



STS Saskatoon Chapter

JUNE 2025

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2800 members and is the largest chapter in the organization.



The Joys of June

The month of June in the eyes of an educator, reflects a time of celebration for successes and a time for closure. And then it is time to take a well-deserved summer holiday. Many of our new superannuates are now viewing retirement through a

new lens. May you find many joys throughout the summer months - family time, long walks, good books, barbecues, and safe travels. Don't forget to jump for joy!

Please peruse the email and focus on the information that is pertinent for you.

Please take time to visit:

The **STS Website** at <http://www.sts-saskatoon.ca> [CLICK HERE](#) is a quick way to check out planned activities, acquire forms, become



more familiar with membership benefits, and read **The Voice**.

The **SPRING issue of The Voice** is available to read [CLICK HERE](#)

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH SPRING Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

The STS Saskatoon Chapter Executive 2024-2025

A huge thank you is extended to the 2024-2025 STS Saskatoon Chapter Executive. Each member brings various strengths to the Executive: to planning events, tours and socials, to communicating with members through The Voice, the website and emails, to reaching out to members through sending handmade cards and personal visitations or phone calls, to advocating for all members through preparing resolutions, to arranging guest speakers and providing food for chapter events, to keeping the finances in order, to greeting members and guests at functions, to preparing the Directory and keeping the Archives up to date, to recognizing members for long service, to being a liaison with the STS Provincial Executive, to keeping minutes of the monthly meetings and finally to displaying leadership to the STS Executive and the STS Saskatoon Chapters.

Farewell to Donna McTavish and Lois Pyne who will be leaving the STS Executive. Your years of service have been greatly appreciated.



Back Row: Loretta Metzger, Rod Holowaty, Randy Danyliw, Diane Selby, Tom German, Margaret Martin
Middle Row: Darlene Danyliw, Jane Isinger, Corinne Morton, Carol Shanner, Zonia Krushelniski, Shirley Henderson, Freda Robinson, Gladys Somerville, Pat Orchard, Janet Lowndes, Donna McTavish, Peter Stroh
Front Row: Phyllis Wilson, Irma Kittelson, Kaye Wolfater, *Eileen Deneiko (Deceased November 10, 2024)*, Lyle Markowski, Stella Shulhan, Bonnie Semenoff, Linda Ashley, Janet Christ.
Missing: Barbara Alberton, Judy Pidskalny, Lois Pyne

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter.

If joining the STS Saskatoon Chapter Executive for 2025-2026 is something you would enjoy being a part of,

please reach out to any member of the Executive or contact Janet Lowndes, President, at 306-291-4495 or email janet.lowndes@gmail.com.

KEEP US INFORMED

Keep your information current!

If your address, email address or phone number changes,
please be sure to contact the STS Office
 at 306-373-3879 or email sts@sts.sk.ca when notifying people of the change.

FOR YOUR INFORMATION and PLANNING



Stay tuned for updates for Fall Activities as they are planned.

Good luck to all the golfers who will be taking part in the Texas Scramble at the Greenbryre Golf and Country Club.

Spring

Tuesday
June 17, 2025
9:30 am

Golf Texas
scramble

GREENBRYRE
GOLF & COUNTRY CLUB

\$37.50 Walking
\$64.50 w/cart

To register email:
Janet: jlchrist@sasktel.net
or call: 306-934-6722



Sew Much Fun was So Much Fun!

Stay tuned for the upcoming schedule for the fall.

Your Sew Much Fun Planning Team,

*Linda Ashley, Mary Lou Ast, Ann Atchison, Wanda Drew, Kim Newlove,
Phyllis Wilson*

STS Walking Group -

Walkin' on Sunshine - and Don't It Feel Good!



The STS Walking Group faithfully walks every Monday, even through the summer months. Whether you are a regular or a first timer, enjoy coming out for a morning walk. Pick your pace and modify the length of your walk if needed.

****Date:** Every Monday morning at 9:00 am

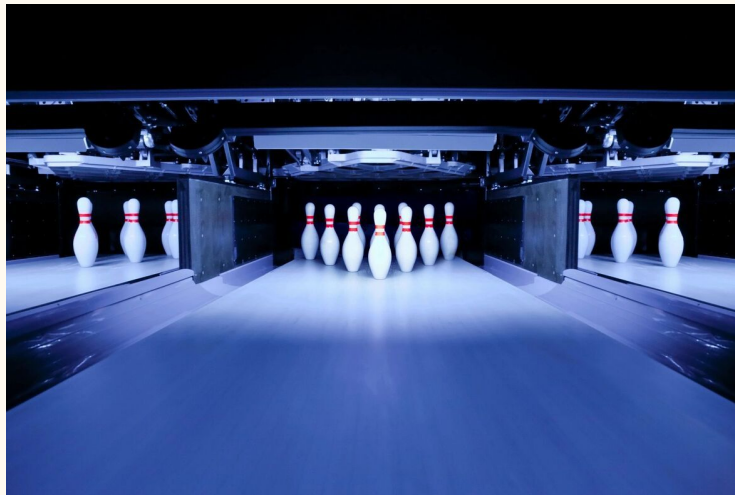
Where: Each week the group will meet at a pre-arranged location.

