



STS Saskatoon Chapter

MARCH 2026

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2900 members and is the largest Chapter in the organization.

We acknowledge that we are on Treaty 6 Territory and encompassing the land of the Cree, Dakota, Nakota, Saulteaux and the homeland of the Metis Nation. We are dedicated to ensuring that the spirit of Reconciliation and Treaty 6 are honoured and respected.

March 2026

March always feels like a fresh start, doesn't it? The days get a little longer, the weather isn't as cold, and there's that hint of change in the air. Best of all, Spring is just around the



corner! If you have been hibernating for the winter, now is the time to check our several new activities planned for your enjoyment by our Saskatoon Chapter.



Superannuated Teachers of Saskatchewan (STS)

With a membership of nearly 12,500 retired teachers, the Provincial STS has members from 39 Saskatchewan Chapters and the Okanagan Valley Chapter in British Columbia.

Our Provincial STS Executive is composed of: President, Vice-President, Past President/Councillor, 5 Councillors, 7 Members-at-Large, and ACER-CART Representative. At the Provincial STS AGM, the STS Provincial Executive is elected.

From our Saskatoon Chapter, Rod Holowaty, Jane Isinger, Bonnie Semenoff, and Peter Stroh hope to represent us on the Provincial STS Executive.

Important Update: Linda needs Provincial STS AGM delegate names by March 16. Email l.ashley@sasktel.net.



CALL FOR DELEGATES

from the

STS-SASKATOON CHAPTER
for the
PROVINCIAL STS
ANNUAL GENERAL MEETING
May 12-May 14, 2026
Dakota Dunes Resort

DELEGATES are **NEEDED** to represent our Saskatoon Chapter at the *STS Annual General Meeting*. It will be held from May 12-May 14, 2026 at the Dakota Dunes Resort.

All STS Saskatoon Chapter members are welcome to apply. Delegates are expected to attend sessions of the AGM, from Tuesday evening through Thursday afternoon.

To apply and for more information,
please forward your name by email to
Linda Ashley at *l.ashley@sasktel.net*

Thank you for your consideration and hope to see you there.

Your 2025-2026 STS Saskatoon Chapter Executive



Back Row: Kaye Wolfater, Darlene Danyliw, Peter Stroh, Barbara Alberton, Freda Robinson, Corinne Morton, Randy Danyliw, Shirley Henderson, Jane Isinger, Zonia Krushelniski, Pat Orchard, Gladys Somerville, Karen Cymbalisty, Janet Christ, Tom German.

Front Row: Judy Pidskalny, Irma Kittelson, Lyle Markowski, Janet Lowndes, Bonnie Semenoff, Phyllis Wilson, Linda Ashley, Stella Shulhan, Rod Holowaty.

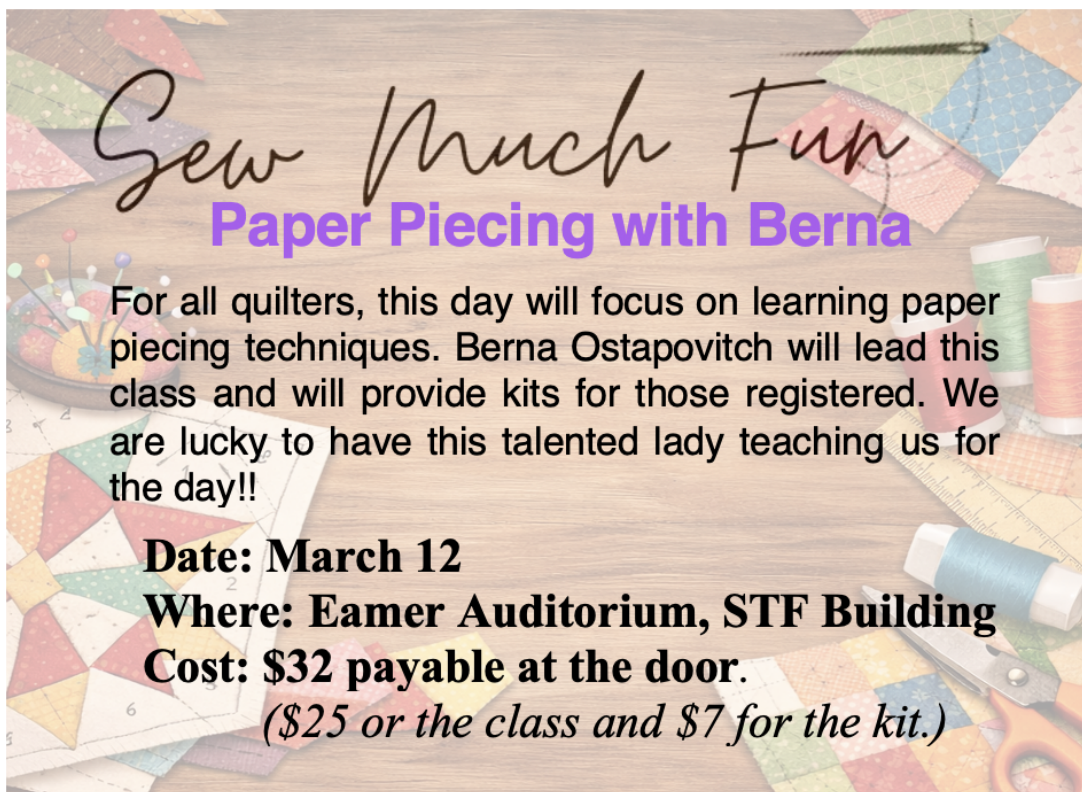
Missing: Linda Kindrachuk, Margaret Martin, Loretta Metzger, Diane Selby, and Carol Shanner.

