

Straight Talk

A publication of Fairview Riverside AA
U of M Medical Center

Meeting
Listings
Inside

Visit us online
<http://www.aafairviewriverside.org/>

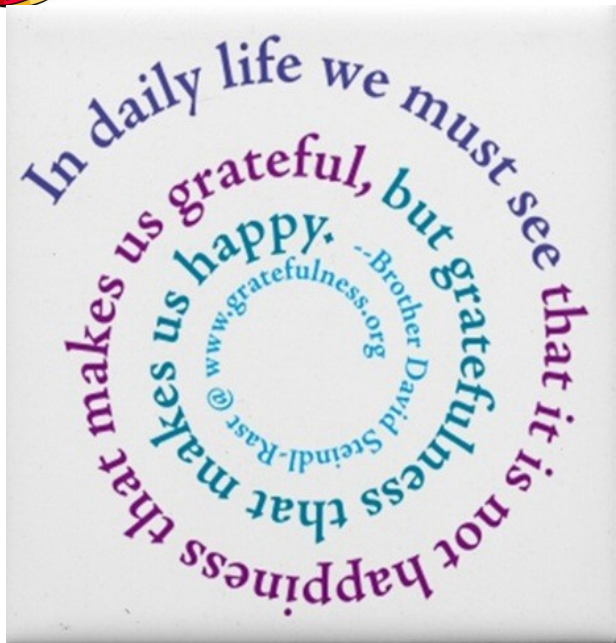
November - December 2021

Breaking News In-person Meetings Resume

Please Respectfully Observe the Following Hospital Covid-19 Safety Precautions

- No in-person programming in the North Building or the Wilf Auditorium at the present time
- All persons are expected to be masked while on campus
- All persons are expected to socially distance 6 feet
- Attendees may need to go through the West Building lobby entrance and fill out a Covid questionnaire

See inside and on the back page for more information, days, and times
for AA Meetings at Fairview Riverside



Happy Thanksgiving

**"I'm in recovery and I'm having a really bad day!
What can I do?"**

Nobody promised us a rose garden when we got sober. Work your program; call your sponsor; reach out to someone in your home group; go to a meeting; prayer and meditation; take 3 deep breaths; take a walk in a park; help someone else. DON'T DRINK!

12 Tips for Sober HOLIDAYS

1. Line up extra AA activities (help on the phones, speak, empty the ashtrays).
2. Be host to friends, especially newcomers, at home or at a coffee shop.
3. Keep your AA telephone list with you at all times.
4. Find out about holiday meetings or celebrations in your local groups.
5. Skip any drinking occasions you're nervous about.
6. If there's one you can't skip, take an AA friend--or keep candy handy.
7. Don't think you have to stay late (plan an "important date" in advance).
8. Go to church. Any church. And don't forget about extra meetings.
9. Don't sit around brooding; catch up on reading, museums, walks, letters.
10. Don't project about holiday temptations: remember "One day at a time."
11. Even if you cannot give material gifts, enjoy the beauty of holiday love.
12. Carry the message. Give the joy away, and it will be yours to keep.

AA Grapevine: The International Journal of Alcoholics Anonymous
(December 1989)



"I AM RESPONSIBLE FOR MY OWN SOBRIETY"

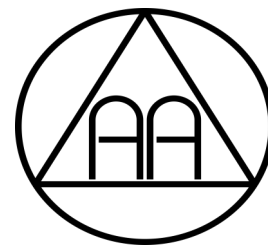


Some Fairview Riverside AA gatherings and meetings at the U of M Medical Center have returned to meeting in-person while others continue to Zoom and some have established a hybrid format. *AA Squads at Fairview Riverside have used their “group conscience” in determining reopening protocols and meeting formats.* Please refer to this issue of *Straight Talk* for more information about Online AA Meetings and 12-Step opportunities.

- Stay safe
- Stay strong
- Stay sober

For AA help and information call anytime at:
Greater Minneapolis Inter Group
(952) 922-0880

St. Paul and Suburban Inter Group
(651) 227-5502 Spanish **(651) 888-6912**



Visit our website aafairviewriverside.org/
& Join our new Facebook page - **StraightTalk Society**
Information - Fellowship - Support

“God grant me the **Serenity** to accept the things I cannot change,
the **Courage** to change the things I can, and the **Wisdom** to know the difference.”

