

The Best Days of the year



Inspirational and Accountability Planner
to help you plan and prepare for your
adhkaar, good deeds, duas and goals
so that you can make the most of
the best ten days of the year
from wherever you are.

Ayesha Haroon

Surely the **first House of worship established for humanity is the one at Makkah**—a blessed sanctuary and a guide for all people. In it are **clear signs and the standing-place of Abraham**. Whoever enters it should be safe. **Pilgrimage to this House is an obligation by Allah upon whoever is able among the people**. And whoever disbelieves, then surely Allah is not in need of any of His creation.
(The Quran, Surah Ale-Imran 3:96-97)



Hajj is a duty that we owe to Allah!

Dhul Hijjah

(the 12th month of the Islamic Calendar)

is a very important time of the year for Muslims. The first ten days of this blessed month have been especially favored by Allah ﷻ over any other days throughout the year.

One of the greatest deeds that can be done during these ten days is Hajj. **Hajj is the pilgrimage to the Sacred House of Allah ﷻ, the Kaaba in Makkah, Saudi Arabia.** Hajj is one of the five pillars of Islam (Five pillars of Islam are: Shahadah, Salah, Zakat, Sawm and Hajj). The reward for a Hajj mabroor is nothing but Paradise. Mabroor means that which is accepted by Allah ﷻ and is performed with the intention of seeking Allah ﷻ's pleasure only and not to show off and without committing a sin and in accordance with the traditions of the Prophet ﷺ.

At Hajj, many Muslims from all over the world gather to perform a special type of congregational worship. This includes the Days of Tarwiyah, Arafat and An-Nahr, and ends with the celebration of Eid-ul-Adha, the festival of sacrifice.

Those Muslims who can afford it, must go for Hajj at least once in their lifetime. Every year some Muslims are blessed with the opportunity to answer the call of Allah ﷻ and perform Hajj, while others remain behind. But Allah ﷻ, the Most Kind and Merciful, allows even those who remain behind to gain some rewards.

Any worship and good deed that is performed in these first ten days is better and more beloved to Allah ﷻ than all the other Days of the world.

HAJJ

journey of a lifetime



Who can go?

Allah ﷻ does not wish to make things difficult for the Muslims. Apart from the duty being fard (compulsory) only once in a lifetime, there are certain other conditions that have to be met for one to be eligible to go for Hajj:

1. To be a Muslim
2. To have reached puberty
3. To be of sound mind
4. To be free (not a slave)
5. To have the financial means
6. To possess the physical means
7. To have a Mahram (for women)

Types of Hajj

There are three types or methods of performing Hajj:

1. **IFRAD** (if you live in Makkah) - Only Hajj, no Umrah, no sacrifice
2. **TAMATTU** (if you wish to perform Umrah and then Hajj) - Umrah + Hajj with separate ihram and rest in between, sacrifice required
3. **QIRAN** (if you wish to perform Umrah and Hajj together in one intention and also take with you your animal for sacrifice) - Umrah + Hajj with one ihram without break, sacrifice required

Hajj provides a unique experience and opportunity for becoming closer to Allah ﷻ. Many Muslims around the world strive their whole lives for the opportunity to perform Hajj. If you are performing Hajj this year - consult your local scholar; choose the kind of Hajj that suits your ability, location, and budget; and learn the steps of your chosen type in advance. Follow the Sunnah, avoid innovations and be patient and spiritually focused during the days of Hajj.

Not going to Hajj this year?
It does not mean that you are left out.

Take advantage of five matters before five other matters:

Your Youth, before you become old;

Your Health, before you fall sick;

Your Wealth, before you become poor;

Your Free Time before you become busy; and

Your Life, before your death.

MAXIMIZE YOUR WORSHIP & GOOD DEEDS DURING THE BLESSED TEN DAYS

This workbook is designed to assist you in enhancing your worship, good deeds and rewards during these blessed ten days, wherever you may be, بِإِذْنِ اللَّهِ. It is organized into two main sections:

1. PLANNING AHEAD:

Prepare for the first ten days of Dhul Hijjah by starting a few days in advance. This section includes information on salah, adhkaar, durood, istighfaar, the dua of Arafat, and the rewards of fasting. Additionally, there is space for you to write personal duas and outline actions and goals aimed at drawing closer to Allah ﷻ. It is advisable to review this section a few days before Dhul Hijjah starts.

