### California Interscholastic Federation



# EDUCATION-BASED ATHLETICS COVID-19 MODIFICATIONS

- <u>CDPH Youth Sports Guidelines</u> (please review for complete Return to Play details)
- CIF Guidelines will be adjusted weekly
- In the event of a positive test for COVID-19, schools will follow the current CDPH Guidelines for Schools
- Any student-athlete testing positive for COVID-19 may not return to practice or competition until cleared by their physician
- Schools must still follow all guidelines from their local county and the governing board of their school district or private/parochial school

#### CIF Season 1 Sports (January - April):

Traditional Competitive Cheer, Cross Country, Field Hockey, Football, Gymnastics, Skiing/Snowboarding, Girls Volleyball, Water Polo

#### CIF Season 2 Sports (March - June):

Badminton, Baseball, Basketball, Competitive Sport Cheer, Golf, Lacrosse, Soccer, Softball, Swimming & Diving, Tennis, Track & Field, Boys Volleyball, Wrestling

^Please refer to respective CIF Sections for verification of seasons of sport

\*Outdoor Sports in Red (Substantial) and Orange (Moderate) Tiers may hold competitions, regardless of county tier status, if respective county COVID-19 adjusted case rate is equal to or less than 14 per 100,000.

Additionally, the sports of <u>football and water polo</u> must conduct COVID-19 <u>testing once per week</u> in order to compete. Testing for these sports will be required until their county meets the red tier metrics. CDPH to provide further details regarding testing.

Please visit the <u>State Dashboard</u> for the latest county case rate data.

#### **WIDESPREAD**

Sports allowed in this tier: Cross Country, Golf, Skiing/ Snowboarding, Swimming & Diving, Tennis, and Track & Field.

#### SUBSTANTIAL

Sports allowed in this tier: \*Baseball, \*Field Hockey, \*Girls Lacrosse, and \*Softball.

## February 16, 2021 County Tier Status



#### MODERATE

Sports allowed in this tier: Badminton, \*Football, Gymnastics, \*Boys Lacrosse, \*Soccer, and \*Water Polo.

#### MINIMAL

Sports allowed in this tier: Basketball, Competitive Cheerleading, Volleyball, and Wrestling.