A ton of information has been gratefully gathered by: **GREATER MINNEAPOLIS INTERGROUP ALCOHOLICS ANONYMOUS**
INTERGROUP ASSOCIATION OF MINNEAPOLIS & THE SUBURBAN AREAS, INC.
about **REOPENING & HYBRID MEETINGS**

See following links and the AA at Fairview Riverside website for complete details:

[Building Use Guidelines During Covid-19 Re-Opening](https://aaminneapolis.org/planning-for-a-hybrid-meeting/)
<https://aaminneapolis.org/planning-for-a-hybrid-meeting/>

In an effort to provide a safe environment and comply with government mandates and the guidance of health officials, the following procedures are suggestions you may want to consider following:

FIRST - SECURE A SUPPLY OF DISINFECTANT WIPES AND HAND SANITIZER BEFORE RE-OPENING. (HAVE TAPE MEASURE, AND SOMETHING TO MARK 6FT SPACING)

SECOND - CONTACT YOUR FACILITY TO SEE WHAT GUIDELINES THEY WILL REQUIRE YOU FOLLOW.

See more information at aafairviewriverside.org

Declaration of Unity

**THIS WE OWE TO A.A.'S FUTURE:
TO PLACE OUR COMMON WELFARE FIRST;
TO KEEP OUR FELLOWSHIP UNITED.
FOR ON A.A. UNITY DEPENDS OUR LIVES,
AND THE LIVES OF THOSE TO COME.**

Visit us online ... <http://www.aafairviewriverside.org/>

Sober Bike Rider's Program



Do YOU like bikes?

Do YOU ride bikes?

Do YOU have a bike you'd like to donate?

Do YOU need a bike?

Lee C. & Jim W.
AA Members of AA at Fairview Riverside
would like to hear from YOU
Call (612) 458-0262



7th Tradition
Every AA Group Ought To Be Fully Self-Supporting
That's why we pass the envelop!

Contribute directly with a Venmo account to:
@Aa-fairviewriverside

or
Send your contribution by mail to AA Treasurer at
2209 22nd Avenue South, Mpls MN 55404



AA at Fairview Riverside & the Digital Age

In 2015, AA at Fairview Riverside established a **website** (see address below). It has extensive information about: **meetings** on campus and links to other meeting resources across the

Twin City metro area, current and past **newsletters**, **trustee minutes**, **treasurer reports**, **12-step opportunities**, and **AA resources**. If you're looking for info about AA or meeting topics, you're sure to find something on this website.

In 2018, a Facebook page for AA at Fairview Riverside entitled **StraightTalk Society** was developed as a fellowship and outreach platform for members of the recovering community.



Join us for a
Speaker Meeting

Online ZOOM
983 3148 0892
435229
Sunday 7:15pm

AA
Sunday
Night



The General Meeting on
Sunday nights @ 7:15pm
If interested in helping out,
please contact us at
aabtriverside@gmail.com

KEEP

IT

GIVE

IT

"Reaching out to those who still suffer, not only helps them, but helps me by taking my mind off of myself and replacing my self-centeredness with concern for others; making me grateful - "There but for the grace of God go I."
"I complained about having no shoes until I met a man with no feet!"

12-step Opportunities



Fairview Riverside AA – U of M Medical Center

To keep the program, we must give it away!

General Meeting – Sunday speakers –7:15pm
Online ZOOM 983 3148 0892 435229

AA Wing Meeting – Zoom Meeting

Fairview Riverside – U of M Detox Center – Zoom Meeting

Annual Gopher State Round Up – AA Hospitality Suite 115 - Labor Day Weekend - 2022. (To be determined)

For more information, please email Fairview Riverside Board of Trustees at
aabtriverside@gmail.com

Visit us online

<http://www.aafairviewriverside.org/>

Have you
written
something?



KEEP

IT

GIVE

IT

Would you like to have it published in
Straight Talk?

