

Straight Talk

A publication of Fairview Riverside AA
U of M Medical Center

Meeting
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Visit us online
<http://www.aafairviewriverside.org/>

November - December 2019

Founder's Day Weekend November 29, 30, December 1, 2019

**Celebrating 79 Years of AA in the Upper Midwest
and Honoring AA Members With One Year of Sobriety!**

Register Online at: [www.FOUNDERSDAYMN.org](http://wwwFOUNDERSDAYMN.org)

Location: DoubleTree Bloomington Hotel

Founder's Day Weekend in Minnesota is an Alcoholics Anonymous celebration of recovery from alcoholism, and is in tribute to that day in 1940, during the Armistice Day Blizzard when the message of recovery was carried from Chicago to Pat C. by two men who came to Minneapolis for the University of Minnesota football game.



Bill W.



Pat C.



Dr. Bob

**Fairview Riverside AA Unity Night on Friday - November 29 (6:00 - 7:00pm)
Meet & Greet at Founder's Day Registration Area**

Festive Holiday Potluck & Gratitude "Call-Up" Meeting Sunday - December 29, 2019 6:45 - 8:15pm

**U of M Medical Center
Fairview Riverside East Building
(Lower level - Dining Room A)
2414 S. 7th Street
Minneapolis, MN 55454**



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*** Cookies & Coffee provided.
Please bring other tasty
treats to share!**

Room & Meeting Changes

- The Brennan Center has been closed and repurposed as a medical area.
- Squads 1 & 2 meet in East Bldg. Lower Level - Dining Room A.
- Sunday's General Meeting meets in East Bldg. Lower Level - Dining Room A.
- Friday's NA Meeting meets in East Bldg. Lower Level - Dining Room A.
- AA Squad W for women Monday's @ 5:30pm meets East Bldg. Lower Level - Dining Room E.

"I AM RESPONSIBLE FOR MY OWN SOBRIETY"

Sobriety and Beyond

AA's Fourth Dimension: Emotional Sobriety & Serenity

Although Bill W. did not use the term "emotional sobriety" in the AA Big Book, he did directly use the term in *Twelve Steps and Twelve Traditions*. In the chapter on Step Twelve in the first paragraph, he wrote:

"The joy of living is the theme of A.A.'s Twelfth Step, and action is its key word. Here we turn outward toward our fellow alcoholics who are still in distress. Here we experience the kind of giving that asks no rewards. Here we begin to practice all Twelve Steps of the program in our daily lives so that we and those about us may find emotional sobriety*. When the Twelfth Step is seen in its full implication, it is really talking about the kind of love that has no price tag on it." (page 109, Fifteenth printing 1977).

* *emphasis added.*

In his letters and writings he clearly focused on the personal transformation that could occur in each person who practiced the Twelve Steps thoroughly and developed a way of living "these principles in all our affairs." He wrote an article for the *AA Grapevine* Newsletter in January 1958 entitled "The Next Frontier: Emotional Sobriety" He started out:

"I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA - the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God."

And he later stated:

"How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living - well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious - from which so many of our fears, compulsions and phony aspirations still stream - be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task."

Earlier in the AA Big Book, he had written: "*There is a solution.* Almost none of us liked the self-searching, the leveling of our pride, the confession of shortcomings which the process requires for its successful consumption. But we saw that it really worked in others, and we had come to believe in the hopelessness and futility of life as we had been living it. When, therefore, we were approached by those in whom the problem had been solved, there was nothing left for us but to pick up the simple kit of spiritual tools at our feet. We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed. ... We were having trouble with personal relationships, we couldn't control our emotional natures, we were prey to misery and depression, we couldn't make a living, we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of help to other people - was not a basic solution of these bedevilements more important than whether we should see newsreels of lunar flight? Of course it was." ... "Having had a spiritual awakening as the result of these steps"... we were able "to face the hideous Four Horsemen - Terror, Bewilderment, Frustration, Despair." and we found emotional sobriety and serenity.



