



STS Saskatoon Chapter

APRIL 2024

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2800 members and is the largest chapter in the organization.

APRIL Surprises

**Rain or Shine, Slush or Snow!
What happens next, no one knows,
Looking forward to sunny days,
When the birds are singing
and the skies are not grey!**



Be sure to check out the special activities that have been planned for the spring months ahead and mark your calendar to save the date. Be sure to buy your tickets early or sign up for an event you wish to attend before it is full.

A very special welcome is extended to the new retirees! Enjoy this new chapter in your life.

Please peruse the email and focus on the information that is pertinent for you.

Please take time to visit:

The **STS Website** at <http://www.sts-saskatoon.ca> **CLICK HERE** It is a quick

way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.

The **SPRING issue of The Voice** is available to read [CLICK HERE](#)

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH SPRING Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of ****OUTREACH** [CLICK HERE](#)

ALL CALL for Future STS Saskatoon Chapter Executive**

If you would like an opportunity to learn more about what the STS Saskatoon Chapter Executive does for its members or be involved with the planning of events, this may be just the right fit for you. **There are many subcommittees within the Executive** and two people are assigned as co-chairs (a great way to cover for your partner in case he/she is unavailable often due to traveling). We meet at 9:30am the first Wednesday of the month from September to June.

For more information, please contact the Chapter President, Lyle Markowski at 306-371-2761 or any member of the present Executive whose contact information is found on the last page of The Voice.

Keep us informed:

If your email address changes, please be sure to contact the STS Office at 306-373-3879 or email sts@sts.sk.ca when notifying people of the change.

INFORMATION and PLANS for the SPRING

Visitation Outreach



An ounce of giving equals a pound of caring!

Spring is just around the corner, it may be just the right time for this. If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner** at cshanner63@shaw.ca or 306-514-8415 or **Shirley Henderson** at rshenderson@sasktel.net or 306-374-5388 and contact will be arranged.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.

**Spring Tea at "Treats" - Tickets Available until April 25th!
Hope to see you there!**

sts **Spring Tea**

May 2, 2024 12 noon

Treats by Solar Gardens
in Lawson Heights Mall

\$27.00
includes tax & tip
Use the entrance closest to Safeway.

**Tickets Available until April 25. from:
Loretta Metzger 306-382-6769. or
Kaye Wolfater 306-651-0153**

or by Etransfer to saskatoonsts2022@gmail.com
Please include names of all guests in messages box.

OR Alternate contact information

Loretta Metzger at metzgerl@shaw.ca or 306-291-8435

Kaye Wolfater at wolfbk@sasktel.net and 306-514-8383 to buy tickets for the Spring Tea.



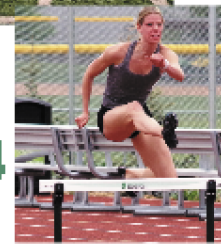
**GORDIE HOWE
SPORTS
COMPLEX
TOUR**

THE CENTRE OF
SPORT

Indoor Training Centre
Nordic Ski Facilities
Gordie Howe Sports Centre
Outdoor Batting/Pitching Cages
Track & Field Complex
Saskatoon Minor Football Field
(SMF Field) and more...

Monday, May 6, 2024
2:00 p.m.

Register with Janet Christ @ (306) 934-6722
or email: jlchrist@sasktel.net



Chapter Event

STEPS TO SAFETY™

PREVENT FIRE & FALLS AT HOME

May 15, 2024

1:30 p.m.

Eamer Auditorium

This Saskatoon Fire Department presentation will discuss how the **PLANT** program promotes balance, strength and mobility exercises to prevent fire and falls at home.



Balance, Strength and Mobility
Exercises to Help Prevent Falls



Spring Luncheon - A Great Social Event to Connect with Friends! Tickets available until June 3!

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Spring Luncheon

Saskatoon Chapter

Wednesday, June 12, 2024

Social: 11 a.m. | Meal: 12 p.m.

Western Development Museum
(2610 Lorne Ave)

\$20

EXT-00514 / 20240307

Tickets Available now. (until June 3)
By e-transfer to saskatoonsts2022@gmail.com
..include all names you're purchasing for, in the message box.
Or from:
Judy Pidskalny 306-955-0026, pidskalnyj@gmail.com
Irma Kittelson. 306-934-0881. ijkitt@sasktel.net

Buying a Ticket for an Event -

Here are your options!

Payment by cash, cheque or e-transfer using saskatoonsts2022@gmail.com are accepted.

Please do not send e-transfers directly to Judy's or Irma's cell number or email.

In the Message box, please include your name(s) and the name of the event you are purchasing tickets for.



Payment by Cheque?

If paying by cheque, make it payable to

Superannuated Teachers of SK Saskatoon Chapter

and mail it to Irma or Judy (please contact one of them for their mailing address).

STS Saskatoon Chapter is no longer accepted by our bank.

Keep Calm

. . .and Keep Having Sew Much Fun!

April Greetings to all our Sew Much Fun Friends!

Here's our fun schedule that will bring us to the end of June . . . and time for summer holidays! Please remember to register for classes and sewing days with **Wanda Drew** at wandaldrew@gmail.com

Our days at the **STF building on Arlington** begin at **9:00** and wrap up about **4:00** (just like school!) in the **Eamer Auditorium**.

April 26 - Personal Project Day

Today's agenda is up to you! Bring your crafting projects to the Eamer

Auditorium and get creative with other like-minded folk. Be sure to register with Wanda if you're planning to attend.

Fee - \$5 payable at the door



May 7 – On-Point Quilt

Brenda Sawchuk is going to show us all how to create an on-point quilt with just a few magical cuts. You will need 35 7"x7" squares (either scrappy or complimentary) to make a quilt top that measures about 40"x40" when completed. Time to dig into your stash for this project!! As always, space will be open for personal project work at a fee of \$5.

