60 min - \$60.00

90 min - \$85.00

Schedule 24-7 @

www.stressbustersonline.com



Floating for Athletic Performance

Athletes have been enjoying the benefits of Epson Salt baths for a long time and floating as part of sports recovery has been recognized to speed recovery from injuries and ease sore joints and muscles.

In addition, it reduces lactic acid build up, reduces fatigue, relaxes the mind and helps improve concentration and focus

MLB teams even have float pods in their locker rooms.



Stress Busters Float Suite

Helps with:

- Pain relief/injury recovery
- Fibromyalgia
- Stress Relief
- Boost immune system
- Helps relieve migraines
- Diminishes anxiety/depression
- Neuropathy symptoms

[Check out our website for more details](#)

Stress Busters Float Suite

316 S Detroit St suite 200 Morton IL 61550

www.stressbustersonline.com

#floatmorton

Book Now

Call 309-291-0443

www.floatmorton.com

What is Floating?



Health and Wellness

People float to relieve stress, recover from injuries, fight addictions, eliminate chronic pain and much more.

Floating naturally increases your dopamine and endorphin levels, boosting your mood and leaving you with a pleasant afterglow that lasts for days afterwards.

Without the need to fight gravity or take-in external information, you'll likely experience the most complete relaxation ever felt

Floating is a way to pause the hectic, saturated world and enter a state of deep mental and physical relaxation. By giving yourself a break from the endless input of sensory experiences, your mind has a chance to recharge, rest, and emerge to face the world with renewed perspective and energy.

Otherwise known as floatation-REST (restricted environmental stimulation technique) or sensory deprivation. Floating is backed by research and offers immense potential for personal growth and healing. A good but dated documentary, "Float Nation" can be found on YouTube

Floating F&Q's

How do you clean the water?

The water is filtered 3 times between each float, passing through a 10-micron filter and sanitized by UV, H₂O₂ and ozone.

What if I'm Claustrophobic?

Being in a suite is more like floating in outer space, you're always in control of your environment and may exit at any time

Can I drown if I fall Asleep?

Some people fall asleep, but the water is so buoyant that you stay afloat. The worst that can happen is maybe getting a bit of salt water in your eyes

Do I need to bring anything?

You may want to bring a comb or brush and a case if you have contacts. We provide one towel, earplugs, and body wash/shampoo. The room is private, and you can go into the tank unclothed, so you don't have to bring a suit unless you want to.

Robes, flip-flops available only upon request.

Before you float

- *Don't shave or wax prior*
- *Eat a small amount 1 hr. before*
- *Remove contacts*
- *Don't drink caffeine before*

Going into your float

- *Arrive and check in (you don't need to bring anything except a comb or brush)*
- *Shower and put in ear plugs*
- *Step into float room, and float*
- *Step out, shower off salt*
- *Get dressed and enjoy your post float glow*

