



STS Saskatoon Chapter

FEBRUARY 2025

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2800 members and is the largest chapter in the organization.



FRIGID FEBRUARY

For those superannuates who are in Saskatoon for the winter, we can attest to a frigid February. Baby, it is cold outside!!! Those superannuates who are in warmer climates, may your days be filled with gratitude.

A huge thank you to everyone on the STS Saskatoon Chapter Executive who organizes events, presentations, and activities for the upcoming months.

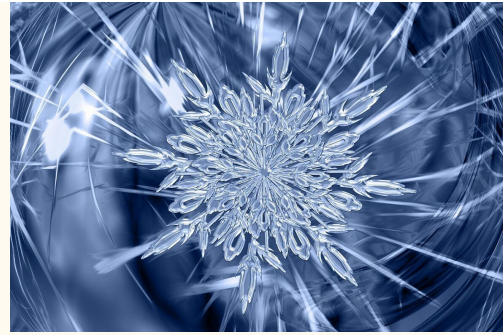
Be sure to update your 2025 calendar with any of the activities or events that may appeal to you.

Please peruse the email and focus on the information that is pertinent for you.

Please take time to visit:

The **STS Website** at <http://www.sts->

saskatoon.ca [CLICK HERE](#) It is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.



The **WINTER** issue of **The Voice** is available to read [CLICK HERE](#)

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH WINTER Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

The STS Saskatoon Chapter Executive 2024-2025



Back Row: Loretta Metzger, Rod Holowaty, Randy Danyliw, Diane Selby, Tom German, Margaret Martin
Middle Row: Darlene Danyliw, Jane Isinger, Corinne Morton, Carol Shanner, Zonia Krushelniski, Shirley Henderson, Freda Robinson, Gladys Somerville, Pat Orchard, Janet Lowndes, Donna McTavish, Peter Stroh
Front Row: Phyllis Wilson, Irma Kittelson, Kaye Wolfater, *Eileen Deneiko (Deceased November 10, 2024)*, Lyle Markowski, Stella Shulhan, Bonnie Semenoff, Linda Ashley, Janet Christ.
Missing: Barbara Alberton, Judy Pidskalny, Lois Pyne

The **STS Saskatoon Chapter Executive** is an active group of superannuated

teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter. If joining the STS Saskatoon Chapter Executive for 2025-2026 is something you would enjoy being a part of, **please reach out to any member of the Executive or contact Lyle Markowski, President, at 306-371-2761 or email lylemark@sasktel.net.**

KEEP US INFORMED

Keep your information current!

If your address, email address or phone number changes,

please be sure to contact the STS Office

at 306-373-3879 or email sts@sts.sk.ca when notifying people of the change.

FOR YOUR INFORMATION and PLANNING

ALL Chapter Members - Be sure to add these two dates to your 2025 calendar for the STS Chapter Meetings!

FRAUD Awareness Alert

Come on out for this informative presentation on Fraud Awareness.

STS Saskatoon Chapter Meeting

**Wednesday, February 19, 2025
1:30 pm
Eamer Auditorium**



SASKATOON —————
POLICE SERVICE
BE THE DIFFERENCE

**A member of the Saskatoon Police
Service will give a presentation on
FRAUD AWARENESS**

STS Saskatoon Chapter Meeting

Wednesday, March 19, 2025

1:30 pm

Eamer Auditorium



**UNIVERSITY OF
SASKATCHEWAN**

College of Education

Join University of Saskatchewan College of Education Dean Julia Paulson to hear an update about college activities, alumni events, and plans for 2027 Centennial Celebrations. Learn more about ways to engage with the College of Education and provide feedback on alumni activities.

IMM - Industrial Machine and Manufacturing Tour

Register soon with Janet Christ as there are a limited number of spaces.

****Upcoming Tour...**

IMM—Industrial Machine & Manufacturing
Tuesday, March 4, 2025

1:00 pm

A one hour tour of IMM, a world class custom manufacturer serving the global markets of Mining, Oil & Gas, Power Generation, Industrial, Agriculture, Recycling and OEM's.

Register with Janet Christ — jlchrist@sasktel.net



Sew Much Fun is Calling You!!!

January seemed to be 746 days long . . .and now February is just zipping by! Spring is just over a month away!! Time to start thinking about finishing up those winter projects and planning your spring ones!

Here's the latest from your Sew Much Fun Folks! We hope you'll be able to join us for one or more of these great days.

Just a reminder for the people new to our group:

-our days happen in the **Eamer Auditorium** at the STF Building on Arlington

-our days **begin at 9:00am**

-**lunch is flexible**bring your own, join others at a restaurant, go home and

walk your dog . . . your choice!

-please **email Wanda Drew at wandaldrew@gmail.com** to register for any/all days

-fees are **payable at the door**

-some people **come to a day or two a year, while others are there for pretty much all of our days** . . .again . . .we are flexible and the choice is yours!

Here's what your Sew Much Fun folks have in the works for the next few months ...

February 20: Personal Project Day

Bring along your current project and work amongst other creative thinkers for the day!

