



STS Saskatoon Chapter

OCTOBER 2026

The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 3000 members and is the largest Chapter in the organization.

We acknowledge that we are on Treaty 6 Territory and encompassing the land of the Cree, Dakota, Nakota, Saulteaux and the homeland of the Metis Nation. We are dedicated to ensuring that the spirit of Reconciliation and Treaty 6 are honoured and respected.



Harvesting is well underway and so are STS Saskatoon Chapter activities. This email features October activities and events and looks into November, but if you check THE Voice, you can find activities into January...

October Events

Our Saskatoon Chapter Walking Club keeps walking; there are always new paths to take. Join us when available.

Love to Walk?
Join the
Saskatoon Chapter Walking Club
Walks leave Mondays at 9:00 a.m.

Our October starting point will be:
Brighton—come in on Westfield Rd off College; it becomes Taube Ave. Continue to the intersection with Aniskowtaw Way. Park on the street by the big park.

*For more information about the Walking Club,
contact: Loretta Metzger —metzgerl@shaw.ca.*



Sew Much Fun! 
The Place for Sewing and Fun!

October 13 – Sashiko with Sharon Compton

What a treat to have Sharon available to give us the time and space to learn how to do some Sashiko stitching. For those not familiar with Sashiko, it is a traditional Japanese hand-stitching technique meaning "little stabs". It uses white or coloured thread on indigo fabric. Originally created by rural farming families for functional mending, reinforcement, and insulation, it has evolved into a popular meditative and decorative art form.

The attached picture is simply a sample of what Sashiko looks like . . . it is NOT a picture of the work Sharon will guide us through.

Fee: \$25 payable at the door



Please remember:

- All days where classes are being held include space for those who want to work on personal projects instead (\$5). Please register ahead with Wanda at wandaldrew@gmail.com.

- To register for a class, please register ahead of time with Wanda at wandaldrew@gmail.com.
- All fees are payable at the door.
- Our gatherings occur in the Eamer Auditorium at the STF building on Arlington Ave.
- Parking is available at the Calvary Church (kitty corner from the STF building)
- Our days begin at 9:00 and we need to be out of the room by 4:00. Some people head off as a group for lunch in a restaurant. Others bring a lunch and eat together at Eamer Auditorium. A microwave oven is available.

If you would like to add your name to our Sew Much Fun email group list, please email Kim Newlove at newlove.kim@shaw.ca.

Join us for a
**GREAT
EXPERIENCE!**

STS Saskatoon Chapter

GREAT WESTERN

BREWERY TOUR

 *Tuesday,*
OCTOBER 20TH, 2026

 **2:00 PM**

 *Limit:*
30 PEOPLE

 **GREAT WESTERN**

DISCOVER. LEARN. TASTE. ENJOY.
Great beer starts with a great story.

The Brewery Tour is FULL but give Rod Holowaty at
306381-6016 , or email r.holowaty@sasktel.net if you would
like to be added to a waiting list.

Important: For those of you fortunate enough to be on the tour...Please come early to fill out forms and put on your PPE. Remember, long pants needed, no baggy clothes, no shorts, and no open toe shoes or sandals.

STS Fall Social

featuring Pat Mitchell

ONE FINE DAY

Women of the Sixties:

A Musical Journey



Wednesday, October 21, 2026

7:00-9:30 pm

Spadina Legion - 606 Spadina Cr W

No cover charge, cash bar

STS MEMBERS, FRIENDS

& FAMILY WELCOME!!

November Events

STS Recreation

STS PLAYS KAISER

DATE: November 17, 2026

HOST: SASKATOON CHAPTER

LOCATION:

Saskatoon Bridge Club
3041 Louise Street

CONTACT:

Judy Pidskalny:
pidskalnyj@gmail.com or
(306) 220-9347



THE REGISTRATION FORM CAN BE FOUND ON
THE STS WEBSITE: <https://www.sts.sk.ca/recreation>

Deadline to register is November 9, 2026



superannuated teachers of saskatchewan

November Chapter Event

November 18, 2026

Eamer Auditorium, STF Building

1:30 pm

Tanya, Brand Ambassador from the City of Saskatoon will be the guest presenter. Tanya is with the Field House and will focus on programs and fitness classes to promote good health and wellness for an active lifestyle.

