

Straight Talk

A publication of AA Riverside
U of M Medical Center Campus

Meeting
Listings
Inside

Visit us online
<http://www.aafairviewriverside.org/>

July - August 2024



AA Riverside

U of M Medical Center Campus
2450 Riverside Avenue, Minneapolis MN 55454

In-person & Online

Steps Away!

**AA Riverside
Weekly Meetings**

Sunday - Squad 47 @ 5:30pm

Sunday - General Mtg @ 7:00pm

Sunday - Squad 2 @ 8:30pm

Monday - Squad 3 @ 5:30pm

Tuesday - Squad 57 @ 1:00pm

Tuesday - Squad 62 @ 7:00pm

Friday - Squad 70 @ 8:30pm

Saturday - Squad 1 @ 8:00pm

(Grapevine Meeting)

Complete listing & locations on back - page 4

***"If you have
decided you want
what we have ..."***

Straight Talk is also available
online at
aafairviewriverside.org

The AA Big Book- p.58



XLIX Gopher State Roundup

2024

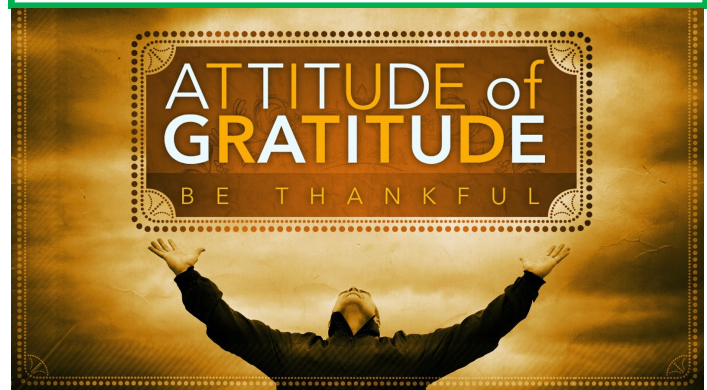
Road to Recovery



*A special thank you to our new
partner, The Gratitude Group,
5748 Nicollet Ave, Mpls., 55419.*

*John P. and a host of volunteers helped us
provide food and fellowship at this year's
Gopher State hospitality suite for nearly
300 of the 6,000 attendees.*

*We look forward to extending our
successful group collaboration in 2025.*



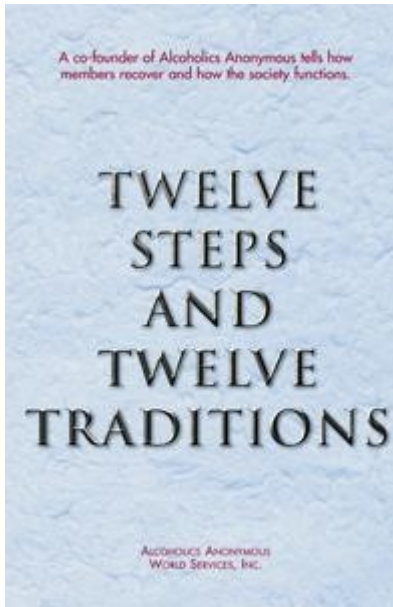
AA Riverside and it's ***Straight Talk*** newsletter will
be providing an AA Riverside Meeting flier and
contact cards to all squads and members to help in
"attracting" those looking for AA meetings.

We also encourage our Trusted Servants/Squad
Leaders to feel free to copy ***Straight Talk*** for their
members and attendees.

Subscribe To Straight Talk

If you would like to have an electronic copy of ***Straight Talk*** sent to you and/or a friend, please send email
address(es) to AA Riverside at aabtriverside@gmail.com

"I AM RESPONSIBLE FOR MY OWN SOBRIETY"



Many AA members, new and old, have found “The 12 by 12” helpful in both understanding and explaining the program.

Originally published in 1953 by AA Grapevine, Inc., it was reprinted in 1981, and 2021.

