



STS Saskatoon Chapter

NOVEMBER 2025

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2900 members and is the largest Chapter in the organization.

We acknowledge that we are on Treaty 6 Territory and encompassing the land of the Cree, Dakota, Nakota, Saulteaux and the homeland of the Metis Nation. We are dedicated to ensuring that the spirit of Reconciliation and Treaty 6 are honoured and respected.



NOVEMBER

NOVEMBER is the month of Remembrance, Reflection, and Gratitude. As the days get shorter, it is a perfect time to take in some of our events and activities.

Please look through this email to find information that is pertinent for you.

Please take time to visit:

The **STS Website** at <http://www.sts-saskatoon.ca> **CLICK HERE** is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.

The **FALL issue of The Voice** is available to read [CLICK HERE](#)

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH FALL Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

Your STS Saskatoon Chapter Executive 2025-2026



Back Row: Kaye Wolfater, Darlene Danyliw, Peter Stroh, Barbara Alberton, Freda Robinson, Corinne Morton, Randy Danyliw, Shirley Henderson, Jane Isinger, Zonia Krushelniski, Pat Orchard, Gladys Somerville, Karen Cymbalisty, Janet Christ, Tom German.
Front Row: Judy Pidskalny, Irma Kittelson, Lyle Markowski, Janet Lowndes, Bonnie Semenoff, Phyllis Wilson, Linda Ashley, Stella Shulhan, Rod Holowaty.
Missing: Linda Kindrachuk, Margaret Martin, Loretta Metzger, Diane Selby, and Carol Shanner.

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter.

If joining the **STS Saskatoon Chapter Executive** in the future is something you might be interested in, please reach out to Janet Lowndes, President, text 306-291-4495 or email janet.lowndes@gmail.com.

IMPORTANT: KEEP YOUR INFORMATION CURRENT!

If you change your address, email address or phone number,
please contact the STS Office at 306-373-3879 or email sts@sts.sk.ca.

Events & Activities

**STS SASKATOON CHAPTER
WALKING GROUP**
We're always walking somewhere...
Join our motivated walking group.



Monday Mornings — 9:00 a.m.
For more information contact
Loretta Metzger at metzgerl@shaw.ca

Sew Much Fun season is here!



November 13 – Christmas Angels and Gnomes, Oh My! With Loretta Metzger

Fee \$25.00

Loretta Metzger has kindly offered to show us how to make cute little angels and gnomes for Christmas decorations or gift bag features. All the materials needed for these crafts will be provided at the class for a small fee (it won't be much!).

Note:

There will be room set aside for personal project work, too (\$5.00)

November 21 – Personal Projects and Sewing Day

Fee: \$5.00

Time is a ticking! You better come on out and use this day to finish up (or get started on!) your Christmas projects!

Remember to register for all classes and sewing days by emailing **Wanda Drew** at [**wandaldrew@gmail.com**](mailto:wandaldrew@gmail.com)._

Your Sew Much Fun Planning Team,

Linda Ashley, Mary Lou Ast, Ann Atchison, Wanda Drew, Kim Newlove, Phyllis Wilson



**Santa's checking the Christmas Banquet list.
Please arrange to pick up ** your tickets.**



SOLD OUT

If you were one of the lucky 300 who got a ticket, please be aware. Most of the tickets were sold by e-transfer, for pick up at the door.



Saskatoon Chapter

Wednesday, December 10, 2025

10:30 a.m. Craft Sale & Social

12:15 p.m. Buffet Meal

Western Development Museum

\$25 Name on reverse for door prizes
Scent free, please!

To avoid a long line up ...

YOU WOULD BE VERY WISE
TO MAKE ARRANGEMENTS
TO PICK UP YOUR TICKETS
BEFORE DECEMBER 10.

NOV 19 - City Archivist @ Chapter mtg
Eamer Auditorium - STF Bldg
1:30-3 p.m.

from Irma Kittelson at home
1825 McKercher Drive phone first please
306-221-4513. 306-934-0881

STS SASKATOON TRAVEL CLUB

STS Saskatoon Chapter

March 2026 – Spain Long Stay Meeting

November 12, 2025 at 10:00 – 12:00

McDowell Room A – TCU Financial Building

2311 Arlington Ave.

If this trip interests you, please attend the meeting or contact Loretta (metzgerl@shaw.ca) if you cannot attend. We can join the already scheduled group or maybe have our own group.

Thanks for your interest. Hope to see you on the 12th.
Loretta

MORE HOLIDAY DREAMS WITH

Uniglobe.

Carefree Travel Group



It's time to dream, discover & plan your next adventure! 

Join the Superannuated Teachers group for a fun afternoon hosted by Judy Ostrander & Leslie from Globus Family of Brands.

✦ Get inspired with:

✦ Globus Tours – guided vacations filled with culture & history

✦ Globus Escapes – off-season adventures at incredible value

✦ Avalon Waterways – river cruising in luxury & comfort

 17 When: Wednesday, November 13th, 2025

 Time: 1:30 PM – 3:00 PM

 Where: 844 51st St #7, Saskatoon, SK S7K 5C7

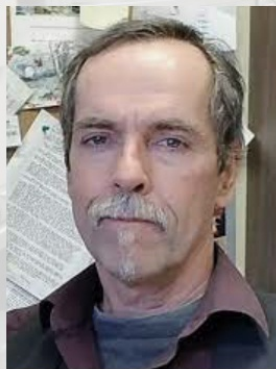
CLICK HERE to see the STS Saskatoon Travel Club Facebook page.

