

# THE Voice

VOLUME 33 NO. 3  
SPRING 2026

SUPERANNUATED TEACHERS OF SASKATCHEWAN — SASKATOON CHAPTER

Editor: Darlene Danyliw 306-249-4494 stsvoiceeditor@gmail.com

\*\*PLEASE NOTE: Send all submissions to stsvoiceeditor@gmail.com

## President's Message



Janet Lowndes, President

Welcome to Spring! Hopefully, the walkers in our midst will soon be able to find routes with no puddles or slush, and the drivers can keep their cars clean for more than just the day.

Our Chapter is offering more, and more varied, activities each year. Coming this Spring - in addition to the walking, sewing, and travel clubs we have the Texas Scramble Golf for the outdoor-minded, and for socializing, a tour to the U of S Museum of Antiquities, a bus tour and our June Luncheon. Take your pick and check out the contact numbers in this newsletter and /or in the email reminders.

Many of you were very engaged and active in your profession as practising teachers. That may have taken the form of activism through STF or it may have been the planning of recreational or cultural events for the school and community. If you are at a stage in your retirement where you would like to be more involved than you are now, consider joining the Saskatoon Chapter Executive. We have two openings as two members are retiring from the Executive: Corinne Morton and Stella Shulhan. We sincerely want to thank these ladies for their many years of contributions to the Saskatoon Chapter. We will miss them and look forward to working with whomever steps into their shoes.

Finally, our Provincial STS Annual General meeting is at Dakota Dunes Resort, May 12-14th. There may be room for you to be a Delegate. Give it some consideration, whether it is because you want to learn more about the operations of STS, meet up with members from other Chapters who will be in attendance, or just enjoy a professional convention again. We will welcome you.

Best wishes for a great Spring. We will see you around!

✦ Janet Lowndes, President STS-Saskatoon Chapter

## STS Saskatoon Chapter...one day bus trip

### Thursday, June 25, 2026



Maximum number of participants = 30

Leaving at 8:30 a.m. from Lawson Heights Mall;  
return around 4:00 p.m.

For more information and to register email Janet:  
[jlchrist@sasktel.net](mailto:jlchrist@sasktel.net) or call 306-934-6722

\*\*Coolers will be available to keep your purchases cold.

# Activities & Events

Activities: Janet Christ: [jlchrist@sasktel.net](mailto:jlchrist@sasktel.net); Rod Holowaty: [r.holowaty@sasktel.net](mailto:r.holowaty@sasktel.net).

## STS Chapter Event

May 20, 2026

Eamer Auditorium, STF Building

1:30 pm

**Katrina German, Ethical Digital**

Join International Award-winning entrepreneur, Katrina German, as she walks us through the positive and negative implications of AI in our daily lives.

### **Discussion Topic:**

*AI is changing our world. What are the ethical questions that we should be considering? How can AI make your life easier?*



Tour...

## **Museum of Antiquities**

University of Saskatchewan

107 Administration Place

Tuesday, May 26, 2026

1:00-2:30 p.m.

Email Janet at [jlchrist@sasktel.net](mailto:jlchrist@sasktel.net)

or phone 306-934-6722

*Sew Much Fun  
Pencil in these dates...*



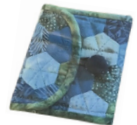
May 14, 15, & 27

May 14 - Personal Project Day

May 15 - Personal Project Day

May 27 - English Paper Piecing with

Berna Ostapovitch. We will make a small needle minder.



Dates for June haven't been booked yet but... we will have a season "wrap up" hosting a sewing day that will conclude with a chance for crafters to share what they've made or learned this past year.

## STS SASKATOON CHAPTER June Texas Scramble

Tuesday, June 16

9:00 AM

Register with Janet:

[jlchrist@sasktel.net](mailto:jlchrist@sasktel.net)

**GREENBRYRE**  
GOLF & COUNTRY CLUB



If you have an idea for an activity or tour contact Janet Christ...email: [jlchrist@sasktel.net](mailto:jlchrist@sasktel.net)

# Love to Walk?

Join the  
**Saskatoon Chapter Walking Club**

*Walks leave at 9:00 a.m.*

Our Monthly Start Points will be:

**April** - Crocus Prairie off Central Ave.

**May** - the stairs by the river in Diefenbaker Park  
off St Henry St.

**June** - Stonebridge north side of Circle Alliance  
Church off Preston Ave.

**July** - Lakewood dog park off Boychuk on  
Slimmon Rd.

**August** - the Weir off Spadina Cres.

*For more information contact:*

*Loretta Metzger – [metzgerl@shaw.ca](mailto:metzgerl@shaw.ca)*



## Chapter Outreach Committee

Visits and phone calls can be a source of support, comfort, and a way to stay connected with others. Telephoning volunteers continue to keep in touch with fellow STS retirees (who have no email) about upcoming Chapter events.