It is available in hardcover, paperback, online, and audio books. The following is the book’s Introduction and Forward ...

ALCOHOLICS ANONYMOUS first published *Twelve Steps and Twelve Traditions* in 1953. Bill W., who along with Dr. Bob S. founded Alcoholics Anonymous in 1935, wrote the book to share 18 years of collective experience within the Fellowship on how A.A. members recover, and how our society functions.

In recent years some members and friends of A.A. have asked if it would be wise to update the language, idioms, and historical references in the book to present a more contemporary image for the Fellowship. However, because the book has helped so many alcoholics find recovery, there exists strong sentiment within the Fellowship against any change to it. In fact, the 2002 General Service Conference discussed this issue and it was unanimously recommended that: “The text in the book *Twelve Steps and Twelve Traditions*, written by Bill W., remain as is, recognizing the Fellowship’s feelings that Bill’s writing be retained as originally published.” However, with a focus on inclusivity, the 2021 General Service Conference updated and footnoted some of the original language for clarity.

We hope that the collective spiritual experience of the A.A. pioneers captured in these pages continues to help alcoholics and friends of A.A. understand the principles of our program.

ALCOHOLICS ANONYMOUS is a worldwide fellowship of more than one hundred thousand* alcoholic men and women who are banded together to solve their common problems and to help fellow sufferers in recovery from that age-old, baffling malady, alcoholism.

This book deals with the “Twelve Steps” and the “Twelve Traditions” of Alcoholics Anonymous. It presents an explicit view of the principles by which A.A. members recover and by which their Society functions.

A.A.’s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole.

A.A.’s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about it, the way it lives and grows.

Though the essays which follow were written mainly for members, it is thought by many of A.A.’s friends that these pieces might arouse interest and find application outside A.A. itself.

- Bill W. (1952)

A Time to Loaf ...

July 17

*I loafe and invite my soul, I lean and loafe at my ease
observing spear of summer grass.*

- Walt Whitman

How foreign the thought is to many ... that we might make progress by loafing. Yet we probably have experienced it. We have felt more in tune with ourselves after taking a break. After an especially relaxing weekend we feel more alive or more clear about ourselves. At those times we have invited our souls and have been rejuvenated.

Centuries of spiritual practice from different ideologies have taught the need for quiet relaxation in some form to invite the soul. Some have practiced a Sabbath day each week, others a time of prayer every day - even several times a day, others a daily period of deep meditation. Simply a period of loafing, with no particular goal in mind, may invite conscious contact with our Higher Power.

*I pray for the ability to set aside my busy pace of life, my worrying
and fretting, my “take charge” attitude for a period of time today.*

- Hazelden Meditation Series - Touchstones

Sobriety: Keep it by Giving Back We Need You!

Attend AA Riverside’s **General Meeting**
Sunday each week



Staying Sober

- Go to meetings
- Get a sponsor
- Work your program
- Read the Big Book
- Keep coming back

It Works!

Visit us online ... <http://www.aafairviewriverside.org/>

Join us for a
Speaker Meeting

Wilf Auditorium
Children's Hospital
In-person
Sunday 7:00pm

AA
Sunday
Night

The General Meeting on Sunday nights @ 7pm

If interested in helping out, please contact us at
aabtriverside@gmail.com

**Please check out the 12-step
opportunities below.**

*To keep the program,
we must give it away!*

12-step Opportunities



AA Riverside @ U of M Medical Center

**General Meeting—Sunday speakers —7pm
In-person**

AA Wing Meetings – In-person

**Fairview Riverside – U of M Detox
Center – In-person/Zoom Meeting**

**Annual Gopher State Round Up –
AA Hospitality Suite 115 - Memorial Day
Weekend - May 23 - 25, 2025.**

For more information, please email
AA Riverside Board of Trustees
at

aabtriverside@gmail.com

Visit us online

<http://www.aafairviewriverside.org/>

Have you
written
something?