NOTE: For those planning to attend both February 20 and 21, we are hoping to be able to leave our equipment/supplies in the auditorium overnight. Wanda will let registrants know if/when this plan works out.

Fee: \$5 payable at the door



February 21: Freehand Curved Piecing with Dorothy Thomson

Here's your chance to learn something that might be totally new to you in quilting! Dorothy Thomson will teach us how to trust ourselves and create quilt samples that contain curves. The skills learned in this class will allow you to

continue playing with your samples until you have something larger – such as a quilt, a wall hanging, a feature for a tote bag, etc. (See Dorothy's photo for inspiration!)

Fee:\$ 25.00 payable at the door

March7: Personal Project Day

Let's get together and work on our own personal, creative projects while spending the day chatting with others. Heck! You could even go for lunch!

Fee: \$5.00 payable at the door

March 27: Personal Project Day

Another chance to bring along your own project while spending the day surrounded by laughter, friends and creativity!

Fee: \$5 payable at the door



March 28: Curvy Table Runner

Joan Payne from Hepburn (formerly seen regularly at 440 Quilts) will lead this day and help us all head home with a table runner featuring curvy lines. The ease of creating these curves will surprise you! What a great chance to create a spring table runner for your home or for a friend!

The photos attached are compliments of Joan and Teresa Styles.

Fee: \$25 payable at the door

We can't confirm these dates or classes quite yet, but the tentative dates for getting together are:

April 14 – Personal Project Day April 29

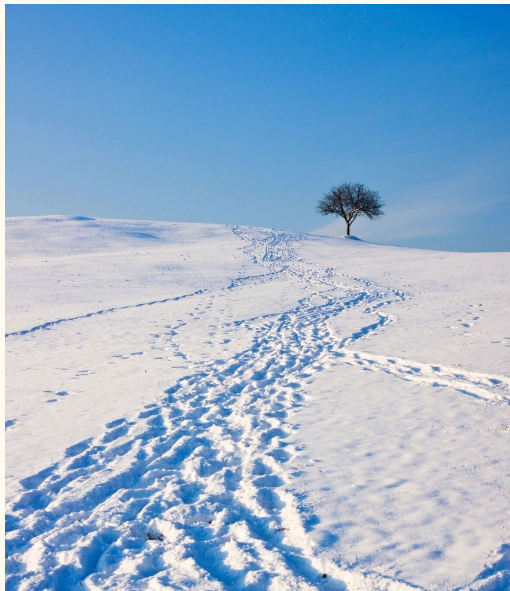
April 30

And that's it for now! Hope to see you at a Sew Much Fun day down the road. ☺

Your Sew Much Fun Planning Team,

Linda Ashley, Mary Lou Ast, Ann Atchison, Wanda Drew, Kim Newlove, Phyllis Wilson

STS Walking Group - Time to Listen to the Crunch of the Snow or If TOO Cold...Walking in the Mall



The STS Walking Group faithfully walks every Monday. Whether you are a regular or a first timer, enjoy coming out for a morning walk. Pick your pace and modify the length of your walk if needed.

****Date:** Every Monday morning at 9:00 am

Where: Each week the group will meet at a pre-arranged location.

What: Loretta Metzger will make contact with pertinent information. Join in when available! If you are interested in walking with the motivated group, please **contact Loretta Metzger at metzgerl@shaw.ca** for further information.

The STS Saskatoon Chapter Facebook page also includes weekly updates for the walking group.



STS / SENIORS

5 Pin Bowling League

Hunter's Eastview Bowl

2929 Louise St E

Who: Retired Teachers & Seniors

When: Tuesdays at 1:30 p.m.

Begins: Sep 3 — Dec 17, 2024

Resumes: Jan 7 — Apr 15, 2025



No Experience Necessary!

Contact Ace at Hunter's Eastview Bowl
(306-373-4333) ... to be put on a team.

The STS Saskatoon Travel Club has lots of great ideas for possible travel opportunities. You may wish to consider joining a Summer 2025 Bus Tour planned for July 11, 12 and 13 to Drumheller, Alberta to take in the Passion Play and a Dinner Theatre at Rosebud. A detailed email will be sent out in the near future.

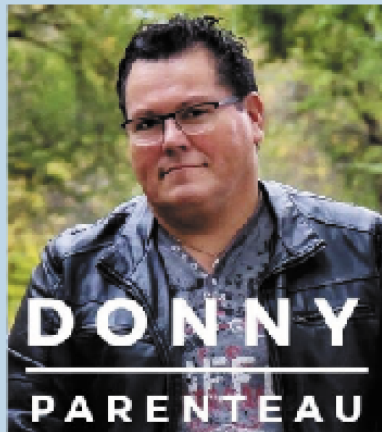
STS SASKATOON TRAVEL CLUB

Interested in travelling? Want to see and hear where some of our STS members have gone or where they are going? Check out the STS Saskatoon Travel Facebook Page...