2. DHUL HIJJAH BEGINS:

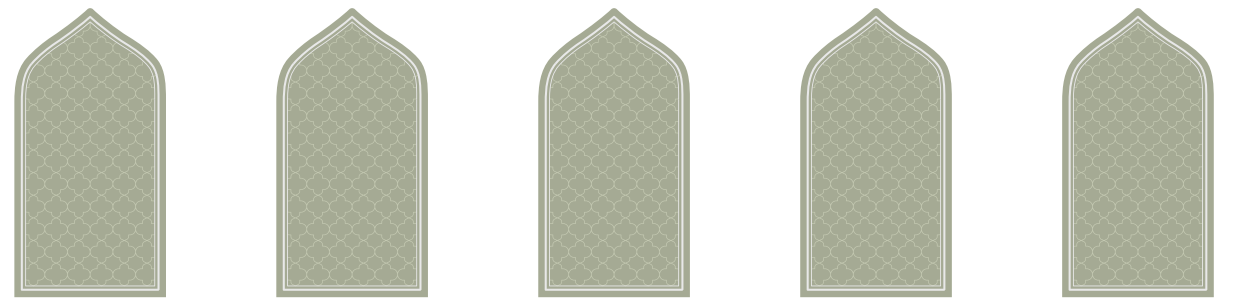
Once Dhul Hijjah begins, utilize the daily checklist to monitor your progress on various spiritual practices, personal goals, and daily good deeds. Engage in as many activities as you can, and don't worry if you are able to check off only a few items. Remember, every effort counts! Even if your time and effort seem small, the One for whom you are doing them for is Allah ﷻ, Al-Kabeer (The Greatest).



SECTION 1

Planning Ahead

SALAH



The word Salah in Arabic is derived from the root "Salat" which means to connect, link, or communicate. Literally, Salah signifies a connection or bond with Allah ﷻ through the act of ritual prayer. It is one of the Five Pillars of Islam and a direct means of communications with Allah ﷻ.

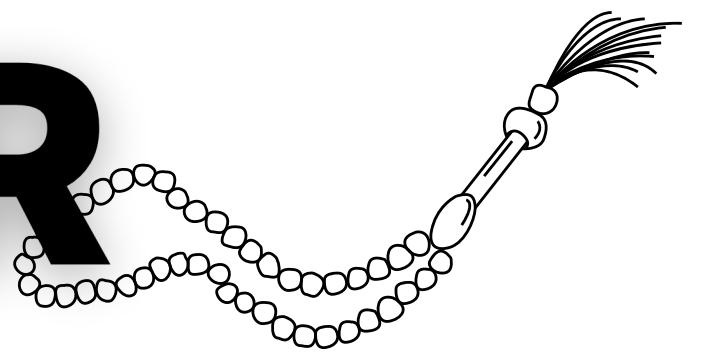


Salah holds immense significance in a Muslim's life:

- **Obligatory Act** – The five daily prayers are a fundamental duty commanded by Allah ﷻ for every Muslim.
- **Direct Connection with Allah ﷻ** – It fosters a deep spiritual bond between us and our Creator.
- **Purification of the Soul** – Regular prayer helps cleanse the heart, remove sins, and bring inner peace.
- **Spiritual, Moral and Physical Discipline** – Observing Salah at fixed times instills a sense of responsibility and organization in daily life.
- **Protection from Evil** – It serves as a shield against immoral actions and helps maintain righteousness.
- **First Question on Judgment Day** – Salah will be the first deed accounted for on the Day of Judgment.
- **Path to Paradise** – Performing Salah sincerely and consistently is a means of attaining Jannah (Paradise).



ADHKAAR



Dhikr, plural Adhkar, means remembrance, reminder or mention of God.

