

STS Saskatoon Chapter

JULY 2026



The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2900 members and is the largest Chapter in the organization.

We acknowledge that we are on Treaty 6 Territory and encompassing the land of the Cree, Dakota, Nakota, Saulteaux and the homeland of the Metis Nation. We are dedicated to ensuring that the spirit of Reconciliation and Treaty 6 are honoured and respected.



July Adventures

The summer months are a time to wind down, enjoy the warmer temperatures, take in some of the festivals and diverse activities around the city or take a summer drive to check out a new hot spot around the province. It can truly be a time to seek out new adventures.

As for the STS Saskatoon Chapter, we are taking time to enjoy the hazy lazy days of summer!

One activity that stays active all year round is the Saskatoon Chapter Walking Group...step right up and join in on a whim or become a regular!

Love to Walk?

Join the

Saskatoon Chapter Walking Club

Walks leave Mondays at 9:00 a.m.

Our Monthly Start Points will be:

July - Lakewood dog park off Boychuk on
Slimmon Rd.

August - the Weir off Spadina Cres.

For more information contact:

Loretta Metzger – metzgerl@shaw.ca



Activities coming in September

Fall Golf - Texas Scramble

Brunch with the Bunch



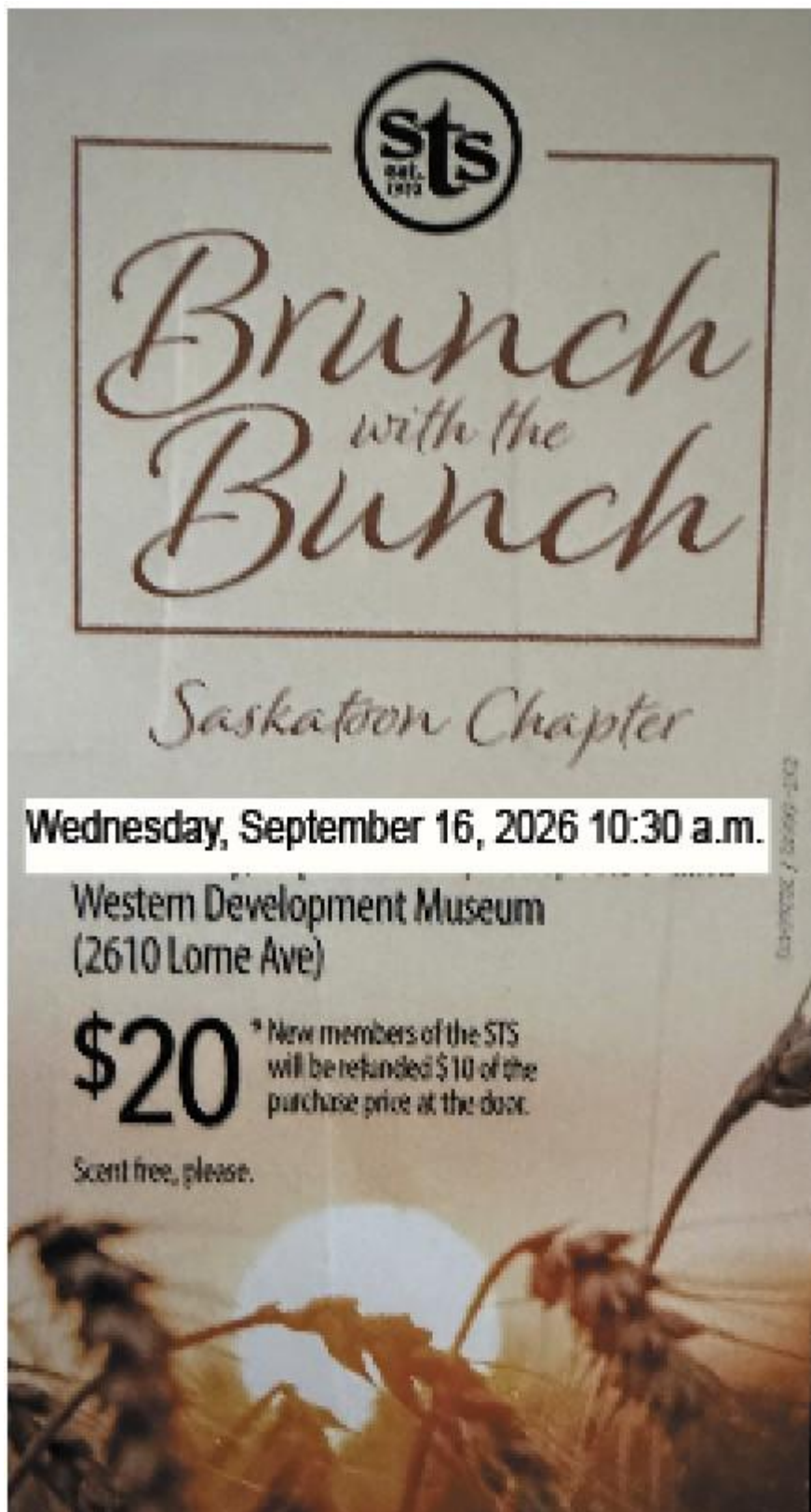
ENTER AS AN INDIVIDUAL OR AS A TEAM. There is always room for a few more golfers. It is always a GREAT TIME!

