



## STS Saskatoon Chapter

### MARCH 2025

*The Superannuated Teachers of Saskatchewan is an organization of retired teachers who are dedicated to promoting the welfare of all superannuated teachers, and to maintaining the ties which bind them to fellow professionals. The STS Saskatoon Chapter has over 2800 members and is the largest chapter in the organization.*



#### MARCH into SPRING

Thank goodness the -40 degree temperatures are behind us and spring is just around the corner. It is a time for renewed hope for the sunny days ahead. Have you ever noticed that once the snow finally melts and disappears, there is that time of wonder...is it winter shifting to spring or fall

shifting to winter? They feel and look a lot the same.

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A huge thank you to everyone on the STS Saskatoon Chapter Executive who organizes events, presentations, and activities for the upcoming months.

Be sure to update your 2025 calendar with any of the activities or events that may appeal to you.

*Please peruse the email and focus on the information that is pertinent for*

**you.**

**Please take time to visit:**

The **STS Website** at <http://www.sts-saskatoon.ca> [CLICK HERE](#) It is a quick way to check out planned activities, acquire forms, become more familiar with membership benefits, and read **The Voice**.



The **WINTER issue of The Voice** is available to read [CLICK HERE](#)

Be sure to check out the **STS Saskatoon Chapter Facebook** page - another fine way to stay current and in-touch with activities and announcements. [CLICK HERE](#)

Don't forget that **OUTREACH SPRING Edition** [CLICK HERE](#) is the provincial publication of the Superannuated Teachers of Saskatchewan and is available online in PDF form. It is an excellent resource for current updates and provincially planned recreation activities. You can look up previous issues of OUTREACH [CLICK HERE](#)

## **The STS Saskatoon Chapter Executive**

### **2024-2025**



**Back Row:** Loretta Metzger, Rod Holowaty, Randy Danyliw, Diane Selby, Tom German, Margaret Martin  
**Middle Row:** Darlene Danyliw, Jane Isinger, Corinne Morton, Carol Shanner, Zonia Krushelniski, Shirley Henderson, Freda Robinson, Gladys Somerville, Pat Orchard, Janet Lowndes, Donna McTavish, Peter Stroh  
**Front Row:** Phyllis Wilson, Irma Kittelson, Kaye Wolfater, *Eileen Deneiko (Deceased November 10, 2024)*, Lyle Markowski, Stella Shulhan, Bonnie Semenoff, Linda Ashley, Janet Christ.  
**Missing:** Barbara Alberton, Judy Pidskalny, Lois Pyne

The **STS Saskatoon Chapter Executive** is an active group of superannuated teachers, who work on a variety of sub-committees to plan, organize and share information for the members of the STS Saskatoon Chapter. If joining the STS Saskatoon Chapter Executive for 2025-2026 is something you would enjoy being a part of, **please reach out to any member of the Executive or contact Lyle Markowski, President, at 306-371-2761 or email [lylemark@sasktel.net](mailto:lylemark@sasktel.net).**

## **BYLAW Changes - Stay in the know!**

**The Constitution Committee**, made up of members from the STS Saskatoon Chapter Executive, have spent many hours **reviewing and editing the Bylaws**. You are encouraged to take a look at the Bylaws, **noting that the changes are in red**.

Please [CLICK HERE](#) to review the updated Bylaws.

A **Notice of Motion** will be given at the **March 19th Chapter meeting**, and a **vote to adopt changes will occur at the May Chapter meeting**.

**Questions may be directed to any member of the Constitution Committee:**

Lyle Markowski - [lylemark@sasktel.net](mailto:lylemark@sasktel.net)

Peter Stroh - [plstroh@sasktel.net](mailto:plstroh@sasktel.net)

Linda Ashley - l.ashley@sasktel.net

Irma Kittelson- ij Kitt@sasktel.net

## DIRECTORY PICKUP

Please see the schedule for the Pickup Location and Times that the Directory will be available.

If you placed your order for a Directory, we have one ready for you to pickup.

Date	Time			Location	Event
	Morning	Afternoon	Evening		
April 2	9 am - noon			Eamer Auditorium	Executive Mtg
April 15			6:30 – 9:00 pm	Spadina Legion	Spring Social
May 7	9 am - noon			Eamer Auditorium	Executive Mtg
May 21		Noon – 3 pm		Eamer Auditorium	Chapter Mtg
June 4	9 am - noon				Executive Mtg
June 11	11 am – 1:30 pm			WDM	Spring Luncheon

## KEEP US INFORMED

**Keep your information current!**

If your address, email address or phone number changes,

**please be sure to contact the STS Office**

at 306-373-3879 or email sts@sts.sk.ca when notifying people of the change.

