

# Straight Talk

A publication of AA Riverside  
U of M Medical Center Campus

Meeting  
Listings  
Inside

Visit us online  
<http://www.aafairviewriverside.org/>

July - August 2024



## AA Riverside

U of M Medical Center Campus  
2450 Riverside Avenue, Minneapolis MN 55454

**In-person & Online**

***Steps Away!***

**AA Riverside  
Weekly Meetings**

**Sunday - Squad 47 @ 5:30pm**

**Sunday - General Mtg @ 7:00pm**

**Sunday - Squad 2 @ 8:30pm**

**Monday - Squad 3 @ 5:30pm**

**Tuesday - Squad 57 @ 1:00pm**

**Tuesday - Squad 62 @ 7:00pm**

**Friday - Squad 70 @ 8:30pm**

**Saturday - Squad 1 @ 8:00pm**

(Grapevine Meeting)

*Complete listing & locations on back - page 4*

***"If you have  
decided you want  
what we have ..."***

***Straight Talk*** is also available  
online at  
[aafairviewriverside.org](http://aafairviewriverside.org)

The AA Big Book- p.58



## XLIX Gopher State Roundup 2024

### ***Road to Recovery***

*A special thank you to our new  
partner, The Gratitude Group,  
5748 Nicollet Ave, Mpls., 55419.*

*John P. and a host of volunteers helped us  
provide food and fellowship at this year's  
Gopher State hospitality suite for nearly  
300 of the 6,000 attendees.*

*We look forward to extending our  
successful group collaboration in 2025.*



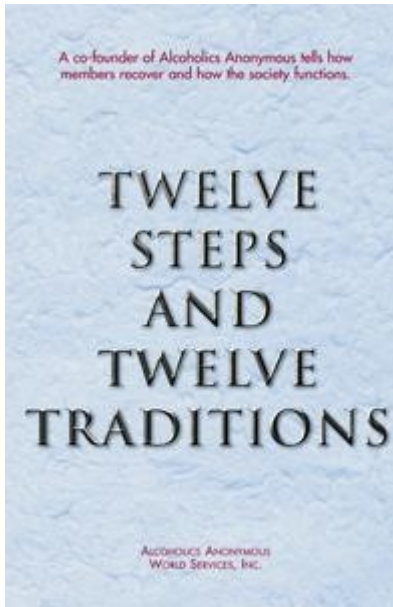
AA Riverside and it's ***Straight Talk*** newsletter will  
be providing an AA Riverside Meeting flier and  
contact cards to all squads and members to help in  
"attracting" those looking for AA meetings.

We also encourage our Trusted Servants/Squad  
Leaders to feel free to copy ***Straight Talk*** for their  
members and attendees.

## ***Subscribe To Straight Talk***

If you would like to have an electronic copy of ***Straight Talk*** sent to you and/or a friend, please send email  
address(es) to AA Riverside at [aabtriverside@gmail.com](mailto:aabtriverside@gmail.com)

**"I AM RESPONSIBLE FOR MY OWN SOBRIETY"**



Many AA members, new and old, have found “The 12 by 12” helpful in both understanding and explaining the program.

Originally published in 1953 by AA Grapevine, Inc., it was reprinted in 1981, and 2021.

It is available in hardcover, paperback, online, and audio books. The following is the book’s Introduction and Forward ...

ALCOHOLICS ANONYMOUS first published *Twelve Steps and Twelve Traditions* in 1953. Bill W., who along with Dr. Bob S. founded Alcoholics Anonymous in 1935, wrote the book to share 18 years of collective experience within the Fellowship on how A.A. members recover, and how our society functions.

In recent years some members and friends of A.A. have asked if it would be wise to update the language, idioms, and historical references in the book to present a more contemporary image for the Fellowship. However, because the book has helped so many alcoholics find recovery, there exists strong sentiment within the Fellowship against any change to it. In fact, the 2002 General Service Conference discussed this issue and it was unanimously recommended that: “The text in the book *Twelve Steps and Twelve Traditions*, written by Bill W., remain as is, recognizing the Fellowship’s feelings that Bill’s writing be retained as originally published.” However, with a focus on inclusivity, the 2021 General Service Conference updated and footnoted some of the original language for clarity.