Fee - \$25 payable at the door

REGINA QUILT SHOW TRIP

The Saskatoon Quilt Guild invites any and all of us to join them on a bus trip to see the Regina Quilt Show on May 10.

Details for the trip are:

- \$45.00 for the bus trip
- \$10.00 admission at the show
- Bus leaves Circle Drive Alliance Church @ 8:00 a.m.
- Bus leaves Regina for return trip at 3:00
- To reserve and pay for your spot, please contact Joan Pirie @ 306-229-2377 or cjpirie@shaw.ca .

May 22 – Personal Project Day

Today's agenda is up to you! Bring your crafting projects to the Eamer Auditorium and get creative with other like-minded folk. Be sure to register with Wanda if you're planning to attend.

Fee - \$5 payable at the door

June 5 – Personal Project Day

Bring your crafting projects to the Eamer Auditorium and get creative with other like-minded folk. Be sure to register with Wanda if you're planning to attend.

Fee - \$5 payable at the door

June 19 – Personal Project Day and Show Much Fun

This will be a typical sewing/crafting day that will end with a bang! At 2:00, we will pause for a fun, year-end sharing and socializing time. Please consider bringing along absolutely anything that you've made over the last year or so. As "makers", we get so much joy and inspiration from seeing the creative works of others. If you don't have anything to share at this time, please feel welcome to join us and feel energized by others' creations! Be sure to register with Wanda if you're planning to attend.

No fee for any portion of the day on June 19th.

If the stars align in just the right way, there might be refreshments and a few treats!

Looking forward to seeing you at our upcoming Sew Much Fun days . . . or on the bus to Regina!

Your Sew Much Fun Planning Team,

Linda Ashley

Mary Lou Ast

Ann Atchison

Wanda Drew

Kim Newlove

Phyllis Wilson

Monday
June 17, 2024
9:30 am

Spring

Golf Texas
scramble

GREENBRYRE
GOLF & COUNTRY CLUB

\$34.75 Walking
\$51.75 w/cart

To register email:
Janet: jlchrist@sasktel.net
or call: 306-934-6722



STS Walking Group - Time to Walk with a little Spring in your Step



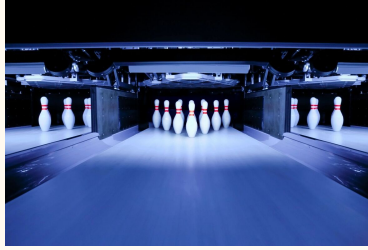
The STS Walking Group faithfully walks every Monday. Time to step right up to breathe the fresh spring air and enjoy a variety of walking paths and scenery around Saskatoon!

Date: Every Monday morning at 9:00 am

Where: Each week the group will meet at a pre-arranged location.

What: Loretta Metzger will make contact with pertinent information. Join in when available! If you are interested in walking with the motivated group, please contact Loretta Metzger at metzgerl@shaw.ca for further information.

The STS Saskatoon Chapter Facebook page also includes weekly updates for the walking group.



STRIKE! 5-Pin Bowling is done for the season.

Stay tuned for a new Bowling season update in the fall.

**For more information and to sign up for Chapter activities, please contact:
Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.**



Transportation to Chapter Events a Problem?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving for a period of time. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to STS.Saskatoon@gmail.com . You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Eileen @ 306-477-0989 or Judy @ 306-

Saskatoon Council on Aging (SCOA)

The Saskatoon Council on Aging (SCOA) continues to offer a number of interesting educational opportunities. It is an excellent organization that supports seniors and offers a wide variety of activities. For more information, check out scoa.ca. [CLICK HERE](#) There is also a **Coming of Age Publication** that you may wish to peruse. [[CLICK HERE](#)]

Prairie Hospice Society - Volunteer With Us

Volunteers needed.

The need in the community continues to grow, our current volunteers are providing many hours. Learn more by visiting the website:

www.prairiehospice.org [[CLICK HERE](#)], or contact:

@admin.assist@prairiehospice.org or phone 306-249-5554.

Prairie Hospice Society is a charitable, non-profit community organization working to ensure access to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

Additional STS Member Information

This information is included each month as we continuously have new members added to our contact list.

Never Miss an Event! Join the Saskatoon STS Chapter by becoming an Associate Member

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome any

superannuates from other STS chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events. **For more information click on the link <https://sts-saskatoon.ca/associate-membership> or contact Past President Eileen Deneiko at eileen.deneiko@sasktel.net .**

Important Group Benefit Reminder

A reminder to all STS members who have recently retired or are leaving another Group Benefit Plan of the sixty-day window to join the STS Group Benefits Plan—the Extended Health Plan including travel and/or the Dental Plan--without having to provide medical evidence of good health. It is possible to join later but you will be asked to provide medical evidence. This same sixty-day window also applies to the spouse of a deceased superannuate or of a deceased active teacher who is then able to become a member of STS and apply to join the STS Group Benefit Plan without having to provide medical evidence of good health.

The Voice

The Voice is a newsletter that is published three times in the STS 2023-2024 year.

To submit articles for consideration of inclusion or suggestions for topics of interest to our general membership, **please contact the editor, Darlene Danyliw: stsvoiceeditor@gmail.com or 306-249-4494.**

To change reading ***The Voice*** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net.** If your address has changed or will be changing, please inform Irma as soon as possible. Read ([THE VOICE ONLINE HERE](#))

The **STS Provincial Newsletter, [OUTREACH](#)**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter online as well.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Irma Kittelson are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is info@stssaskatoon.ca.

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S7J 2H8

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