



STS Saskatoon Chapter

APRIL 2026

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2900 members and is the largest Chapter in the organization.

We acknowledge that we are on Treaty 6 Territory and encompassing the land of the Cree, Dakota, Nakota, Saulteaux and the homeland of the Metis Nation. We are dedicated to ensuring that the spirit of Reconciliation and Treaty 6 are honoured and respected.

April 2026

April comes with rain (at least we hope the snow has ended) and reminds us that even the smallest beginnings can bloom into something beautiful.



Now is the time to look at
the activities planned by
our Saskatoon Chapter.



Your 2025-2026 STS Saskatoon Chapter Executive



Back Row: Kaye Wolfater, Darlene Danyliw, Peter Stroh, Barbara Alberton, Freda Robinson, Corinne Morton, Randy Danyliw, Shirley Henderson, Jane Isinger, Zonia Krushelniski, Pat Orchard, Gladys Somerville, Karen Cymbalisky, Janet Christ, Tom German.
Front Row: Judy Pidskalny, Irma Kittelson, Lyle Markowski, Janet Lowndes, Bonnie Semenov, Phyllis Wilson, Linda Ashley, Stella Shulhan, Rod Holowaty.
Missing: Linda Kindrachuk, Margaret Martin, Loretta Metzger, Diane Selby, and Carol Shanner.

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter. Several members of our Executive are retiring and need new members to fill their shoes.

If joining the STS Saskatoon Chapter Executive in the future is something you might be interested in, please reach out to Janet Lowndes, President, text 306-291-4495 or email janet.lowndes@gmail.com.



Love to Walk?

Join the

Saskatoon Chapter Walking Club

Walks leave Mondays at 9:00 a.m.

Our Monthly Start Points will be:

April - Crocus Prairie off Central Ave.

May - the stairs by the river in Diefenbaker Park off St Henry St.

June - Stonebridge north side of Circle Alliance Church off Preston Ave.

July - Lakewood dog park off Boychuk on Slimmon Rd.

August - the Weir off Spadina Cres.

For more information contact:

Loretta Metzger – metzgerl@shaw.ca



STS Spring Social



featuring

Kris Klyne

**Wednesday
April 15, 2026
7:00-10:00 pm**

Spadina Legion - 606 Spadina Cr W
No cover charge, cash bar
STS MEMBERS, FRIENDS & FAMILY WELCOME!!

Coming in May...

*Sew Much Fun
Pencil in these dates...*



May 14, 15, & 27

Plans are still being made for May.

STS Chapter Event

May 20, 2026

Eamer Auditorium, STF Building

1:30 pm

Katrina German, Ethical Digital

Join International Award-winning entrepreneur, Katrina German, as she walks us through the positive and negative implications of AI in our daily lives.

Discussion Topic:

AI is changing our world. What are the ethical questions that we should be considering? How can AI make your life easier?



Looking at June...



Tickets will be available...

For the June Luncheon

**At the Spring Social,
April 15, 2026
(\$25 per person)**

For more information contact:

Irma - 306-934-0881 or email

ijkitt@sasktel.net

Judy - 306-955-0026 or email

pidskalnyj@gmail.com



Important Ticket Information

Beginning June 2026 and for all banquets going forward...

Anyone purchasing tickets *in person*, will receive a *printed numbered* ticket(s).

If purchasing tickets by **e-transfer**, you will receive a confirmation email with a *photo of a ticket*.

Assigned Table #s will be posted on charts near the banquet hall entrance. **There will be no ticket collection at the door, thus no line ups.** Reception hosts will be

available to give seating information.

TICKET SALES...

For the June 10th June Luncheon (\$25)
Begin at the Spring Social, April 15, 2026.
Sales end Jun 2.

For the Sep 16th Welcome Brunch (\$20)
Begin at the June Luncheon, June 10,
2026. Sales end Sep 8.

For the Dec 9th Christmas Banquet (\$25)
Begin at the end of the Welcome Brunch,
Sep 15, 2026. Sales end Dec 1 or when
sold out.

Buying tickets ...
or Registering for an activity...

eTransfer

Pay for tickets using e-transfer; send to:
saskatoonsts2022@gmail.com

Please include **your name(s), email address,**
and the name of the event you are registering/
purchasing tickets for in the Message Box.

***** Please DO NOT send e-transfers to
Judy's or Irma's email or cell number.*****

STS SASKATOON CHAPTER
June Texas Scramble
Tuesday, June 16



STS Saskatoon Chapter...one day bus trip

Thursday, June 25, 2026



+ Riverview Colony



Cost: \$40

Maximum number of participants = 30
To register email Janet, jlchrist@sasktel.net or
call 306-934-6722

Leaving at 8:30 AM from Lawson Heights Mall;
return around 4:00PM

***Coolers will be available to keep your purchases cool.*

To register for the Texas Scramble or the Bus Trip, email Janet Christ, jlchrist@sasktel.net or call 306-934-6722.