**Register for the Fall Texas Scramble email
Janet Christ, jlchrist@sasktel.net or call
306934-6722.**

**Brunch with the Bunch
Wednesday, September 16
(Sales end September 8)**

**WOW! Tickets for Brunch with the Bunch are
available NOW!...**

**Purchase your Brunch tickets by e-transfer:
saskatoonsts2022@gmail.com**



Please
include
your

**name(s), email address, and the name of the event in the
Message Box.**

Buying tickets ...

or Registering for an activity...

eTransfer

Pay for tickets using e-transfer; send to:
saskatoonsts2022@gmail.com

Please include **your name(s), email address,**
and the name of the event you are registering/
purchasing tickets for in the Message Box.

***** Please DO NOT send e-transfers to
Judy's or Irma's email or cell number.*****

STS Saskatoon Executive

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter.

2026-2027 STS Saskatoon Chapter Executive



Back Row: Randy Danyliw, Diane Selby, Tom German, Peter Stroh, Lyle Markowski
Row 2: Margaret Martin, Freda Robinson, Barbara Alberton, Brenda Croft, Pat Orchard, Gladys Somerville,
Zonia Krushelniski, Karen Cymbalisty, Janet Christ, Judy Pidskalny, Linda Ashley
Front Row: Irma Kittleson, Darlene Danyliw, Kaye Wolfater, Lyn Carduner, Bonnie Semenoff, Janet Lowndes,
Phyllis Wilson, Shirley Henderson, Rod Holowaty, Jane Isinger, Loretta Metzger
Missing: Carol Shanner

Two new members have joined the 2026-2027 STS Saskatoon Chapter Executive: Hospitality—Lyn Carduner & Archives—Brenda Croft.

Jane Isinger and Bonnie Semenoff are on the 2026-2027
STS Provincial Executive.



College of Education Centennial Anniversary

In 2027, the College of Education will mark its 100th anniversary through celebration, engagement, and storytelling.

College of Education Alumni Story Submissions

As we celebrate 100 years of the College of Education, we invite you to share a reflection, memory, or story from your time as a student or throughout your career in education. Please share a meaningful moment from your studies, an experience that shaped your teaching, or a personal or professional update you would like to share with the College community.

Share your stories, memories, career milestones, achievements, and life updates since you graduated (300word limit) on the submission website:

<https://education.usask.ca/centennial/alumni-storysubmissions.php>

STS Explore Local

Another travel opportunity...*STS Explore Local* is a "private" Facebook Group open to members of Superannuated Teachers of Saskatchewan. We find activities and then members get together for short trips throughout Saskatchewan. Members should be prepared to help plan trips, provide ideas and actively engage in all aspects to the best of their ability. It is set up so any member can get an idea for a trip and post it on this Facebook page. People can then get together and organize a trip. Last summer many went to the Bruno Cherry Festival; another time a group attended the play, Stag 'n Doe in Rosthern. Over this festive season, Christmas markets have been featured. Note to be a member, you must be given "permission" to be part of the group. **Open your Facebook page..then search for STS Explore Local.**



CHAPTER OUTREACH

Visits and phone calls can be a source of support, comfort, and a way to stay connected with others...