We hope that the collective spiritual experience of the A.A. pioneers captured in these pages continues to help alcoholics and friends of A.A. understand the principles of our program.

ALCOHOLICS ANONYMOUS is a worldwide fellowship of more than one hundred thousand\* alcoholic men and women who are banded together to solve their common problems and to help fellow sufferers in recovery from that age-old, baffling malady, alcoholism.

This book deals with the “Twelve Steps” and the “Twelve Traditions” of Alcoholics Anonymous. It presents an explicit view of the principles by which A.A. members recover and by which their Society functions.

A.A.’s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole.

A.A.’s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about it, the way it lives and grows.

Though the essays which follow were written mainly for members, it is thought by many of A.A.’s friends that these pieces might arouse interest and find application outside A.A. itself.

- Bill W. (1952)

## A Time to Loaf ...

July 17

*I loafe and invite my soul, I lean and loafe at my ease  
observing spear of summer grass.*

- Walt Whitman

How foreign the thought is to many ... that we might make progress by loafing. Yet we probably have experienced it. We have felt more in tune with ourselves after taking a break. After an especially relaxing weekend we feel more alive or more clear about ourselves. At those times we have invited our souls and have been rejuvenated.

Centuries of spiritual practice from different ideologies have taught the need for quiet relaxation in some form to invite the soul. Some have practiced a Sabbath day each week, others a time of prayer every day - even several times a day, others a daily period of deep meditation. Simply a period of loafing, with no particular goal in mind, may invite conscious contact with our Higher Power.

*I pray for the ability to set aside my busy pace of life, my worrying  
and fretting, my “take charge” attitude for a period of time today.*

- Hazelden Meditation Series - *Touchstones*

## Sobriety: Keep it by Giving Back We Need You!

Attend AA Riverside’s **General Meeting**  
**Sunday** each week



## Staying Sober

- Go to meetings
- Get a sponsor
- Work your program
- Read the Big Book
- Keep coming back

***It Works!***

Visit us online ... <http://www.aafairviewriverside.org/>

Join us for a  
Speaker Meeting

Wilf Auditorium  
Children's Hospital  
In-person  
Sunday 7:00pm

AA  
Sunday  
Night



The General Meeting on Sunday nights @ 7pm

If interested in helping out, please contact us at  
[aabtriverside@gmail.com](mailto:aabtriverside@gmail.com)

**Please check out the 12-step  
opportunities below.**

*To keep the program,  
we must give it away!*

### 12-step Opportunities



**AA Riverside @ U of M Medical Center**

**General Meeting—Sunday speakers —7pm  
In-person**

**AA Wing Meetings – In-person**

**Fairview Riverside – U of M Detox  
Center – In-person/Zoom Meeting**

**Annual Gopher State Round Up –  
AA Hospitality Suite 115 - Memorial Day  
Weekend - May 23 - 25, 2025.**

For more information, please email  
AA Riverside Board of Trustees  
at

[aabtriverside@gmail.com](mailto:aabtriverside@gmail.com)

**Visit us online**

<http://www.aafairviewriverside.org/>

Have you  
written  
something?