If you have ideas for tours, outings or activities, please contact Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.

STS SASKATOON TRAVEL CLUB

CLICK HERE to see the STS Saskatoon Travel Club Facebook page.

STS Explore Local

Another travel opportunity...*STS Explore Local* is a "private" Facebook Group open to members of Superannuated Teachers of Saskatchewan. We find activities and then members get together for short trips throughout Saskatchewan. Members should be prepared to help plan trips, provide ideas and actively engage in all aspects to the best of their ability. It is set up so any member can get an idea for a trip and post it on this Facebook page. People could get then get together and organize a trip. Last summer many went to the Bruno Cherry Festival; another time a group attended the play, Stag 'n Doe in Rosthern. Over this festive season, Christmas markets have been featured. Note to be a member, you must be given "permission" to be part of the group. **Open your Facebook page..then search for STS Explore Local.**

KEEP YOUR INFORMATION CURRENT!

If you change your address, email address or phone number, please contact the **STS Provincial Office** at 306-373-3879 or email sts@sts.sk.ca.

Need to contact the Provincial STS Office [CLICK HERE](#)

STAY IN THE KNOW! Find a wealth of information - something for everyone! Please peruse through the various links for information that is pertinent for you.

Please take time to visit:

The **STS Saskatoon Chapter Website** at <http://www.sts-saskatoon.ca> [CLICK HERE](#) is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.

The Spring issue of The Voice will be available later in April. **WINTER issue of The Voice** is available to read and shows many upcoming events. [CLICK HERE](#).

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH SPRING Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

CHAPTER



OUTREACH

Visits and phone calls can be a source of support, comfort, and a way to stay connected with others...



If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner at cshanner63@shaw.ca or 306-514-8415.**

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.



We have TWO (2) Health Plan Opportunities

Please review the information below on the Health Spending Account (HSA) and the Extended Health Plan. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.

Your HEALTH SPENDING ACCOUNT – a Priority to Use!

Your Health Spending Account runs until December 31.

HEALTH SPENDING ACCOUNT (HSA)

All STS Group Benefit Plan members (Primary Plan Holders) that enrolled in the Plan prior to January 1, 2025 have a Health Spending

enrolled in the Plan prior to January 1, 2025 have a Health Spending Account--\$200 if you have "Single" coverage, \$400 if you have "Couple" coverage, and \$460 if you have "Family" coverage. **This amount must be utilized before December 31, 2026. These allocations may be used by anyone covered by the Plan Holder and used for any health expenses allowed by Canada Revenue Agency (CRA) which are not included in, or completely covered by, the STS Extended Health and Dental Plan.**

What if I didn't use my HSA in 2025? Health Spending Account funds remaining after the first year (2025) will be carried into the next calendar year to be utilized between January 1, 2026, and December 31, 2026.

Should you not have medical expenses, it is possible to use the HSA for reimbursement of premiums paid. If you wish to go that route, please contact the STS office (306-373-3879 or sts@sts.sk.ca). The office will provide a statement of premiums which would then be submitted to Saskatchewan Blue Cross. You do not need to wait until the annual premium statement is mailed out in January.

If you have any questions about your HSA coverage or the STS Group Benefit Plans (Extended Health and/or Dental), please contact the STS Office by email sts@sts.sk.ca or by telephone 306-373-3879.

STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each.** Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

VOLUNTEER OPPORTUNITIES

**Prairie Hospice Society -
Volunteer With Us**





Prairie Hospice Society is a charitable, non-profit community organization working to ensure access** to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

Please contact Mary-Anne Parker for further information.

We'd love to have you on our team

**Mary-Anne Parker,
Quality Coordinator,
Prairie Hospice Society Inc.
302-506 25th St. E., Saskatoon, SK. S7K 4A7
306.249.5554
www.prairiehospice.org**



Need Transportation to a Chapter Event?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events. We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to**

STS.Saskatoon@gmail.com. You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy @ 306-955-0026.



This information is included as we continuously add new members to our contact list.

Join the Saskatoon STS Chapter by becoming an Associate Member.

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome superannuates **from other STS Chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

To all STS members who have *recently retired or are leaving another Group Benefit Plan* - there is a 60-day window to join the STS Group Benefits Plan — the Extended Health Plan including travel and/or the Dental Plan--*without having to provide medical evidence of good health*. It is possible to join later but you will be asked to provide medical evidence. **This same 60-day window applies to a spouse of a deceased**

superannuate or of a deceased active teacher, who must apply to become a member of STS and join the STS Group Benefit Plan without having to provide medical evidence of good health.

JUST IN CASE you have missed taking time to check out lots of great information...you are just a CLICK away!

The Voice is a newsletter that is **currently published three times in the 2025-2026 year**. Please note that The Voice **will produce two editions in 2026-2027**.

To change reading ***The Voice*** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net.**

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter, [OUTREACH](#)**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

You can see photos of past events on [Facebook](#) or our Chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Darlene Danyliw are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is info@stssaskatoon.ca.