## FOR YOUR INFORMATION and PLANNING

**Hope you can join us for this informative March 19th  
Chapter Meeting**

**June Spring Luncheon Tickets will be available to purchase at this event.**

**The Directories will be available for pickup at the Chapter Meeting.**

# **STS Saskatoon Chapter Meeting**

**Wednesday, March 19, 2025**

**1:30 pm**

**Eamer Auditorium**



**UNIVERSITY OF  
SASKATCHEWAN**

## **College of Education**

*Join University of Saskatchewan College of Education Dean Julia Paulson to hear an update about college activities, alumni events, and plans for 2027 Centennial Celebrations. Learn more about ways to engage with the College of Education and provide feedback on alumni activities.*



\$20

# Spring Luncheon

## Saskatoon Chapter

Wednesday, June 11, 2025

Social: 11 a.m. | Meal: 12 p.m.

Western Development Museum  
(2610 Lorne Ave)

Tickets available from:

Judy - 306-955-0026 or email  
pidskalnyj@gmail.ca

Irma - 306-934-0881 or email  
ijkitt@sasktel.net

### Buying Tickets...

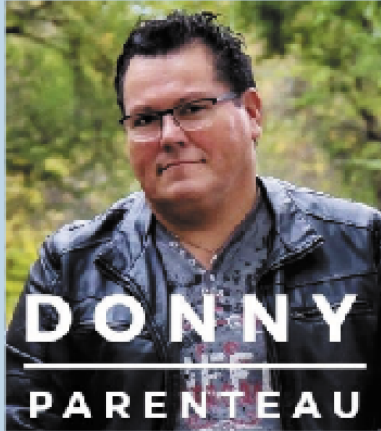
Pay by cash, cheque or e-transfer using saskatoonsts2022@gmail.com. When using e-transfer, please include *your name(s)* and the *name of the event* in the Message box.  
**\*\*Please do not send e-transfers directly to Judy's or Irma's cell number or email.**

June Luncheon Tickets will be available to purchase at the

**Spring Social.**

**The Directories will be available for pickup at the Spring Social.**

# **STS Spring Social**



**Tuesday  
April 15, 2025  
7:00-10:00 pm**

**Spadina Legion 606  
Spadina Cr W**

**No cover charge, cash bar  
STS MEMBERS, FRIENDS & FAMILY  
WELCOME!!**



## **Sew Much Fun is Calling You!!!**

**Spring is just around the corner!! Time to finish up those winter projects and plan for your spring ones!**

**Here's the latest from your Sew Much Fun Folks!** We hope you'll be able to join us for one or more of these great days.

**Just a reminder for the people new to our group:**

-our days happen in the **Eamer Auditorium** at the STF Building on Arlington

-our days **begin at 9:00am**

-**lunch is flexible** . . . .bring your own, join others at a restaurant, go home and walk your dog . . . your choice!

-please **email Wanda Drew at wandaldrew@gmail.com** to register for any/all days

-fees are **payable at the door**

-some people **come to a day or two a year, while others are there for pretty much all of our days** . . .again . . .we are flexible and the choice is yours!

### **March 27: Personal Project Day**

Another chance to bring along your own project while spending the day surrounded by laughter, friends and creativity!

Fee: \$5 payable at the door



### **March 28: Curvy Table Runner**

Joan Payne from Hepburn (formerly seen regularly at 440 Quilts) will lead this day and help us all head home with a table runner featuring curvy lines. The ease of creating these curves will surprise you! What a great chance to create a spring table runner for your home or for a friend!

The photos attached are compliments of Joan and Teresa Styles.  
Fee: \$25 payable at the door

**We can't confirm these dates or classes quite yet, but the tentative dates for getting together are:**

**April 14 – Personal Project Day April 29**

**April 30 - TBA**

**And that's it for now! Hope to see you at a Sew Much Fun day down the road. ☺**

*\*Your Sew Much Fun Planning Team,\**

***Linda Ashley, Mary Lou Ast, Ann Atchison, Wanda Drew, Kim Newlove, Phyllis Wilson***

## **STS Walking Group - Time to Listen to the Slush of the Melting Snow**



**The STS Walking Group faithfully walks every Monday. Whether you are a regular or a first timer, enjoy coming out for a morning walk. Pick your pace and modify the length of your walk if needed.**

**\*\*Date:** Every Monday morning at 9:00 am

**Where:** Each week the group will meet at a pre-arranged location.

**What:** Loretta Metzger will make contact with pertinent information. Join in when available! If you are interested in walking with the motivated group, please **contact Loretta Metzger at metzgerl@shaw.ca** for further information. The STS Saskatoon Chapter Facebook page also includes weekly updates for the walking group.

## To All The Bowlers

Enjoy Your Last Month of the Bowling Season



# STS / SENIORS

## 5 Pin Bowling League

### Hunter's Eastview Bowl

2929 Louise St E

**Who:** Retired Teachers & Seniors

**When:** Tuesdays at 1:30 p.m.

**Begins:** Sep 3 — Dec 17, 2024

**Resumes:** Jan 7 — Apr 15, 2025



No Experience Necessary!