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact either Carol or Shirley.

Carol Shanner  
306-514-8415  
[cshanner63@shaw.ca](mailto:cshanner63@shaw.ca)

Shirley Henderson  
306-374-5388  
[rshenderson@sasktel.net](mailto:rshenderson@sasktel.net)

## From the Card Committee

*"A greeting card is a small gesture that carries a big piece of the heart. Sending a card is a way of saying: we thought of you, and you matter."* - Anonymous

The STS Chapter is pleased to acknowledge members by sending a variety of cards for sympathy, milestone birthdays and anniversaries, get well, thinking of you, and best wishes, and congratulatory cards.

To ensure these gestures are extended in a timely manner, we ask members to contact the Card Committee.

Thank you for helping us to continue to support and recognize one another.

### Please contact:

*Pat Orchard* at 306-373-9905 or  
pattymel@sasktel.net

*Gladys Somerville* at 306-242-6668 or  
gsomer@sasktel.net



*Check your STS Chapter  
Emails and the STS  
Saskatoon Chapter Facebook  
page for more Events &  
Activities coming up...*

**Not getting Chapter Emails?  
Check your junk...add  
STS Saskatoon Chapter to  
your address book—info@  
stssaskatoon.ca.**

**Does the STS have your email  
address?**

Friends and family are welcome  
at all events.

**STS Events and Meetings are  
Scent Free!**



## June Luncheon Tickets (Sales end June 2)

For more information contact:

Irma - 306-934-0881 or email  
ijkitt@sasktel.net

Judy - 306-955-0026 or email  
pidskalnyj@gmail.com

**Buying tickets using ...**

## **eTransfer**

Send eTransfer to:

**saskatoonsts2022@gmail.com**

Please include **your name(s), email address, and the name of the event** you are registering/purchasing tickets for in the Message Box.

**\*\* Please DO NOT send e-transfers to  
Judy's or Irma's email or cell number.\*\***

**\*\* When purchasing tickets by e-transfer—you will receive a  
confirmation email with a photo of a ticket.**

# Public Relations/Advocacy/Resolutions

We have discussed the increased costs related to medications with members recently. Perhaps the information in this report can assist our members with some ways to reduce these costs. We are noting programs available in Saskatchewan but other provinces also have programs available to assist seniors.

First, it is important that when you are 65 years of age that you apply to benefit from the Saskatchewan Seniors Drug Plan. This program is income based. When you apply you will receive a letter to indicate if you qualify or not. If you do qualify, you will be able to receive prescription medications that are on the Saskatchewan Formulary at a decreased cost. Also, if you qualify and are a member of the STS Extended Health Plan, please notify the STS Office and your premiums for the Plan will also decrease.

The Saskatchewan Seniors' Drug Plan and the STS Extended Health Plan are both based on the Saskatchewan Formulary. The Saskatchewan Formulary is a listing of the therapeutically effective drugs of proven high quality that have been approved for coverage under the Drug Plan. A prescription is required for all drugs dispensed under the Drug Plan. The Saskatchewan Formulary is published annually in April, but additions to the Formulary are made throughout the year. Interchangeable generic drugs are added monthly, and other products are added quarterly. Each province in Canada has a similar list of drugs or a formulary upon which they base their Drug Plan coverage.

It is important for all patients who receive a prescription from a doctor to ask questions about the medication being prescribed. First it is important to ask the prescriber if the drug being prescribed is on the Saskatchewan Formulary. If the answer is "Yes", then the medication will be covered by the Saskatchewan Seniors' Drug Plan and will also be included in the medications covered by the STS Extended Health Plan if the patient is a member of the Plan. If the answer is "No", then the next question should be to ask if this medication would qualify for coverage under the Exception Drug Status (EDS). If this drug is eligible, the doctor prescribing it or the pharmacist must apply for this coverage on behalf of the

patient. If this drug is approved for EDS coverage, it is then covered by the Saskatchewan Seniors' Drug Plan. When Saskatchewan Blue Cross is advised by the STS member of this EDS coverage, the drug will be covered by the STS Extended Health Plan.

For any patient who is taking multiple medications, a regular medication review can be done by your pharmacist upon request. That way each patient will be reminded about what each medication has been prescribed for and can ask questions about that medication. In order to keep our STS Extended Health and Dental Plans affordable, it is important, if you are a member of the Plans, to be knowledgeable about your medications. The STS Group Benefit Plans are totally funded by the members of those Plans.