Visit us online ... <http://www.aafairviewriverside.org/>

Join us for a
Speaker Meeting

Dining Room A
East Building
Sunday @ 7:15pm

AA
Sunday
Night



The General Meeting on
Sunday nights @ 7:15pm
If interested in helping out,
please contact us at
feedback@aafairviewriverside.org

12-step Opportunities



Fairview Riverside AA – U of M Medical Center

To keep the program, we must give it away!

General Meeting – Sunday speakers – 7:15pm
East Building (Lower Level) Dining Room A

AA Wing Meeting – Saturdays – 6:30pm –
5th Floor Treatment Center – Cafeteria

Fairview Riverside – U of M Detox Center – Sundays – 8:30pm

Annual Gopher State Round Up – AA Hospitality Suite 115—Memorial Day
Weekend - May 2020

For more information, please email
Fairview Riverside Board of Trustees
at

feedback@aafairviewriverside.org

Visit us online

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Have you
written
something?

Would you
like to have
it published in
Straight Talk?



Leave your written/graphic contribution in
Squad 70's mail slot located in Room 537—
5th Floor West Building - Address to
Straight Talk

Additional Meetings at U of M Medical Center

DAY	GROUP	TIME	LOCATION
	ACA	8:00pm	North Bldg—NG22
Monday	10		
	ACOA	9:00pm	North Bldg—NG22
Tuesday	4		
	CA	8:30pm	West Bldg—Floor 5 #541
Wednesday			
	GA	7:00pm	East Bldg-MB114
Sunday			
	NA	8:00pm	East Bldg - Dining Rm A
Friday			
	WA	11:30am	East Bldg-Dining Rm E
Wednesday			
	Opiates Anonymous	8:00pm	West Bldg—Floor 5 #557
Thursday			
	(Workaholics Anonymous)		
	(Closed Meeting—Alumni)		

7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Your contributions support:

- AA Meeting Rooms' monthly rent stipend
- *Straight Talk* Newsletter
- Gopher State Hospitality Suite
- General Meeting & 12 step supplies/medallions
- GSO & AA service organizations
- AA at Fairview Riverside website

That's why
we pass the
envelop!



Drop Box
located in the
West Building
Room F537

U of M Medical Center Fairview Meeting Listings

AA (Alcoholics Anonymous)

Day	Group/Squad	Time	Location
Monday	3	5:30pm	East Bldg - MB114 - Dining Room F
	W	5:30pm	East Bldg - Dining Room E (women only)
	43	7pm	North Bldg - Ground Level NG48
Tuesday	57/36	1pm	West Bldg - Fifth Floor F555
	62	7pm	Bethany Lutheran Church - Franklin Avenue @ 25th Avenue
Wednesday	20	7pm	East Bldg - MB114 - Dining Room F (men only)
Friday	70	8:30pm	North Bldg - Ground Level-NG42
Saturday	1	8pm	East Bldg - Dining Room A
Sunday	47	5:30pm	East Bldg - MB114 - Dining Room F
	General Meeting	7:15pm	East Bldg - Dining Room A
	2	8:30pm	East Bldg - Dining Room A

Trustees 2nd Sunday each month 6:15pm East Bldg - 1st Floor Fireplace Lobby

Visit our new Facebook page—**StraightTalk Society**
<https://www.facebook.com/groups/371595779928822/>

On another note... Please elect a new trustee for your AA squad/group and have them attend the next trustees meeting. The trustees meet on the second Sunday of the month in the 1st Floor Fireplace Lobby in the East Building at 6:15pm.

Monthly Treasurer's & Secretary's Reports on
website

Visit us online

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Trustees

Bruce M. – Sq. 62
Lynn – Sqs. 1 & W
Thomas L. - General Meeting
Jim M. – Sq. 70
Kyle W. - Sq. 20
Grant - Sq. 2
Jim W.- Sq. 3
Karl K. - Sq. 57

Looking for Reps from:
Sq. 43 Sq. 47

Please send a representative from your Squad!

People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

• Is your group not listed? Is it listed incorrectly?

Please leave a note with any changes or your writing submission in:

AA group #70 mailbox—located in the West Building — Room F537