**Contact Ace at Hunter's Eastview Bowl**  
**(306-373-4333) ... to be put on a team.**



The STS Saskatoon Travel Club has lots of opportunities for

The STS Saskatoon Travel Club has lots of great ideas for possible travel opportunities. You may wish to consider joining a Summer 2025 Bus Tour planned for July 11, 12 and 13 to Drumheller, Alberta to take in the Passion Play and a Dinner Theatre at Rosebud. An updated information email will be sent separately. If interested, the deadline to sign up is March 31, 2025.

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## **STS SASKATOON TRAVEL CLUB**

Interested in travelling? Want to see and hear where some of our STS members have gone or where they are going? Check out the STS Saskatoon Travel Facebook Page...

***Saskatoon STS Travel Club***



For more information and to sign up for Chapter activities, please contact: Janet Christ, email: [jlchrist@sasktel.net](mailto:jlchrist@sasktel.net) or call 306-934-6722.

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**For Future Reference:**

### **Buying a Ticket for an Event -**

### **Here are your options!**

Payment by cash, cheque or e-transfer using ***saskatoonsts2022@gmail.com*** are accepted.

Please do not send e-transfers directly to Judy's or Irma's cell number or email.

***In the Message box, please include your name(s) and the name of the event you are purchasing tickets for.***



## **Payment by Cheque?**

If paying by cheque, make it payable to

**Superannuated Teachers of SK Saskatoon Chapter**

and mail it to Irma or Judy (please contact one of them for their mailing address).

## **TWO Health Plan Opportunities**

Please review the information below on the Extended Health Plan and the Health Spending Account. Please contact the STS Office at 306-373-3879 if you have any questions about either plan.



**STS Members - Know how to use the  
Extended Health Plan**

The **\$500 vaccine benefit** that was authorized as of July 1, 2024 for members of the STS Extended Health Plan is **per person - \$500 for you and \$500 for your spouse if you are paying premiums for a couple** – and it is an annual amount, **so you have \$500 each starting in January, 2025**. Just a reminder that the plan will cover 80% of the vaccine cost and you will pay the other 20%. **If you have any questions about the STS Extended Health Plan, please contact the STS Office at 306-373-3879.**

**Be Sure to Use the Health Spending Account on a Future Claim between January 1, 2025 and December 31, 2026!**  
**Read the information below to KNOW your Health Spending Account (HSA)!**

**Know your HEALTH SPENDING ACCOUNT**

As a result of a number of resolutions passed at the Annual General Meeting in May 2023, and given the current positive financial situation of the STS Group Benefits Plan, the Provincial Executive has authorized the implementation of a Health Spending Account (HSA) for members (Primary Plan Holders) of the Extended Health and/or Dental Plan to be utilized between January 1, 2025, and December 31, 2026.

A Health Spending Account allows individuals the flexibility to apply the allocated funds as they wish for any health expenses allowed by the Canada Revenue Agency (CRA) incurred between January 1, 2025 and December 31, 2026 which are not included in, or completely covered by, the STS Extended Health and Dental Plan. Please see the CRA website under Eligible Medical Expenses.



The allocations to the HSA are as follows:

- \$200 if the Primary Plan Holder has "Single" coverage
- \$400 if the Primary Plan Holder has "Couple" coverage
- \$460 if the Primary Plan Holder has "Family" coverage

These allocations may be used by anyone covered by the Plan Holder. The overall cost to the Plan, should the allocations be fully utilized, will be approximately \$2.9 million.



## **Visitation Outreach**

**An ounce of giving equals a pound of caring!**

If you know of anyone who is a member of the Saskatoon Chapter of the Superannuated Teachers and is hospitalized or considered a shut-in, please

contact **Carol Shanner** at [cshanner63@shaw.ca](mailto:cshanner63@shaw.ca) or 306-514-8415 or **Shirley Henderson** at [rshenderson@sasktel.net](mailto:rshenderson@sasktel.net) or 306-374-5388 and contact will be arranged.

***We have a wonderful team of retired teachers who are willing to make contact with a phone call or a personal visit.***



## **Transportation to Chapter Events a Problem?**

### **We have a Possible Solution**

**The Saskatoon Chapter would like to re-introduce a trial program to provide transportation to Daytime Chapter events.**

We realize that some of our members may not drive anymore or currently have a medical condition that prohibits them from driving for a period of time. We would like to offer a taxi voucher for a return trip to a daytime Chapter Event for these members. A member is limited to one event/year and vouchers will be dispersed on a first come basis. **If you are interested in receiving a voucher, please request a copy of the application form by sending an email to [STS.Saskatoon@gmail.com](mailto:STS.Saskatoon@gmail.com) . You may return your application to [STS.Saskatoon@gmail.com](mailto:STS.Saskatoon@gmail.com) or mail to J. Pidskalny, 111 Costigan Road, Saskatoon, SK S7J 3P5.**

Please ensure that the form is submitted at least two weeks in advance to ensure enough time to receive the taxi voucher by mail. If you do not have email or require more information, please call Judy @ 306-955-0026.