Would you  
like to have  
it published in  
**Straight Talk?**

**Straight Talk**

Send to

[aabtriverside@gmail.com](mailto:aabtriverside@gmail.com)

memories, musings, poetry, essays, photos, stories, ideas



**"THUMBS UP"**



**IF YOU WOKE UP SOBER  
AND NOT HUNGOVER**

11/10/2020

#### Trustees

Bruce M. – Sq. 62

Lynn S. - Sq. 1, 2

Kyle W. - General Meeting

Jim M. – Sq. 70

Chris P. - Detox Sunday

Jeremy K. - Sq. 3

Dave P. - Sq. 47

Need Rep for Sq. 57

Monthly Treasurer's &  
Secretary's

Reports on website



**Visit us online**

[aafairviewriverside.org](http://aafairviewriverside.org)

#### 7th Tradition

*Every AA Group Ought To Be Fully Self-Supporting*

**Your contributions support:**

- Online Meetings
- *Straight Talk* Newsletter
- GSO & AA service organizations
- AA Riverside website
- Gopher State Hospitality Suite



**That's why we pass the envelop!**

**Contribute directly with a Venmo account to:**

**@Aa-fairviewriverside**

**or**

**Send your contribution by mail to AA Treasurer at  
1575 Christie Place, St. Paul MN 55106**

**AA thanks you for your ongoing support!**



# AA Riverside Meeting Listings

## (Alcoholics Anonymous)

**U of M Medical Center Campus**  
**2450 Riverside Avenue, Minneapolis MN 55454**

**To access online meetings, please download the ZOOM app on your smartphone, laptop, tablet or computer. The AA meetings listed below happen every week.**

Day	Time	Squad	Type	Location	Zoom Code	Password
Monday	5:30pm	3	O MX ST H	East Building – 1 <sup>st</sup> Floor – Dining Room F	690 284 815	000777
Tuesday	1:00pm	57	O MX	East Building – 1 <sup>st</sup> Floor – Dining Room F		
Tuesday	7:00pm	62	C MX ST T	Bethany Lutheran Church ZOOM Only until further notice	824 8357 1864	537242
Friday	8:30pm	70	O MX ST T H	East Building – 1 <sup>st</sup> Floor – Dining Room F	982 0212 3715	823676
Saturday	8:00pm	1	C MX G	ZOOM Only until further notice	979 323 653	009361
Sunday	5:30pm	47	O MX D H	East Building – 1 <sup>st</sup> Floor – Dining Room F	238 221 601	004638
Sunday	7:00pm	General Meeting	O MX S	Children's Hospital - Wilf Auditorium		
Sunday	8:30pm	2	O MX D	ZOOM/In-person in February Check website - <i>see below</i>	330 843 112	013328
Trustees Meeting – 2 <sup>nd</sup> Sunday each month – 5:45pm Wilf Auditorium Board Room						
<div style="display: flex; justify-content: space-between;"> <div> O = Open C = Closed W = Women Only </div> <div> S = Speaker D = Discussion MX = Mixed </div> <div> H = Hybrid – In-person &amp; ZOOM Gray Highlight = ZOOM Only ST = Step T = Tradition G = Grapevine </div> </div>						
Please visit our website: <a href="http://aafairviewriverside.org">aafairviewriverside.org</a> Please visit and join our Facebook page: <b>StraightTalk Society</b>						



**7th Tradition: Every AA Group Ought To Be Fully Self-Supporting**

Contribute directly with a Venmo account to: [@Aa-fairviewriverside](#) or  
Send your contribution by mail to AA Treasurer at 1575 Christie Place, St. Paul MN 55106



***People who don't go to meetings aren't there to see what happens to people who don't go to meetings.***

- Is your group not listed? Is it listed incorrectly?

Please send a note with any changes or your writing submission to:

**[aabtriverside@gmail.com](mailto:aabtriverside@gmail.com)**

**website: [aafairviewriverside.org](http://aafairviewriverside.org)**

AA Riverside & the Digital Age



In 2015, AA Riverside established a **website** (see address above). It has extensive information about: **meetings** on campus and links to other meeting resources across the Twin City metro area, current and past **newsletters**, **trustee minutes**, **treasurer reports**, **12-step opportunities**, and **A.A. resources**.

If you're looking for info about A.A. or meeting topics, you're sure to find something on this website.

In 2018, a Facebook page for AA Riverside entitled **StraightTalk Society** was developed as a fellowship and out-reach platform for members of the recovering community.