It is a form of Islamic worship in which phrases or prayers are repeatedly recited for the purpose of remembering God. Some short and simple but extremely beautiful and important adhkaar are:

Tasbeeh

SubhanAllah

Glory be to Allah

سُبْحَانَ اللَّهِ

Tahmeed

Alhamdulillah

All praise and thanks to Allah

الْحَمْدُ لِلَّهِ

Tahleel

Laa ilaha illa Allah

There is no god worthy of worship except Allah

لَا إِلَهَ إِلَّا اللَّهُ

Takbeer

Allahu Akbar

Allah is The Greatest

اللَّهُ أَكْبَرُ

DUROOD

Sending salawaat and salam on Prophet Muhammad ﷺ

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

SallAllāhu `alayhi wa sallama

Peace and blessings of Allah be upon him (Muhammad ﷺ)

Durood -e- Ibrahimi

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ
وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ
اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى
إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ

Allahumma Salli alaa Muhammad Wa alaa aali Muhammad. Kama sallaita
alaa Ibraheem Wa alaa aali Ibraheem, Innaka Hameedum Majeed.

Allahumma Baarik alaa Muhammad Wa alaa aali Muhammad. Kama
baarakta alaa Ibraheem Wa alaa aali Ibraheem, Innaka Hameedum Majeed

O Allah bestow Your favor on Prophet Muhammad ﷺ and on the family of
Prophet Muhammad ﷺ as you have bestowed Your favor on Prophet
Ibrahim ﷺ and on the family of Prophet Ibrahim ﷺ. Indeed, you are
Praiseworthy, Most Glorious. O Allah, bless the Prophet Muhammad ﷺ and
the family of Prophet Muhammad ﷺ as you blessed Prophet Ibrahim ﷺ
and the family of Prophet Ibrahim ﷺ.

Indeed, you are Praiseworthy, Most Glorious.

ISTIGHFAAR

Istighfaar means seeking forgiveness from Allah ﷻ.

It is an essential part of our worship that helps us purify our hearts,

seek mercy, and strengthen our connection with Allah ﷻ. The forgiveness and mercy of Allah ﷻ bring numerous blessings, including increase in provisions and relief from hardships. The Quran and Sunnah contain many duas for Istighfaar. Some of them are:

أَسْتَغْفِرُ اللَّهَ

Astaghfirullah

I seek Allah's forgiveness

أَسْتَغْفِرُ اللَّهَ رَبِّي مِنْ كُلِّ ذَنْبٍ وَأَتُوبُ إِلَيْهِ

Astaghfirullah rabbi min kulli dhambin wa atoobu ilaiyh

I ask Allah's forgiveness, who is my Lord, from all my sins
and I turn towards Him

أَسْتَغْفِرُ اللَّهَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

Astaghfir ullah-alladhi la ilaha illa Huwal-Haiyul-Qayyumu, wa atubu ilaihi

I seek the forgiveness of Allah, there is no true god except Allah,
the Ever-Living, the Self-Subsisting, and I turn to Him in repentance

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

Rabbana dhalamnaa anfusana wa-in lam taghfir lana wa tarhamna
lanakoonanna mina-alkhasireen

Our Lord, we have wronged ourselves, and if You do not forgive us and have
mercy upon us, we will surely be among the losers

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

la ilaha illa Anta Subhanaka innee kuntu mina-adhdhalimeen

There is no deity except You; exalted are You.
Indeed, I have been of the wrongdoers

رَبِّ اغْفِرْ وَارْحَمْ وَأَنْتَ خَيْرُ الرَّاحِمِينَ

Rabbi ighfir warham wa Anta khayrur-rahimeen

My Lord, forgive and have mercy, and You are the best of the merciful

رَبَّنَا أَتْمِمْ لَنَا نُورَنَا وَاغْفِرْ لَنَا إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Rabbana atmim lana noorana waghfir lana innaka ‘ala kulli shayin qadeer

Our Lord, perfect for us our light and forgive us.
Indeed, You are over all things competent

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka afuwwun tuhibbul afwa fa’fu annee

O Allah, You are Forgiving and love forgiveness, so forgive me

FASTING

The Prophet ﷺ said:

Every (good) deed of the son of Adam would be multiplied, a good deed receiving a tenfold to seven hundredfold reward. Allah, the Exalted and Majestic, has said: With the exception of **fasting, for it is done for Me and I will give a reward for it, for one abandons his passion and food for My sake**. There are two occasions of joy for one who fasts, joy when he breaks it, and joy when he meets his Lord, and the breath (of an observer of fast) is sweeter to Allah than the fragrance of musk.