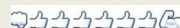
Would you
like to have
it published in
Straight Talk?

Straight Talk

Send to

aabtriverside@gmail.com

memories, musings, poetry, essays, photos, stories, ideas



"THUMBS UP"



**IF YOU WOKE UP SOBER
AND NOT HUNGOVER**

11/10/2020

Trustees

Bruce M. – Sq. 62

Lynn S. - Sq. 1, 2

Kyle W. - General Meeting

Jim M. – Sq. 70

Chris P. - Detox Sunday

Jeremy K. - Sq. 3

Dave P. - Sq. 47

Need Rep for Sq. 57

Monthly Treasurer's &
Secretary's

Reports on website



Visit us online

aafairviewriverside.org

7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Your contributions support:

- Online Meetings
- *Straight Talk* Newsletter
- GSO & AA service organizations
- AA Riverside website
- Gopher State Hospitality Suite



That's why we pass the envelop!

Contribute directly with a Venmo account to:

@Aa-fairviewriverside

or

**Send your contribution by mail to AA Treasurer at
1575 Christie Place, St. Paul MN 55106**

AA thanks you for your ongoing support!

AA Riverside Meeting Listings

(Alcoholics Anonymous)

**U of M Medical Center Campus
2450 Riverside Avenue, Minneapolis MN 55454**

To access online meetings, please download the ZOOM app on your smartphone, laptop, tablet or computer. The AA meetings listed below happen every week.

Day	Time	Squad	Type	Location	Zoom Code	Password
Monday	5:30pm	3	O MX ST H	East Building – 1 st Floor – Dining Room F	690 284 815	000777
Tuesday	1:00pm	57	O MX	East Building – 1 st Floor – Dining Room F		
Tuesday	7:00pm	62	C MX ST T	Bethany Lutheran Church ZOOM Only until further notice	840 1425 3034	232119
Friday	8:30pm	70	O MX ST T H	East Building – 1 st Floor – Dining Room F	982 0212 3715	823676
Saturday	8:00pm	1	C MX G	ZOOM Only until further notice	979 323 653	009361
Sunday	5:30pm	47	O MX D H	East Building – 1 st Floor – Dining Room F	238 221 601	004638
Sunday	7:00pm	General Meeting	O MX S	Children's Hospital - Wilf Auditorium		
Sunday	8:30pm	2	O MX D	ZOOM/In-person in February Check website - <i>see below</i>	330 843 112	013328
Trustees Meeting – 2 nd Sunday each month – 5:45pm Wilf Auditorium Board Room						
<div style="display: flex; justify-content: space-between;"> <div> O = Open C = Closed W = Women Only </div> <div> S = Speaker D = Discussion MX = Mixed </div> <div> H = Hybrid – In-person & ZOOM Gray Highlight = ZOOM Only ST = Step T = Tradition G = Grapevine </div> </div>						
Please visit our website: aafairviewriverside.org Please visit and join our Facebook page: StraightTalk Society						



7th Tradition: Every AA Group Ought To Be Fully Self-Supporting

Contribute directly with a Venmo account to: [@Aa-fairviewriverside](https://www.venmo.com/@Aa-fairviewriverside) or
Send your contribution by mail to AA Treasurer at 1575 Christie Place, St. Paul MN 55106



People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

- Is your group not listed? Is it listed incorrectly?

Please send a note with any changes or your writing submission to:

aabtriverside@gmail.com
website: aafairviewriverside.org
AA Riverside & the Digital Age



In 2015, AA Riverside established a **website** (see address above). It has extensive information about: **meetings** on campus and links to other meeting resources across the Twin City metro area, current and past **newsletters**, **trustee minutes**, **treasurer reports**, **12-step opportunities**, and **A.A. resources**.

If you're looking for info about A.A. or meeting topics, you're sure to find something on this website.

In 2018, a Facebook page for AA Riverside entitled **StraightTalk Society** was developed as a fellowship and out-reach platform for members of the recovering community.