

Straight Talk

A publication of AA Riverside
U of M Medical Center Campus

Meeting
Listings
Inside

Visit us online
<http://www.aafairviewriverside.org/>

March - April 2023

AA Riverside needs Your Help & Support at Gopher State Roundup

Volunteer Your Time

Contribute Support



Hosting

Set up

Fellowship



Refreshments

Food

Room Rental

AA Riverside - Hospitality Suite 115
Contact us at aabtriverside@gmail.com

XLVIII Roundup

Theme: Sunlight of the Spirit
speakers, films, workshops, meetings

Date: May 26 — 28, 2023

Doubletree Bloomington Hotel
7800 Normandale Boulevard



"I AM RESPONSIBLE FOR MY OWN SOBRIETY"

Why Is the Fellowship So Important in AA?

When people talk about AA, NA, and other 12 step groups, they'll often mention the fellowship. But what is the fellowship? And how do you become a part of it?

The 12 Step Fellowship

When it comes to 12 step meetings and programs, there are two different aspects to consider. There's the program, including the philosophies, traditions, and 12 steps of AA, which outline the programs beliefs and the steps to recovery. This is what people are talking about when they discuss "The Program."

Then there's the fellowship. The fellowship primarily means the people, the members of AA, and the gathering of those people in meetings. Sometimes referred to as "The Rooms," 12 step meetings are for the people, not the program, and an integral part of the fellowship of AA. It brings all the road to recovery.

Striving for Similar Goals

Outside of AA and the 12 step programs, the idea of fellowship is a group of people with a similar goal. In the case of AA, this goal is sobriety. And while each and every person has to walk their own road to recovery, the fellowship of AA makes it so you don't have to walk alone. Each individual is able to learn about the steps of those that came before him or her and learn what to avoid and what to embrace to increase the chances of success.

A Place for Support

Anyone who's attempted recovery knows the difficult path ahead, and that's another reason the fellowship is so important. Getting sober is not always easy, and many alcoholics and addicts don't have a strong support system in their lives. Enter the fellowship. By walking into a 12 step meeting, introducing yourself, and admitting to being powerless over your addiction, you welcome the support of the entire fellowship. You'll get phone numbers, you'll get pats on the back, and you'll get people who want to grab a cup of coffee or offer you a ride to the next meeting. Giving back is one of the fundamental principles of the 12 steps and people do it through their support to those new in recovery.

Advice and Education

Another role that the fellowship plays is one of education. The 12 step fellowship is filled with massive amounts of information and experiences, just waiting to be tapped. No matter if you're looking for the best rehab or a new drug and alcohol therapist, those in the fellowship can offer their advice and expertise. They've been there and done that, and helped hundreds of other people do the same. Beyond the vast knowledge of the individuals of the fellowship, many groups and meetings have educational information available in pamphlets and books at each meeting. If you're looking for information on something specific, speak up. Someone within the fellowship will know where to look.

Reprinted from

15th March 2023

12Step.com

One step at a time

A few reflections about Gopher State Roundup

Over the years I would occasionally attend this annual AA Memorial Day Weekend event. The past decade has seen an increase in my attendance. Being part of a living miracle represented by 1000's of single-minded persons determined to stay sober by caring for each other goes beyond the words to describe it. A churning sea of recovering people celebrating their years and days of sobriety moves beneath one roof with a din of joyous chatter which then quickly transforms to silent attention drawn to the inspirational words of the speaker.

Jim M.
Squad 70

Tradition Three

"The only requirement for A. A. membership is a desire to stop drinking."



AA Riverside & the Digital Age

In 2015, AA Riverside established a **website** (see address below). It has extensive information about: **meetings** on campus and links to other meeting resources across the Twin City metro area, current and past **newsletters, trustee minutes, treasurer reports, 12-step opportunities, and AA resources**. If you're looking for info about AA or meeting topics, you're sure to find something on this website.

In 2018, a Facebook page for AA Riverside entitled **StraightTalk Society** was developed as a fellowship and outreach platform for members of the recovering community.

Visit us online ... <http://www.aafairviewriverside.org/>



Join us for a
Speaker Meeting

Online ZOOM
983 3148 0892
435229
Sunday 7:00pm

AA
Sunday
Night



The General Meeting on Sunday nights @ 7pm
If interested in helping out, please contact us at
aabtriverside@gmail.com

Please check out the 12-step
opportunities below especially the
Annual Gopher State Roundup



To keep the program,
we must give it away!