Send to
aabtriverside@gmail.com

Recommended Reading

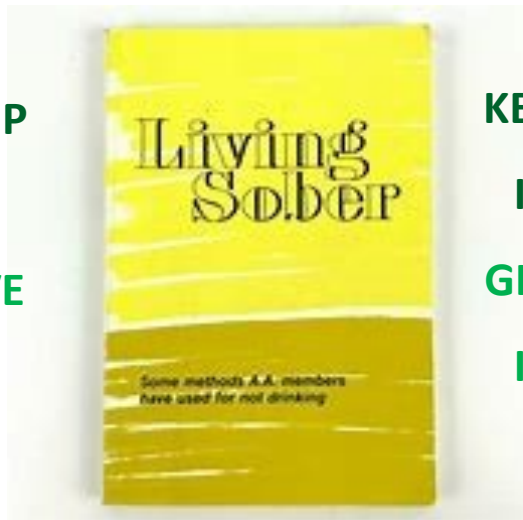
"practical and pragmatic;" "answers to questions from those seeking sobriety & recovery;" "using the 24-hour plan;" "fending off loneliness;" "being good to yourself"

KEEP

IT

GIVE

IT



KEEP

IT

GIVE

IT

When anyone, anywhere, reaches out for help,
I want the hand of A.A. always to be there.
And for that: I Am Responsible.

7th Tradition

Every AA Group Ought To Be Fully Self-Supporting

Your contributions support:

- Online Meetings during Stay At Home
- *Straight Talk* Newsletter
- GSO & AA service organizations
- AA at Fairview Riverside website



That's why we pass the envelop!

Contribute directly with a Venmo account to:
@Aa-fairviewriverside

or

Send your contribution by mail to AA Treasurer at
2209 22nd Avenue South, Mpls MN 55404

AA thanks you for your ongoing support!

U of M Medical Center Fairview Riverside Meeting Listings

AA

(Alcoholics Anonymous)

To access online meetings, please download the ZOOM app on your smartphone, laptop, tablet or computer. The AA meetings listed below happen every week.

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AA at Fairview Riverside U of M Health Campus July 13, 2021

Day	Time	Squad	Type	Location	Zoom Code	Password
Monday	5:30pm	3	O MX H	East Building – 1st Flr. – Dining Room F	690 284 815	000777
Monday	5:30pm	W	C W	East Building – 1st Flr. – Dining Room A	In-person Only	
Tuesday	1:00pm	57	O MX H	East Building – 1st Flr. – Dining Room F	924 612 379	020287
Tuesday	7:00pm	62	C MX ST T	Bethany Lutheran Church ZOOM only until further notice	592 304 732	022704
Wednesday	6:30pm	W	C W	ZOOM Only	954 6022 0508	207870
Wednesday	7:00pm	20	C M	Southeast Community Church 960 15 th Avenue SE, Mpls.	In-person Only	
Friday	8:30pm	70	O MX ST T H	East Building – 1st Flr. – Dining Room F	982 0212 3715	823676
Saturday	8:00pm	1	C MX H	East Building – 1st Flr. – Dining Room A	979 323 653	009361
Sunday	5:30pm	47	O MX D H	East Building – 1st Flr. – Dining Room F	238 221 601	004638
Sunday	7:15pm	General Meeting	O MX S	ZOOM only until further notice	938 3148 0892	435229
Sunday	8:30pm	2	O MX D H	East Building – 1st Flr. – Dining Room A	330 843 112	013328
Trustees Meeting – 2 nd Sunday each month – 6:15pm East Building – Main Floor - Fire Place Lobby – Hybrid					932 2496 7231	784195

O = Open
C = Closed
W = Women Only
M = Men Only
MX = Mixed
S = Speaker
D = Discussion
ST = Step
T = Tradition
H = Hybrid – In-person & ZOOM
Gold – In-person meeting
Blue – Zoom only

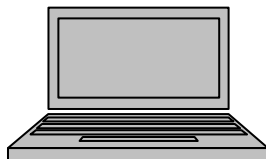
Please visit our website: aafairviewriverside.org

Please visit our new Facebook page: [StraightTalk Society](#)

Monthly Treasurer's & Secretary's Reports on website

Visit us online

<http://www.aafairviewriverside.org/>



Trustees

Bruce M. – Sq. 62
Lynn S. – Sq. W
Katie M. – Sq. 1
Kyle W. – General Meeting
Jim M. – Sq. 70
Jenn G. – Sq. 2
Jeremy K. – Sq. 3
Karl K. – Sq. 57
Dave P. – Sq. 47
Chris P. – Detox

Please send a representative from your Squad!

People who don't go to meetings aren't there to see what happens to people who don't go to meetings.

- Is your group not listed? Is it listed incorrectly?

Please send a note with any changes or your writing submission to:

aabtriverside@gmail.com