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shutin, please contact **Carol Shanner** at cshanner63@shaw.ca or **306-514-8415**.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.

KEEP YOUR INFORMATION CURRENT!

If you change your address, email address or phone number,
please contact the **STS Provincial Office** at 306-373-3879
or email sts@sts.sk.ca.



We have TWO (2) Health Plan Opportunities

Please review the information below on the Health Spending Account (HSA) and the Extended Health Plan. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.

Your HEALTH SPENDING ACCOUNT— A Priority to Use!

Your Health Spending Account runs until December 31.

STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each**. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

HEALTH SPENDING ACCOUNT (HSA)

All STS Group Benefit Plan members (Primary Plan Holders) that enrolled in the Plan prior to January 1, 2025 have a Health Spending Account--\$200 if you have "Single" coverage, \$400 if you have "Couple" coverage, and \$460 if you have "Family" coverage. This amount must be utilized before December 31, 2026. These allocations may be used by anyone covered by the Plan Holder and used for any health expenses allowed by Canada Revenue Agency (CRA) which are not included in, or completely covered by, the STS Extended Health and Dental Plan.

What if I didn't use my HSA in 2025? Health Spending Account funds remaining after the first year (2025) will be carried into the next calendar year to be utilized between January 1, 2026, and December 31, 2026.

Should you not have medical expenses, it is possible to use the HSA for reimbursement of premiums paid. If you wish to go that route, please contact the STS office (306-373-3879 or sts@sts.sk.ca). The office will provide a statement of premiums which would then be submitted to Saskatchewan Blue Cross. You do not need to wait until the annual premium statement is mailed out in January.

If you have any questions about your HSA coverage or the STS Group Benefit Plans (Extended Health and/or Dental), please contact the STS Office by email sts@sts.sk.ca or by telephone 306-373-3879.

**STAY IN THE KNOW! Find a wealth of information
something for everyone! Please peruse through the
various links and opportunities for information that is
pertinent for you.**

Please take time to visit:

The **STS Saskatoon Chapter Website** at <http://www.sts-saskatoon.ca>
CLICK HERE is a quick way to check out planned activities, acquire

forms, become more familiar with membership benefits, and read **The Voice**.

The SPRING issue of The Voice is available to read and shows many upcoming events. [CLICK HERE](#).

Be sure to check out the **STS Saskatoon Chapter Facebook** page another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH SPRING Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)



**This information is included as
we continuously add new
members to our contact list.**

**Join the Saskatoon STS Chapter by
becoming an Associate Member.**

Any teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **is invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan**. Also, we welcome superannuates **from other STS Chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

To all STS members who have *recently retired or are leaving another Group Benefit Plan* - there is a 60-day window to join the STS Group Benefits Plan — the Extended Health Plan including travel and/or the Dental Plan--*without having to provide medical evidence of good health*. It is possible to join later but you will be asked to provide medical evidence. **This same 60-day window applies to a spouse of a deceased superannuate or of a**

***deceased active teacher*, who must apply to become a member of STS and join the STS Group Benefit Plan without having to provide medical evidence of good health.**

JUST IN CASE you have missed taking time to check out lots of great information...you are just a CLICK away!

The Voice is a newsletter that is **currently published three times in the 2025-2026 year**. Please note that The Voice **will produce two editions in 2026-2027**.

To change reading ***The Voice*** to online only**, or if there is a **label error in your name or address**, please contact Irma Kittelson at ijkitt@sasktel.net.

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter**, [OUTREACH](#), is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

You can see photos of past events on [Facebook](#) or our Chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Darlene Danyliw are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is info@stssaskatoon.ca.