The **STS Saskatoon Chapter Executive** is an active group of

superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter.

If joining the STS Saskatoon Chapter Executive in the future is something you might be interested in, please reach out to Janet Lowndes, President, text 306-291-4495 or email janet.lowndes@gmail.com.

Events & Activities



Sew Much Fun
Paper Piecing with Berna

For all quilters, this day will focus on learning paper piecing techniques. Berna Ostapovitch will lead this class and will provide kits for those registered. We are lucky to have this talented lady teaching us for the day!!

Date: March 12
Where: Eamer Auditorium, STF Building
Cost: \$32 payable at the door.
(\$25 for the class and \$7 for the kit.)

March 13 – Personal Project Day

Start thinking about what you'd like to be working on for this Personal Project Day! Fee: \$5 payable at the door

March 24 – Personal Project Day

And here's another chance to work on your own project in a room filled with Sew Much Fun members! Fee: \$5 payable at the door

Please register for all classes with Wanda Drew at wandaldrew@gmail.com.

STS Chapter Event

March 18, 2026

McDowell Room

TCU Bank Building

2311 Arlington Ave

1:30 pm

Wills and Estates



Krista Evanisky, TEP is the founder of Clarity Law. She specializes in the areas of estate planning, estate administration, and residential real estate.

Discussion Topic: Next steps after the Will.

Attendees are invited to learn the basics of estate planning and gain a clearer understanding of how thoughtful planning can protect both assets and loved ones. Local estate planning lawyer, Krista Evanisky, TEP, will provide a practical overview of why having a Will is essential and what can happen if someone dies without one. She will explain who has authority to manage an estate, how assets are distributed, and which property is (and is not) governed by a Will. The presentation will also clarify the differences between a Will, Power of Attorney, and Health Care Directive, and offer guidance on how to prepare for the estate planning process.

**STS SASKATOON CHAPTER
WALKING GROUP**

*We're always walking—even in the snow...
Come walk with us.*



Monday Mornings—9:00 a.m.

For more information contact

Loretta Metzger at metzgerl@shaw.ca



Friday, March 27

2:45-4:45 pm

@ Jack's (Old Soccer Centre)

Cost - \$10 entry fee + \$12 for instructor

Pay upon entering

e-transfer \$12 to

saskatoonsts2022@gmail.com

Register with Janet: jlchrist@sasktel.net

Buying tickets ...

or Registering for an activity...

eTransfer

Day for tickets using e-transfer, send to:

Pay for tickets using e-transfer, send to:
saskatoonsts2022@gmail.com

Please include **your name(s), email address, and the name of the event** you are registering/purchasing tickets for in the Message Box.