If you are finding that medication costs are using a greater percentage of your income, it is important for you to apply for the Special Support Program offered by the Government of Saskatchewan. There are no age restrictions on applying for this benefit. Application forms are available at your doctor or at your pharmacy but you must apply to receive this coverage. Members of the STS Extended Health Plan are encouraged to apply for this support.

Members of the STS Extended Health Plan (Primary Plan holders who enrolled prior to January 1, 2025) should not forget the Health Spending Account for single members, couples or families that must be used by December 31, 2026. Also, the Plan includes an annual \$500 amount to be used for any vaccines you might be required to pay for.

If you have any questions about your medications, please ask your doctor or your pharmacist. If you have any questions about the STS Group Benefit Plan and/or the STS Extended Health Plan, please contact the STS Office at (306)373-3879 or by e-mail at [sts@sts.sk.ca](mailto:sts@sts.sk.ca). Being informed about these programs and applying for them is most important!

Randy Danyliw ([randydanyliw@shaw.ca](mailto:randydanyliw@shaw.ca))  
Margaret Martin ([bill.marg@sasktel.net](mailto:bill.marg@sasktel.net))





## *Congratulations to our 2026 Saskatoon Chapter Scholarship Winner – Tyrell Schroeder*

**Tyrell Schroeder** is a fourth year University of Saskatchewan student, whose area of study is Early/Middle Years.

Tyrell writes “I am extremely grateful to receive this award, as the areas it highlights are major parts of my life and things I am very passionate about. This greatly helps me complete my final year of study, as it helps ease some of the expenses and stressors that come up as I complete my program.

Through my practicum placements, I have had valuable opportunities and experiences to apply what I have learned in my courses and continue to develop my teaching practice. These experiences have strengthened my understanding of how to create inclusive, supportive, and engaging learning environments for students. These experiences have also tied into all my outside experiences, including my coaching experiences, and have helped me become a better coach. Being recognized through this award has also been encouraging on a personal level. It has reinforced my commitment to the teaching and coaching profession and motivated me to continue to work to improve myself as a future educator and current coach.

Overall, this support has made a meaningful difference in my academic journey and has strengthened my dedication to making a positive impact in the lives of the students, athletes, and communities I will serve.

This scholarship is supportive of the future educators of Saskatchewan, and I will be forever grateful for this generous scholarship.”



### Important Ticket Information

Beginning June 2026 and for all banquets going forward...

Anyone purchasing tickets in person, will receive a printed numbered ticket(s).

If purchasing tickets by e-transfer, you will receive a confirmation email with a photo of a ticket.

Assigned Table #s will be posted on charts near the banquet hall entrance. **There will be no ticket collection at the door, thus no line ups to collect your tickets.** Reception hosts will be available to give seating information.

#### **TICKET SALES...**

**For the June 10<sup>th</sup> June Luncheon (\$25)**  
Begin at the Spring Social, April 15, 2026.  
Sales end Jun 2.

**For the Sep. 16<sup>th</sup> Welcome Brunch (\$20)**  
Begin at the June Luncheon, June 10, 2026.  
Sales end Sep 8.

**For the Dec. 9<sup>th</sup> Christmas Banquet (\$25)**  
Begin at the end of the Welcome Brunch,  
Sep. 15, 2026. Sales end Dec. 1 or when  
sold out.

# Your 2025-2026 STS Saskatoon Chapter Executive



Back Row: Kaye Wolfater, Darlene Danyliw, Peter Stroh, Barbara Alberton, Freda Robinson, Corinne Morton, Randy Danyliw, Shirley Henderson, Jane Isinger, Zonia Krushelniski, Pat Orchard, Gladys Somerville, Karen Cymbalisky, Janet Christ, Tom German.  
Front Row: Judy Pidskalny, Irma Kittelson, Lyle Markowski, Janet Lowndes, Bonnie Semenoff, Phyllis Wilson, Linda Ashley, Stella Shulhan, Rod Holowaty.  
Missing: Linda Kindrachuk, Margaret Martin, Loretta Metzger, Diane Selby, and Carol Shanner.

## 2026 STS Chapter Meeting & Event Dates

Executive Meetings take place at 9:30 a.m. on the first Wednesday of each month.  
Chapter Events are usually held in Eamer Auditorium.