Water Colour Class

taught by

Wendy Siemens

Painting Saskatchewan

Friday, November 20, 2026

10:00 - 11:30 am

Eamer Auditorium. STF Building

Cost: \$10 per person

(Includes all supplies you will need)

Max # of participants 25

Register with Janet @

jlchrist@sasktel.net or

call Janet @ 306-934-6722

Thinking about Christmas? Sorry...

SOLD OUT !!



**Christmas Banquet tickets
sold out in record time.**

**To add your name(s)
to the waiting list,
please email Irma Kittelson:
ijkitt@sasktel.net**

Buying tickets ...

or Registering for an activity...

eTransfer

Pay for tickets using e-transfer; send to:
saskatoonsts2022@gmail.com

Please include **your name(s), email address,
and the name of the event** you are registering/
purchasing tickets for in the Message Box.

***** Please DO NOT send e-transfers to
Judy's or Irma's email or cell number.*****

2027 Saskatoon Chapter Directory

Deadline for Directory requests: Jan 31, 2027

The **STS Saskatoon Chapter Directory** will only be available if you
have submitted a request. [Click Here](#) to request a Directory.

SUPERANNUATED TEACHERS OF
SASKATCHEWAN

SASKATOON CHAPTER

DIRECTORY

2027



Note: To NOT have your information published in the Directory, complete the Directory Removal Request portion of the form.

STS Saskatoon Executive

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter.

Your 2026-2027 STS Saskatoon Chapter Executive



Front Row: Irma Kittleson, Darlene Danyliw, Kaye Wolfater, Lyn Carduner, Bonnie Semenoff, Janet Lowndes, Phyllis Wilson, Shirley Henderson, Rod Holowaty, Jane Isinger, Loretta Metzger. Row 2: Margaret Martin, Freda Robinson, Barb Alberton, Brenda Croft, Linda Kindrachuk, Pat Orchard, Gladys Somerville, Zonia Krushelniski, Karen Cymbalisty, Janet Christ, Judy Pidskalny, Linda Ashley. Back Row: Randy Danyliw, Diane Selby, Tom German, Peter Stroh, Lyle Markowski.
Missing: Carol Shanner



Jane Isinger



Bonnie Semenoff

Jane and Bonnie are Members-at-Large on the Provincial STS Executive.

STS Explore Local

Another travel opportunity...STS Explore Local is a "private" Facebook Group open to members of Superannuated Teachers of Saskatchewan. We find activities and then members get together for short trips throughout Saskatchewan. Members should be prepared to help plan trips, provide ideas and actively engage in all aspects to the best of their ability. It is set up so any member can get an idea for a trip and post it on this Facebook page. People can then get together and organize a trip. Last summer many went to the Bruno Cherry Festival; another time a group attended the play, Stag 'n Doe in Rosthern. Over this festive season, Christmas markets have been

featured. Note to be a member, you must be given "permission" to be part of the group. **Open your Facebook page..**then search for **STS Explore Local**.



CHAPTER OUTREACH

Visits and phone calls can be a source of support, comfort, and a way to stay connected with others...

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shutin, please contact **Carol Shanner** at cshanner63@shaw.ca or **306-514-8415**.

We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.

KEEP YOUR INFORMATION CURRENT!

If you change your address, email address or phone number, please contact the **STS Provincial Office** at 306-373-3879 or email sts@sts.sk.ca.

Volunteer Activities



Calling Retired Teacher Volunteers

Retired teachers can bring valuable skills to the Saskatchewan Aviation Museum; you can bring Saskatchewan's aviation history to life. Your experience in teaching, guiding, storytelling, and encouraging young learners can make museum visits more engaging for students, families, and visitors of all ages.