What: Loretta Metzger will make contact with pertinent information. Join in when available! If you are interested in walking with the motivated group, please

contact Loretta Metzger at metzgerl@shaw.ca for further information.
The STS Saskatoon Chapter Facebook page also includes weekly updates for the walking group.

To All The Bowlers

Bowling Season has Come to an End



The lanes are now silent for the STS Bowlers but don't let that stop you from planning time to go to the lanes, play some games and cheer, **"STRIKE!"**

Got the Travel Itch...

STS Saskatoon Travel Club



The STS Saskatoon Travel Club has lots of great ideas for possible travel opportunities. The summer 2025 Bus Tour planned for July 11, 12 and 13 to Drumheller, Alberta to take in the Passion Play and a Dinner Theatre at Rosebud has a group of 30+ excited passengers looking forward to this special outing. Thanks to Loretta Metzger for organizing this tour.

CLICK HERE for the link to the Saskatoon STS Travel Club.

STS SASKATOON TRAVEL CLUB

Interested in travelling? Want to see and hear where some of our STS members have gone or where they are going? Check out the STS Saskatoon Travel Facebook Page...

Saskatoon STS Travel Club



Visitation Outreach

An ounce of giving equals a pound of caring!

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner** at cshanner63@shaw.ca or **306-514-8415** or **Shirley Henderson** at rshenderson@sasktel.net or **306-374-5388** and contact will be arranged.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.



If you have any ideas for possible tours, outings or activities, please contact: Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.

Don't Forget to check out these TWO Health Plan Opportunities

Please review the information below on the Extended Health Plan and the Health Spending Account. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.



STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each starting in January, 2025**. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%.

If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.

Be Sure to Use the Health Spending Account on a Future Claim between January 1, 2025 and December 31, 2026!
Read the information below to KNOW your Health Spending Account (HSA)!

Know your HEALTH SPENDING ACCOUNT

As a result of a number of resolutions passed at the Annual General Meeting in May 2023, and given the current positive financial situation of the STS Group Benefits Plan, the Provincial Executive has authorized the implementation of a Health Spending Account (HSA) for members (Primary Plan Holders) of the Extended Health and/or Dental Plan to be utilized between January 1, 2025, and December 31, 2026.

A Health Spending Account allows individuals the flexibility to apply the allocated funds as they wish for any health expenses allowed by the Canada Revenue Agency (CRA) incurred between January 1, 2025 and December 31, 2026 which are not included in, or completely covered by, the STS Extended Health and Dental Plan. Please see the CRA website under Eligible Medical Expenses.



The allocations to the HSA are as follows:

- \$200 if the Primary Plan Holder has "Single" coverage
- \$400 if the Primary Plan Holder has "Couple" coverage
- \$460 if the Primary Plan Holder has "Family" coverage

These allocations may be used by anyone covered by the Plan Holder. The overall cost to the Plan, should the allocations be fully utilized, will be approximately \$2.9 million.



Transportation to Chapter Events a Problem?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving for a period of time. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be

dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to STS.Saskatoon@gmail.com . You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy @ 306-955-0026.

EMPLOYMENT and VOLUNTEER OPPORTUNITIES

Saskatoon Council on Aging (SCOA)

The Saskatoon Council on Aging (SCOA) continues to offer a number of interesting educational opportunities. It is an excellent organization that supports seniors and offers a wide variety of activities. For more information, check out scoa.ca. [CLICK HERE](#) There is also a **Coming of Age Publication** that you may wish to peruse. [[CLICK HERE](#)]

Prairie Hospice Society - Volunteer With Us

Prairie Hospice Society is a charitable, non-profit community organization working to ensure access** to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

Please contact Mary-Anne Parker for further information.

**Mary-Anne Parker,
Quality Coordinator,
Prairie Hospice Society Inc.
302-506 25th St. E., Saskatoon, SK. S7K 4A7
306.249.5554
www.prairiehospice.org**



Additional STS Member Information

This information is included each month as we continuously have new members added to our contact list.

Never Miss an Event! Join the Saskatoon STS Chapter by becoming an Associate Member

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome any superannuates from other STS chapters to consider becoming an associate member with the Saskatoon Chapter. **An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

A reminder to all STS members who have recently retired or are leaving another Group Benefit Plan of the sixty-day window to join the STS Group Benefits Plan—the Extended Health Plan including travel and/or the Dental Plan--without having to provide medical evidence of good health. It is possible to join later but you will be asked to provide medical evidence. This same sixty-day window also applies to the spouse of a deceased superannuate or of a deceased active teacher who is then able to become a member of STS and apply to join the STS Group Benefit Plan without having to provide medical evidence of good health.

The Voice

The Voice is a newsletter that is published three times in the STS 2024-2025 year.

To submit articles for consideration of inclusion or suggestions for topics of interest to our general membership, **please contact the editor, Darlene Danyliw: stsvoiceeditor@gmail.com or 306-249-4494.**

To change reading **The Voice** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net.** If your address has changed or will be changing, please inform Irma as soon as possible.

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter, [OUTREACH](#)**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter online as well.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

*On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Irma Kittelson are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is **info@stssaskatoon.ca**.*

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