(Sahih Muslim 1151e)

Every servant of Allah who observes fast for a day in the way of Allah, Allah would remove, because of this day, his face farther from the Fire (of Hell) to the extent of seventy years' distance.

(Sahih Muslim 1153a)



Aim to **fast for as many of the first nine days of Dhul Hijjah** as possible, with particular emphasis on the Day of Arafat.

A person asked the Prophet ﷺ about **fasting on the Day of Arafat** (9th day of Dhul Hijjah). He ﷺ responded that it serves to atone for the sins committed in the past year and those in the upcoming year.

However, please note that the believers **performing Hajj who are present at Arafat should not fast** on this day.

Additionally, **fasting is prohibited on Eid ul Adha** (10th Dhul Hijjah) **and three days following it** (11th, 12th and 13th days of Dhul Hijjah).

DAY OF ARAFAT



The Day of Arafat is on the 9th of Dhul Hijjah.

Allah ﷻ refers to this day in Surah Al-Maida of the Holy Quran.

"This day those who disbelieve have despaired of [defeating] your religion; so fear them not, but fear Me. This day I have perfected for you your religion and completed My favor upon you and have approved for you Islam as religion." (5:3)

On this day, the pilgrims performing Hajj leave for the plains of Arafat just after dawn. There, they pray to Allah ﷻ, combining their Dhuhr and Asr prayers. Then, they spend the whole day standing or sitting around the mount of mercy facing the Qiblah until sunset, making dua and asking for forgiveness for their sins. The gathering at Arafat is the greatest Hajj ritual. Allah ﷻ frees the largest amount of people from Hell on this day.

DUA OF ARAFAT

The Prophet ﷺ said:

The best invocation is that of the Day of Arafat, and the best that anyone can say is what I and the Prophets before me have said:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Lā 'ilāha 'illallāhu waḥdahu lā sharīka lahu,
lahul-mulku wa lahul-ḥamdu wa huwa `alā kulli shay'in qadīr.

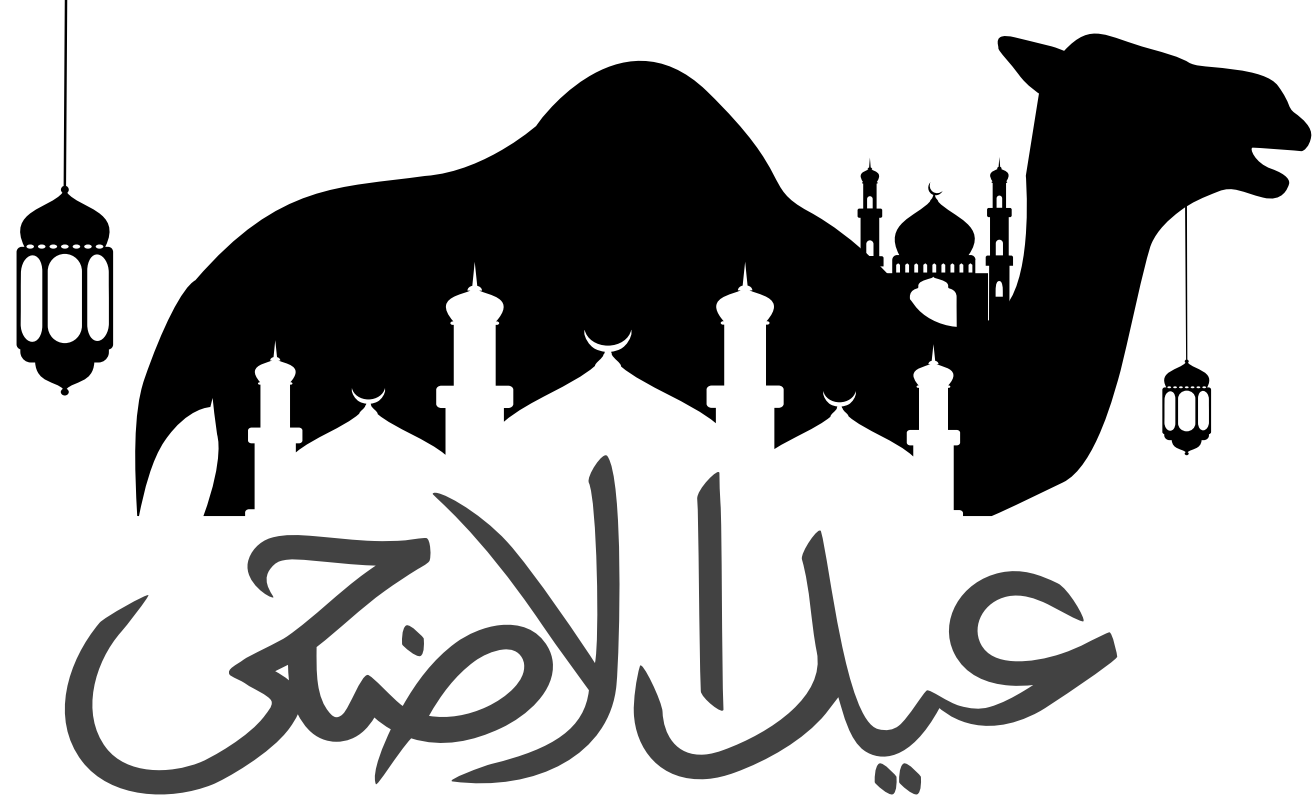
None has the right to be worshipped but Allah Alone, Who has no partner.
His is the dominion and His is the praise, and He is Able to do all things.