### May 2026

May 6 - Executive Meeting  
May 6 - Pre AGM Mtg  
May 12-14 - STS Provincial AGM  
May 20 - Noon - AGM Delegates Debriefing Mtg  
- 1:30 p.m. STS Saskatoon Chapter Elections

### June 2026

June 3 - Executive Meeting  
Year-end Reports due  
June 10 - Spring Luncheon  
June 16 - Spring Texas Scramble -Greenbryre  
June 25 - Bus Trip-Riverside Meats/Twin Peaks  
Creamery/Riverview Colony



### The Editor's Desk

Your Editor: Darlene Danyliw

Deadlines for submissions to *The Voice*:  
Fall Issue - June 30, 2026

Please send to: [stsvoiceeditor@gmail.com](mailto:stsvoiceeditor@gmail.com)

The STS Website has all the details...  
and pictures too.  
<https://sts-saskatoon.ca>

Superannuated Teachers of Saskatchewan  
Saskatoon Chapter

# Your 2025-2026 STS – Saskatoon Chapter Executive

President	Janet Lowndes	306-291-4495	Program	Freda Robinson	306-374-6722
Vice President	Bonnie Semenovff	306-229-6751		Peter Stroh	306-227-4334
Past President	Lyle Markowski	306-371-2761	PR/Advocacy/Resolutions		
Secretary	Linda Ashley	306-955-2498		Margaret Martin	306-373-4433
Assistant Secretary	Linda Kindrachuk	306-221-8829		Randy Danyliw	306-249-4494
Treasurer	Irma Kittelson	306-934-0881	Registration	Diane Selby	306-373-0080
Assistant Treasurer	Judy Pidskalny	306-955-0026		Karen Cymbalsty	306-222-6041

## Standing Committees

Activities	Janet Christ	306-934-6722
	Rod Holowaty	306-381-6016
Archives	Randy Danyliw	306-249-4494
Cards	Pat Orchard	306-373-9905
	Gladys Somerville	306-242-6668
Chapter Outreach	Shirley Henderson	306-374-5388
	Carol Shanner	306-514-8415
Email	Darlene Danyliw	306-249-4494
	Bonnie Semenovff	306-229-6751
Honorary Life/Member Recognition		
	Phyllis Wilson	306-380-0684
	Lyle Markowski	306-371-2761
Hospitality	Zonia Krushelniski	306-221-9158
	Corinne Morton	306-371-5225
Membership/Directory		
	Barbara Alberton	306-665-1213
	Janet Lowndes	306-291-4495

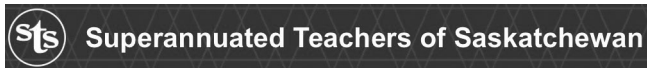
STLiaison	Jane Isinger	306-281-4662
THE Voice Editor	Darlene Danyliw	306-249-4494
Mail Labels	Irma Kittelson	306-934-0881
Website	Tom German	306-242-8361

## Ad Hoc Editorial Committee:

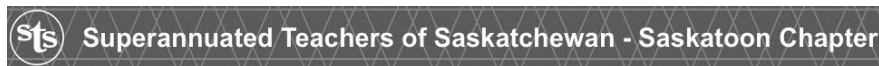
Margaret Martin, Irma Kittelson,  
Janet Lowndes & Bonnie Semenovff

## Provincial Executive Members from Saskatoon Chapter:

Member-At-Large	Jane Isinger	306-281-4662
Executive Director	Murray Wall	306-373-3879
STS Office	Michelle Brisson	306-373-3879
	MJ Krips	306-373-3879
	Heather Hase	306-373-3879



[www.sts.sk.ca](http://www.sts.sk.ca)



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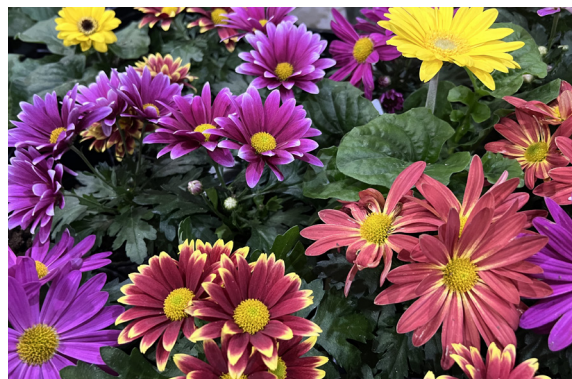
### Disclaimer of Content

All reports in *THE Voice*, excluding Executive reports, represent the information and opinions of the authors and not necessarily those of the STS Saskatoon Chapter.



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Saskatoon Chapter or on our website  
[www.sts-saskatoon.ca](http://www.sts-saskatoon.ca)



Spring 2026