*** Please DO NOT send e-transfers to Judy's or Irma's email or cell number.***

Looking into April

See the **Intermediate Beading class below. Please register with Wanda Drew at wandaldrew@gmail.com by Wednesday, April 1. Let Wanda know your project choice.**

Sew Much Fun

Intermediate Beading with Nikki...

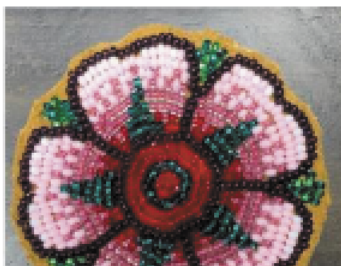
Date: April 8

Where: Eamer Auditorium, STF Building

Cost: \$30 payable at the door.

(\$25 for the class and \$5 for the kit.)

Last year, many of us took a beginner's beading class with Nikki. This year, she is offering an intermediate class where registrants will learn how to make one of the two flowers shown in the photos. Flower details are as follows:



1) **Pink Beaded Flower with Green Accents** - this will be done on *leather* and have a pin on the back for wearing (there are some extra colours of beads available from the Medallion



class, so there will be a few other colour options, if you wish to change some of the bead colours).



2) Remembrance Day Poppy - this will be the traditional colours with red poppy petals, a black center and outline - this will be made on *leather* and have a pin on the back for wearing.

3) Pink Beaded Flower with Green Accents or Remembrance Day Poppy - as described above, but completed on a piece of 4x6 inch felt piece - this could then be used for display purposes or even framed (4x6 inch felt piece will be provided - colour to be determined)

STS Spring Social



featuring

Kris Klyne

**Wednesday
April 15, 2026
7:00-10:00 pm**

**Spadina Legion - 606 Spadina Cr W
No cover charge, cash bar
STS MEMBERS, FRIENDS & FAMILY WELCOME!!**

Special Note: STS Saskatoon Chapter June Luncheon tickets will be available for purchase at the STS Spring Social, April 15 and any time after that, up to June 2. Tickets are \$25 per person.

Coming in May...

STS Chapter Event

May 20, 2026

Eamer Auditorium, STF Building

1:30 pm

Katrina German, Ethical Digital

Join International Award-winning entrepreneur, Katrina German, as she walks us through the positive and negative implications of AI in our daily lives.

Discussion Topic:

AI is changing our world. What are the ethical questions that we should be considering? How can AI make your life easier?



Museum of Antiquities

University of Saskatchewan

107 Administration Place

Tuesday, May 26, 2026

1:00-2:30 p.m.

**To register for the Museum, email Janet Christ,
jlchrist@sasktel.net or call 306-934-6722.**



If you have ideas for tours, outings or activities, please contact Janet Christ, email: jlchrist@sasktel.net or call 306-934-6722.

STS SASKATOON TRAVEL CLUB

[CLICK HERE](#) to see the **STS Saskatoon Travel Club Facebook page**.

STS Explore Local

Another travel opportunity...*STS Explore Local* is a "private" Facebook Group open to members of Superannuated Teachers of Saskatchewan. We find activities and then members get together for short trips throughout Saskatchewan. Members should be prepared to help plan trips, provide ideas and actively engage in all aspects to the best of their ability. It is set up so any member can get an idea for a trip and post it on this Facebook page. People could get then get together and organize a trip. Last summer many went to the Bruno Cherry Festival; another time a group attended the play, Stag 'n Doe in Rosthern. Over this festive season, Christmas markets have been featured. Note to be a member, you must be given "permission" to be part of the group. **Open your Facebook page..then search for STS Explore Local.**

KEEP YOUR INFORMATION CURRENT!

If you change your address, email address or phone number, please contact the **STS Provincial Office** at 306-373-3879 or email sts@sts.sk.ca.

Need to contact the Provincial STS Office [CLICK HERE](#)

STAY IN THE KNOW! Find a wealth of information - something for everyone! Please look through this email to find information that is pertinent for you.

Please take time to visit:

The **STS Website** at <http://www.sts-saskatoon.ca> [CLICK HERE](#) is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.