SASKATOON CHAPTER EVENT

Wednesday, November 19, 2025

1:30 pm

STF Building - Eamer Auditorium



***J. Jeffrey O'Brien, MAS
Saskatoon City Archivist***

will be our guest speaker. He will highlight historical events from various eras that took place in Saskatoon.



To top off the Chapter Event,

"Build Your Own Sundae"

will be a complimentary treat!!!

Like to Bowl?

STS/Senior55+ Bowling League

Bowl Tuesdays 1:30 pm

Call Eastview Bowl, 306-373-4333

to join a team.



If you have ideas for tours, outings or activities, please contact Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.



CHAPTER OUTREACH

An ounce of giving equals a pound of caring!

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner** at cshanner63@shaw.ca or **306-514-8415** or **Shirley Henderson** at rshenderson@sasktel.net or **306-374-5388** and contact will be arranged.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.

STS Diaries, Bookmarks and Directories

If you would like a STS Diary (mini purse-sized calendar), Bookmark or Directory please contact Janet Lowndes, by email, janet.lowndes@gmail.com or text 306-291-4495.

We have TWO (2) Health Plan Opportunities

Please review the information below on the Health Spending Account and the Extended Health Plan. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.

IMPORTANT INFORMATION HEALTH SPENDING ACCOUNT (HSA)

Any expense incurred in 2025 must be claimed through the HSA by the end of 2025 – this expense cannot be submitted after that, even though the HSA does go until December 31, 2026.

All STS Group Benefit Plan members (Primary Plan Holders) that enrolled in the Plan prior to January 1, 2025 have a Health Spending Account–\$200 if you have “Single” coverage, \$400 if you have “Couple” coverage, and \$460 if you have “Family” coverage. **This amount must be utilized before December 31, 2026. These allocations may be used by anyone covered by the Plan Holder and used for any health expenses allowed by Canada Revenue Agency (CRA) which are not included in, or completely covered by, the STS Extended Health and Dental Plan.**

What if I don't use my HSA in 2025? Health Spending Account funds remaining after the first year (2025) will be carried into the next calendar year to be utilized between January 1, 2026, and December 31, 2026.

Should you not have medical expenses, it is possible to use the HSA for reimbursement of premiums paid. If you wish to go that route, please contact the STS office (306-373-3879 or sts@sts.sk.ca). The office will provide a statement of premiums which would then be submitted to Saskatchewan Blue Cross. You do not need to wait until the annual premium statement is mailed out in January.

If you have any questions about your HSA coverage or the STS Group Benefit Plans (Extended Health and/or Dental), please contact the STS Office by email sts@sts.sk.ca or by telephone 306-373-3879.



STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for**

your spouse if you are paying premiums for a couple – and it is an annual amount, **so you have \$500 each starting in January, 2025.** Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

Saskatoon Council on Aging (SCOA)

The Saskatoon Council on Aging (SCOA) offers a number of interesting opportunities and activities supporting seniors. For more information, check out scoa.ca. [CLICK HERE](#) There is also a **Coming of Age Publication** that you may wish to peruse. [[CLICK HERE](#)]

EMPLOYMENT and VOLUNTEER OPPORTUNITIES



The Women's Auxiliary to the Western Development Museum (WDM) — Saskatoon is a volunteer group that partners with the WDM to celebrate, practice, and preserve the many crafts and skills used by those in Saskatchewan's past. Through demonstrations to the public and weekly group crafting sessions, we strive to share what we know with those around us. We work with donated fabric, yarns and craft supplies to produce hand-made items which we then sell in our Parlour on Boomtown Street. Why not Join Us? Email us at wa.saskatoon@gmail.com.

Prairie Hospice Society - Volunteer With Us

Prairie Hospice Society is a charitable, non-profit community organization working to ensure access** to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the

community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

Please contact Mary-Anne Parker for further information.

**Mary-Anne Parker,
Quality Coordinator,
Prairie Hospice Society Inc.
302-506 25th St. E., Saskatoon, SK. S7K 4A7
306.249.5554
www.prairiehospice.org**



Transportation to Chapter Events a Problem?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving for a period of time. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to STS.Saskatoon@gmail.com . You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy @ 306-955-0026.



Additional STS Member Information

This information is included each month as we continuously add new members to our contact list.

Never Miss an Event! Join the Saskatoon STS Chapter by becoming an Associate Member

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome any superannuates from other STS chapters to consider becoming an associate member with the Saskatoon Chapter. **An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

A reminder to all STS members who have recently retired or are leaving another Group Benefit Plan of the sixty-day window to join the STS Group Benefits Plan—the Extended Health Plan including travel and/or the Dental Plan--without having to provide medical evidence of good health. It is possible to join later but you will be asked to provide medical evidence. This same sixty-day window also applies to the spouse of a deceased superannuate or of a deceased active teacher who is then able to become a member of STS and apply to join the STS Group Benefit Plan without having to provide medical evidence of good health.

THE Voice

The Voice is a newsletter that is currently published three times in the 2025-2026 year. Please note that *The Voice* will produce two editions in 2026-2027. To submit articles for consideration or if you have suggestions for topics of interest to our general membership, **please contact the editor, Darlene Danyliw: stsvoiceeditor@gmail.com or 306-249-4494.**

To change reading **The Voice** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net.** If your address has changed or will be changing, please inform Irma as soon as possible.

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter, [OUTREACH](#)**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter online as well.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

*On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Darlene Danyliw are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is **info@stssaskatoon.ca**.*

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S7J 2H8

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