### **EMPLOYMENT and VOLUNTEER OPPORTUNITIES**

## **Saskatoon Council on Aging (SCOA)**

The Saskatoon Council on Aging (SCOA) continues to offer a number of interesting educational opportunities. It is an excellent organization that

supports seniors and offers a wide variety of activities. For more information, check out [scoa.ca](http://scoa.ca). [CLICK HERE](#) There is also a **Coming of Age Publication** that you may wish to peruse. [[CLICK HERE](#)]

## **Prairie Hospice Society - Volunteer With Us**

**Prairie Hospice Society** is a charitable, non-profit community organization working to ensure access\*\* to compassionate, community-based, end-of-life support in Saskatoon. Our goal is to enhance quality of life at the end of life, wherever people call home. We provide one-on-one companionship and non-medical support for clients and their families, raise awareness and educate the community about end-of-life care, and advocate for quality end-of-life care.

[CLICK HERE](#) for more information about Prairie Hospice.

**Prairie Hospice is planning two volunteer intakes in the next six months.**

**The dates are:**

**Feb 12-26 and April 16-30th.**

Prairie Hospice will also be hosting an **open house on Saturday March 29nd – 9:00 am to Noon – The Spot Market Mall to introduce our “hospice without walls” services** (rides to appointments, companionships and grief/bereavement support) and would love to extend a personal invite to STS members – not just for volunteering but to potentially extend support to others.

**Please contact Mary-Anne Parker for further information.**

**Mary-Anne Parker,  
Quality Coordinator,  
Prairie Hospice Society Inc.  
302-506 25th St. E., Saskatoon, SK. S7K 4A7  
306.249.5554  
[www.prairiehospice.org](http://www.prairiehospice.org)**

## **Additional STS Member Information**

**This information is included each month as we continuously have new members added to our contact list.**

## Never Miss an Event! Join the Saskatoon STS Chapter by becoming an Associate Member

If you are or know a teacher who has left the teaching profession but has not met the requirements for superannuation/retirement eligibility, **you are invited to become an Associate Member of the Saskatoon Chapter of the Superannuated Teachers of Saskatchewan**. Also, we welcome any superannuates from other STS chapters to consider becoming an associate member with the Saskatoon Chapter. An associate membership will ensure that you get up-to-date information about our many events while still maintaining contact with your 'home' chapter. For more information [CLICK HERE](#).

## Important Group Benefit Reminder

**A reminder to all STS members who have recently retired or are leaving another Group Benefit Plan of the sixty-day window to join the STS Group Benefits Plan—the Extended Health Plan including travel and/or the Dental Plan--without having to provide medical evidence of good health. It is possible to join later but you will be asked to provide medical evidence. This same sixty-day window also applies to the spouse of a deceased superannuate or of a deceased active teacher who is then able to become a member of STS and apply to join the STS Group Benefit Plan without having to provide medical evidence of good health.**

## The Voice

***The Voice*** is a newsletter that is published three times in the STS 2024-2025 year.

To submit articles for consideration of inclusion or suggestions for topics of interest to our general membership, **please contact the editor, Darlene Danyliw: [stsvoiceeditor@gmail.com](mailto:stsvoiceeditor@gmail.com) or 306-249-4494.**

To change reading ***The Voice*\*\* to online only, or if there is a label error in your name or address, please contact Irma Kittelson at [ijkitt@sasktel.net](mailto:ijkitt@sasktel.net).** If your address has changed or will be changing, please inform Irma as soon as possible.

**Read THE VOICE ONLINE [CLICK HERE](#)**

The **STS Provincial Newsletter**, [OUTREACH](#), is also available to read online; contact the provincial office [sts@sts.sk.ca](mailto:sts@sts.sk.ca) to make a change to reading their newsletter online as well.

**Don't forget to follow us on FACEBOOK - STS SASKATOON CHAPTER**

For photos, find us on [Facebook](#) or our chapter website - <http://www.sts-saskatoon.ca> [CLICK HERE](#)

The right side of every page of our website has a contact link for contacting the Executive - messages will be forwarded to the appropriate Executive member.

*On behalf of the STS Saskatoon Chapter Executive, Bonnie Semenoff and Irma Kittelson are the Email Co-Chairs. If you wish to contact us with a question or clarification, our contact email address is ***info@stssaskatoon.ca***.*

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S7J 2H8

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