For just a few hours each month you can help the museum educate the community and preserve Saskatchewan's aviation heritage. No aviation background is necessary; you will be provided with training and materials.

For more information about volunteering, contact Jim Jelinski at 306-381-3128 or jjelinski@saskaviation.ca.



The clock is ticking down...don't miss out!

We have TWO (2) Health Plan Opportunities

Please review the information below on the Health Spending Account (HSA) and the Extended Health Plan. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.

Your HEALTH SPENDING ACCOUNT— A Priority to Use!

Your Health Spending Account runs until December 31.

HEALTH SPENDING ACCOUNT (HSA)

All STS Group Benefit Plan members (Primary Plan Holders) that enrolled in the Plan prior to January 1, 2025 have a Health Spending Account—\$200 if you have “Single” coverage, \$400 if you have “Couple” coverage, and \$460 if you have “Family” coverage. This amount must be utilized before December 31, 2026. These allocations may be used by anyone covered by the Plan Holder and used for any health expenses allowed by Canada Revenue Agency (CRA) which are not included in, or completely covered by, the STS Extended Health and Dental Plan.

What if I didn't use my HSA in 2025? Health Spending Account funds remaining after the first year (2025) will be carried into the next calendar year to be utilized between January 1, 2026, and December 31, 2026.

Should you not have medical expenses, it is possible to use the HSA for reimbursement of premiums paid. If you wish to go that route, please contact the STS office (306-373-3879 or sts@sts.sk.ca). The office will provide a statement of premiums which would then be submitted to Saskatchewan Blue Cross. You do not need to wait until the annual premium statement is mailed out in January.

If you have any questions about your HSA coverage or the STS Group Benefit Plans (Extended Health and/or Dental), please contact the STS Office by email sts@sts.sk.ca or by telephone 306-373-3879.

STS Members - Know how to use the Extended Health Plan

The \$500 vaccine benefit that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple – and it is an annual amount, so you have \$500 each. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.

STAY IN THE KNOW! Find a wealth of information something for everyone! Please peruse through the various links and opportunities for information that is pertinent for you.

Please take time to visit:

The **STS Saskatoon Chapter Website** at <http://www.sts-saskatoon.ca> [CLICK HERE](#) is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.

The Fall issue of The Voice is available to read and shows many upcoming events. [CLICK HERE](#).

Be sure to check out the **STS Saskatoon Chapter Facebook** page another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH FALL Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)



This information is included as we continuously add new members to our contact list.

Join the Saskatoon STS Chapter by becoming an Associate Member.

Any teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **is invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan**. Also, we welcome superannuates from other STS Chapters to consider becoming an associate member with the Saskatoon Chapter. **An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter.** For more information [CLICK HERE](#).

Important Group Benefit Reminder

To all STS members who have *recently retired or are leaving another Group Benefit Plan* - there is a 60-day window to join the STS Group Benefits Plan — the Extended Health Plan including travel and/or the Dental Plan—*without having to provide medical evidence of good health*. It is possible to join later but you will be asked to provide medical evidence. **This same 60-day window applies to a spouse of a deceased superannuate or of a deceased active teacher, who must apply to become a member of STS and join the STS Group Benefit Plan without having to provide medical evidence of good health.**

JUST IN CASE you have missed taking time to check out lots of great information...you are just a CLICK away!

The Voice is a newsletter that is **currently published two times in the 2026-2027 year.**

To change reading **_The Voice_** to online only, or if there is a label error in your name or address, **please contact Irma Kittelson at ijkitt@sasktel.net.**

Read THE VOICE ONLINE [CLICK HERE](#)

The **STS Provincial Newsletter, OUTREACH**, is also available to read online; contact the provincial office sts@sts.sk.ca to make a change to reading their newsletter.

Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER

You can see photos of past events on [Facebook](#) or our Chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Darlene Danyliw are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is info@stssaskatoon.ca.