Saskatoon STS Travel Club



STS Spring Social



Tuesday

April 15, 2025

7:00-10:00 pm

**Spadina Legion 606
Spadina Cr W**

**No cover charge, cash bar
STS MEMBERS, FRIENDS & FAMILY
WELCOME!!**

For more information and to sign up for Chapter activities, please contact: Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.

For Future Reference:

Buying a Ticket for an Event -

Here are your options!

Payment by cash, cheque or e-transfer using *saskatoonsts2022@gmail.com* are accepted.

Please do not send e-transfers directly to Judy's or Irma's cell number or email.

In the Message box, please include your name(s) and the name of the event you are purchasing tickets for.



Payment by Cheque?

If paying by cheque, make it payable to

Superannuated Teachers of SK Saskatoon Chapter

and mail it to Irma or Judy (please contact one of them for their mailing address).

TWO Health Plan Opportunities

Please review the information below on the Extended Health Plan and the Health Spending Account. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.



STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each starting in January, 2025**. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

Be Sure to Use the Health Spending Account on a Future Claim between January 1, 2025 and December 31, 2026!
Read the information below to KNOW your Health Spending Account (HSA)!

Know your HEALTH SPENDING ACCOUNT

As a result of a number of resolutions passed at the Annual General Meeting in May 2023, and given the current positive financial situation of the STS Group Benefits Plan, the Provincial Executive has authorized the implementation of a Health Spending Account (HSA) for members (Primary Plan Holders) of the Extended Health and/or Dental Plan to be utilized between January 1, 2025, and December 31, 2026.

A Health Spending Account allows individuals the flexibility to apply the allocated funds as they wish for any health expenses allowed by the Canada Revenue Agency (CRA) incurred between January 1, 2025 and December 31, 2026 which are not included in, or completely covered by, the STS Extended Health and Dental Plan. Please see the CRA website under Eligible Medical Expenses.



The allocations to the HSA are as follows:

- \$200 if the Primary Plan Holder has "Single" coverage
- \$400 if the Primary Plan Holder has "Couple" coverage
- \$460 if the Primary Plan Holder has "Family" coverage

These allocations may be used by anyone covered by the Plan Holder. The overall cost to the Plan, should the allocations be fully utilized, will be approximately \$2.9 million.



Visitation Outreach

An ounce of giving equals a pound of caring!

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner** at cshanner63@shaw.ca or 306-514-8415 or **Shirley Henderson** at rshenderson@sasktel.net or 306-374-5388 and contact will be arranged.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.



Transportation to Chapter Events a Problem?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving for a period of time. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to STS.Saskatoon@gmail.com . You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy @ 306-955-0026.

EMPLOYMENT and VOLUNTEER OPPORTUNITIES

Saskatoon Council on Aging (SCOA)

The Saskatoon Council on Aging (SCOA) continues to offer a number of interesting educational opportunities. It is an excellent organization that supports seniors and offers a wide variety of activities. For more information, check out scoa.ca. [CLICK HERE](#) There is also a **Coming of Age Publication** that you may wish to peruse. [[CLICK HERE](#)]

Prairie Hospice Society - Volunteer With Us

Prairie Hospice Society is a charitable, non-profit community organization working to ensure access** to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

Prairie Hospice is planning two volunteer intakes in the next six months.

The dates are:

Feb 12-26 and April 16-30th.

Prairie Hospice will also be hosting an **open house on Saturday March 29nd – 9:00 am to Noon – The Spot Market Mall to introduce our “hospice without walls” services** (rides to appointments, companionships and grief/bereavement support) and would love to extend a personal invite to STS members – not just for volunteering but to potentially extend support to others.

Please contact Mary-Anne Parker for further information.

**Mary-Anne Parker,
Quality Coordinator,
Prairie Hospice Society Inc.**

302-506 25th St. E., Saskatoon, SK. S7K 4A7

306.249.5554

www.prairiehospice.org

Additional STS Member Information

This information is included each month as we continuously have new members added to our contact list.

Never Miss an Event! Join the Saskatoon STS Chapter by becoming an Associate Member

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome any superannuates from other STS chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter. For more information [CLICK HERE](#).

Important Group Benefit Reminder

A reminder to all STS members who have recently retired or are leaving another Group Benefit Plan of the sixty-day window to join the STS Group Benefits Plan—the Extended Health Plan including travel and/or the Dental Plan--without having to provide medical evidence of good health. It is possible to join later but you will be asked to provide medical evidence. This same sixty-day window also applies to the spouse of a deceased superannuate or of a deceased active teacher who is then able to become a member of STS and apply to join the STS Group Benefit Plan without having to provide medical evidence of good health.

The Voice

The Voice is a newsletter that is published three times in the STS 2024-2025 year.

To submit articles for consideration of inclusion or suggestions for topics of interest to our general membership, **please contact the editor, Darlene Danyliw: stsvoiceeditor@gmail.com or 306-249-4494.**

To change reading ***The Voice***** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net. If your address has changed or will be changing, please inform Irma as soon as possible. Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter**, [OUTREACH](#), is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter online as well.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

*On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Irma Kittelson are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is **info@stssaskatoon.ca**.*

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