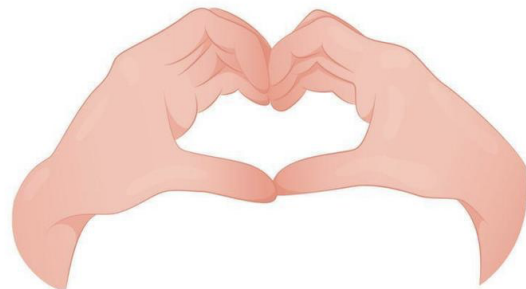
The Spring issue of the Voice will be available later in April. **WINTER issue of The Voice** is available to read and shows many upcoming events. [CLICK HERE](#).

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH WINTER Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

CHAPTER OUTREACH

**An ounce of giving equals
a pound of caring!**



If you know of anyone who is a

member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please contact **Carol Shanner at cshanner63@shaw.ca or 306-514-8415 or Shirley Henderson at rshenderson@sasktel.net or 306-374-5388** and contact will be arranged.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.



We have TWO (2) Health Plan Opportunities

Please review the information below on the Health Spending Account (HSA) and the Extended Health Plan. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.

Make the HEALTH SPENDING ACCOUNT a Priority to Use!

The Health Spending account runs until December 31, 2026...

HEALTH SPENDING ACCOUNT (HSA)

All STS Group Benefit Plan members (Primary Plan Holders) that enrolled in the Plan prior to January 1, 2025 have a Health Spending Account--\$200 if you have "Single" coverage, \$400 if you have "Couple" coverage, and \$460 if you have "Family" coverage. This amount must be utilized before December 31, 2026. These allocations may be used by anyone covered by the Plan Holder and used for any health expenses allowed by Canada Revenue Agency (CRA) which are not included in, or completely covered by, the STS Extended Health and Dental Plan.

What if I didn't use my HSA in 2025? Health Spending Account funds

remaining after the first year (2025) will be carried into the next calendar year to be utilized between January 1, 2026, and December 31, 2026.

Should you not have medical expenses, it is possible to use the HSA for reimbursement of premiums paid. If you wish to go that route, please contact the STS office (306-373-3879 or sts@sts.sk.ca). The office will provide a statement of premiums which would then be submitted to Saskatchewan Blue Cross. You do not need to wait until the annual premium statement is mailed out in January.

If you have any questions about your HSA coverage or the STS Group Benefit Plans (Extended Health and/or Dental), please contact the STS Office by email sts@sts.sk.ca or by telephone 306-373-3879.

STS Members - Know how to use the Extended Health Plan

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each**. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

VOLUNTEER OPPORTUNITIES

Prairie Hospice Society - Volunteer With Us

Prairie Hospice Society is a charitable, non-profit community organization working to ensure access** to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship



and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

Please contact Mary-Anne Parker for further information.

We'd love to have you on our team

**Mary-Anne Parker,
Quality Coordinator,
Prairie Hospice Society Inc.
302-506 25th St. E., Saskatoon, SK. S7K 4A7
306.249.5554
www.prairiehospice.org**



Need Transportation to a Chapter Event?

We have a Possible Solution

The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to STS.Saskatoon@gmail.com. You may return your application to STS.Saskatoon@gmail.com or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy

@ 306-955-0026.



This information is included as we continuously add new members to our contact list.

Join the Saskatoon STS Chapter by becoming an Associate Member.

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan.** Also, we welcome any superannuates **from other STS Chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

To all STS members who have *recently retired or are leaving another Group Benefit Plan* - there is a 60-day window to join the STS Group Benefits Plan – the Extended Health Plan including travel and/or the Dental Plan--*without having to provide medical evidence of good health*. It is possible to join later but you will be asked to provide medical evidence. **This same 60-day window applies to a spouse of a deceased superannuate or of a deceased active teacher, who must apply to become a member of STS and join the STS Group Benefit Plan without having to provide medical evidence of good health.**

JUST IN CASE you have missed taking the time to check out lots of great information, you are just a CLICK away!

out lots of great information...you are just a CLICK away:

The Voice is a newsletter that is **currently published three times in the 2025-2026 year**. Please note that The Voice **will produce two editions in 2026-2027**.

To change reading ***The Voice*** to online only, or if there is a label error in your name or address, please contact Irma Kittelson at ijkitt@sasktel.net**. If your address has changed or will be changing, please inform Irma as soon as possible.

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter, [OUTREACH](#)**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter online as well.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Darlene Danyliw are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is info@stssaskatoon.ca.

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