12-step Opportunities



AA Riverside – U of M Medical Center

General Meeting – Sunday speakers –7pm
Online ZOOM 983 3148 0892 435229

AA Wing Meetings – In-person

Fairview Riverside – U of M Detox
Center – Zoom Meeting

Annual Gopher State Round Up –
AA Hospitality Suite 115 - Memorial Day
Weekend - May 26 - 28, 2023.

For more information, please email
AA Riverside Board of Trustees
at

aabtriverside@gmail.com

Visit us online

<http://www.aafairviewriverside.org/>

Have you written something?

Would you
like to have
it published in
Straight Talk?



Send to
aabtriverside@gmail.com

Spring has almost sprung!

Sober Bike Rider's Program

Do **YOU** like bikes? 
Do **YOU** ride bikes?
Do **YOU** have a bike you'd like to donate?
Do **YOU** need a bike?

Lee C. & Jim W.
AA Members of AA at Fairview Riverside
would like to hear from **YOU**
Call (612) 458-0262

Trustees

Bruce M. – Sq. 62

Lynn S.

Jeremy K.; Chris P. -

General Meeting

Jim M. – Sq. 70

Kyle W. - Sq. 1 & 2

Jeremy K. - Sq. 3

Karl K. - Sq. 57

Dave P. - Sq. 47

Chris P.—Detox

Monthly Treasurer's
& Secretary's
Reports on website



7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Your contributions support:

- Online Meetings during Stay At Home
- *Straight Talk* Newsletter
- GSO & AA service organizations
- AA at Fairview Riverside website
- Gopher State Hospitality Suite



That's why we pass the envelop!

Contribute directly with a Venmo account to:
@Aa-fairviewriverside

or

Send your contribution by mail to AA Treasurer at
1575 Christie Place, St. Paul MN 55106

AA thanks you for your ongoing support!

AA Riverside Meeting Listings (Alcoholics Anonymous)

U of M Medical Center Campus

To access online meetings, please download the ZOOM app on your smartphone, laptop, tablet or computer. The AA meetings listed below happen every week.

Please Respectfully Observe the Following Hospital Covid-19 Safety Precautions

- No in-person programming in the North Building or the Wilf Auditorium at the present time
- All persons are expected to be masked while on campus
- All persons are expected to socially distance 6 feet
- Attendees need to go through the West Building lobby entrance and answer Covid contact questions

AA Riverside U of M Health Campus January 24, 2023						
Day	Time	Squad	Type	Location	Zoom Code	Password
Monday	5:30pm	3	O MX ST H	East Building – 1 st Floor – Dining Room F	690 284 815	000777
Tuesday	1:00pm	57	O MX H	East Building – 1 st Floor – Dining Room F	924 612 379	020287
Tuesday	7:00pm	62	C MX ST T	Bethany Lutheran Church ZOOM Only until further notice	840 1425 3034	232119
Friday	8:30pm	70	O MX ST T H	East Building – 1 st Floor – Dining Room F	982 0212 3715	823676
Saturday	8:00pm	1	C MX	ZOOM Only until further notice	979 323 653	009361
Sunday	5:30pm	47	O MX D H	East Building – 1 st Floor – Dining Room F	238 221 601	004638
Sunday	7:00pm	General Meeting	O MX S	ZOOM Only until further notice	983 3148 0892	435229
Sunday	8:30pm	2	O MX D	ZOOM Only until further notice	330 843 112	013328
Trustees Meeting – 2 nd Sunday each month – 5:45pm Zoom Only until further notice					932 2496 7231	784195
O = Open S = Speaker H = Hybrid – In-person & ZOOM C = Closed D = Discussion Gray Highlight = ZOOM Only W = Women Only ST = Step MX = Mixed T = Tradition						
<p style="text-align: center;">Please visit our website: aafairviewriverside.org Please visit and join our Facebook page: StraightTalk Society</p>						



7th Tradition: Every AA Group Ought To Be Fully Self-Supporting



Contribute directly with a Venmo account to: [@Aa-fairviewriverside](#) or
Send your contribution by mail to AA Treasurer at 1575 Christie Place, St. Paul

People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

- Is your group not listed? Is it listed incorrectly?

Please send a note with any changes or your writing submission to:

aabtriverside@gmail.com
website: aafairviewriverside.org

