

How Many Pearls Are Needed for a Full Detox

*Each pearl (3g herbal blend) functions as one stage of detoxification. Because the herbs must work their way from the vaginal canal up to the cervix and then the womb, one pearl cannot reach every layer at once. **This is standard information, some women may need more pearls than what's listed.***

The Natural Process of Womb Detoxification

Detoxing the womb is not a one-step process. It is a sacred journey that begins at the foundation — the vagina — and gradually works upward through the cervix to the uterus and ovaries. Each phase releases a deeper layer of stagnation, trauma, and buildup that has accumulated over time.

Phase 1: Initial Vaginal Detox (3 Pearls) : Vaginal Detox Phase: This is where cleansing begins. The vaginal walls absorb the herbal essence, stimulating blood flow and gently loosening buildup, old residue, and toxins from infections, yeast, and discharge. This prepares the pathway for deeper detoxification.

Focus: Cleansing the vaginal canal and strengthening natural flora.

Purpose: Cleanse the vaginal canal, discharge buildup, and prepare the cervix for deeper penetration.

Ideal for:

- First-time users
- Women with **mild discharge, odor, or yeast**
- Post-antibiotic (after being treated for an infection) or post-birth detox (live birth, fetal trauma)

Recommended: 1 pearl every 7 days, allowing the body to discharge before insertion of the next pearl.

Repeat up to 3 times (1 per week).

Phase 2: Cervical Detox (3–6 Pearls): Cervical Detox Phase: Once the vaginal canal is open and responsive, the herbs begin to work at the cervix — the gateway between the vagina and uterus. At this stage, necrosis, scar tissue, and blockages caused by infections, HPV, or trauma (such as surgical procedures or childbirth) begin to dissolve. This is a crucial stage for women with a history of multiple infections, fibroids, or abortions.

Focus: Softening and releasing scar tissue, increasing circulation, clearing blockages.

Purpose: Break down scar tissue, necrosis, and blockages around the cervical gateway.

Ideal for:

- HPV or abnormal Pap history, Herpes, Hepatitis, Hidradenitis
- Scar tissue from IUDs, childbirth, or abortion
- Recurring BV, STD, or yeast infections

Recommended: 2–3 pearls per week for 2-3 consecutive weeks, then rest 3 days between cycles. (Royal Flushes – a combination of more than 1 type of pearl used at once per cleanse.) (6 pearls total)

Phase 3: Uterine & Ovarian Detox (6-12 Pearls): Uterine & Ovarian Detox Phase: With the cervix cleared, the herbal action can now reach deeper into the womb. The uterus, fallopian tubes, and ovaries begin to detox — balancing hormones, addressing fibroids, cysts, and inflammation, and restoring energetic and physical harmony to the womb space.

Focus: Detoxing the fundus (top of uterus), fallopian tubes, and ovaries.

Purpose: Deep cleanse of the womb — addressing fibroids, cysts, endometriosis, PCOS, or infertility caused by internal stagnation.

Ideal for:

- Long-term reproductive disorders
- Hormonal imbalance, heavy periods, or clotting
- Past trauma (multiple miscarriages or abortions)

Recommended: 2-3 pearls every 7 days for 3-6 weeks. (6-12 pearls total (depending on symptom severity)

👉 **Suggested Guideline by Condition**

👉 **Supporting the Detox:** Drink at least 64–80 oz of water daily — hydration helps flush necrosis and tissue breakdown. Avoid intercourse, tampons, and douching during detox. Pair with Supreme Wellness Honey to enhance circulation & Womb Soap and Salve to reduce inflammation and keep vagina bacteria free. Expect mild cramping, odor, or tissue shedding as normal detox responses.

Symptom/Diagnosis	Estimated Detox Duration	Recommended Pearls
Mild odor / discharge/ Yeast	1 week	1-3 pearls
Bacterial Vaginosis/Gut Flora	2-3 weeks	4-6 pearls
HPV or cervical dysplasia	4-6 weeks	9-15 pearls
Fibroids endometriosis	4-6 weeks	9-12 pearls
Infertility or hormonal reset	6-8 weeks	10-15 pearls
Post-abortion / Fetal Trauma	4 weeks	6-9 pearls
Sexually Transmitted Disease	2-3 weeks	6-9 Pearls
PCOS, Birth Control Cleanse	4-6 weeks	10-15 Pearls
Herpes Simplex, Outbreaks	8-12 weeks	15-36 pearls
Hidradenitis Supporativa	8-12 weeks	15-36 Pearls
Hepatitis/Liver Damage	8-12 weeks	15-36
www.schoolofwombhealing.org	Ivysagarius.com	9189-PEARLS

