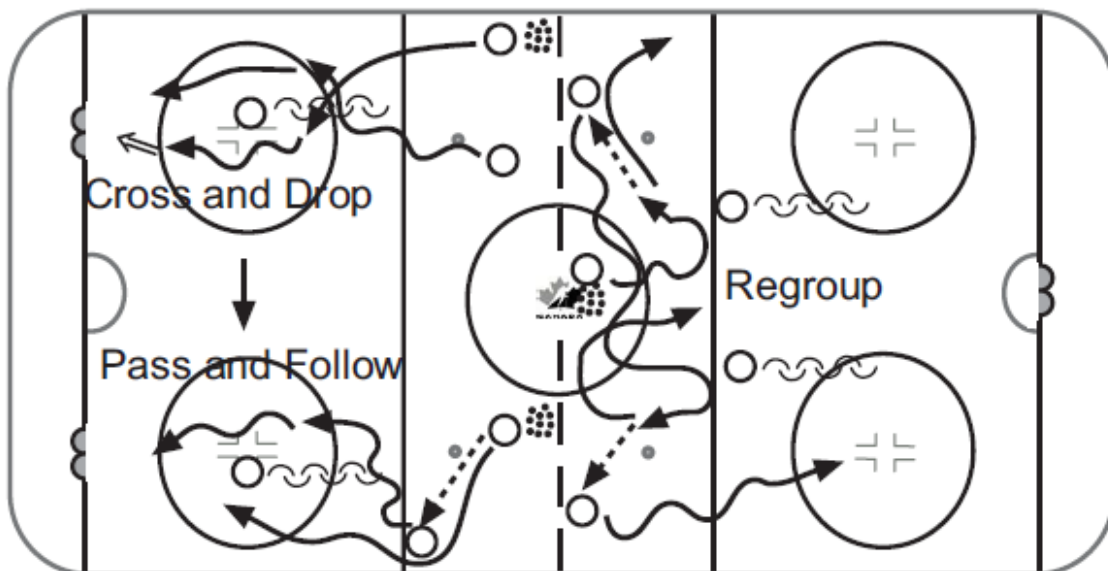


# Offensive Tactics – Neutral/Offensive Zone

## 1. CROSS AND DROP

### *Key Teaching Points*

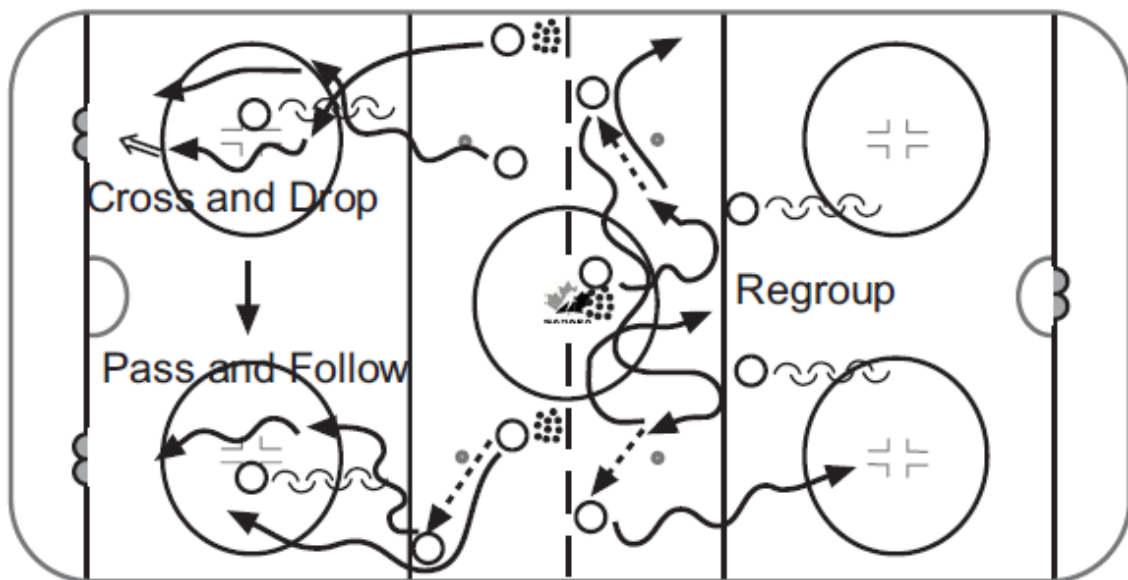
- A cross can be initiated by either the puck carrier or a non puck carrier.
- In the cross and drop technique the player with the puck crosses in a flat arc in front of the player without the puck.
- The player without the puck supports behind the puck carrier and upon receiving the drop pass should attack with speed.
- Effective execution of the cross and drop will force the defender to move laterally to defend the play.



## 2. PASS AND FOLLOW

### *Key Teaching Points*

- In the pass and follow technique, the puck carrier attempts to force the defender to adjust position by threatening with the puck, allowing the puck carrier to then pass to a teammate in an open passing lane.
- The original puck carrier now skates in the same direction as the new puck carrier in a position of support, ready for a return pass.



### 3. REGROUPS

#### *Key Teaching Points*

- When a puck carrier with no passing options has been steered to the outside, a regroup can be used to maintain possession of the puck.
- Here, by utilizing either a tight turn or turn back, the puck carrier can play the puck back toward his own goal to a defenseman or support forward, allowing the offensive team to retain possession and attempt another attack into the offensive zone.