Recite **TAKBEER E-TASHREEQ** after every Fard Salah starting from Fajr prayer of the Day of Arafah (9th day of Dhul Hijjah) till after Asr prayer on the 13th of Dhul Hijjah (the day after the final day of Eid). This takbeer is Sunnah according to the majority of scholars. It is Sunnah for both men and woman, in the mosque, in the home and in the marketplace. Men should say it out loud, and women should say it quietly.

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ
وَاللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ وَلِلَّهِ الْحَمْدُ

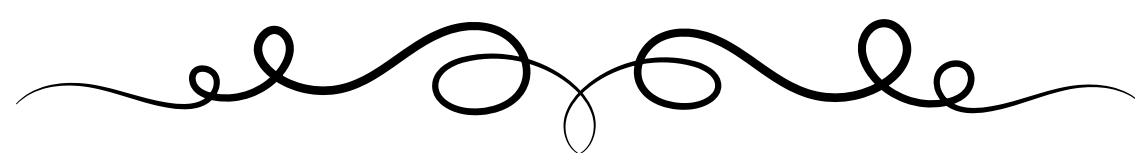
Allahu akbar, Allahu akbar, La ilaha illallah,
Wallahu akbar, Allahu akbar wa lillahil hamd

Allah is the greatest, Allah is the greatest, there is no god but Allah.
And Allah is the greatest, Allah is the greatest and to Allah belongs all praise.



DAYS OF EID

Eid ul Adha, or the **Festival of Sacrifice**, is a festival on the day after the completion of Hajj. It is on the 10th day and lasts until the 13th day of Dhul Hijjah. It represents the beautiful, complete submission of Prophet Ibrahim عليه السلام when he chose to obey Allah جل جلاله fully and without question even when it came to slaughtering his own son, Prophet Ismail عليه السلام. But before the knife was able to cut his son's neck, Allah جل جلاله replaced Ismail عليه السلام, with a ram from Jannah. Ismail عليه السلام was saved and Ibrahim عليه السلام's complete submission to Allah جل جلاله's command was accepted.



CELEBRATING EID UL-ADHA

- **Takbeer e-Tashreeq:** Recite takbeer-e-tashreeq after every fard salah until after the Asr prayer on the 13th of Dhul Hijjah.
- **Eid prayers:** Muslims gather in mosques or open spaces for special Eid prayers. Make every effort to join the Eid prayer and benefit from the Eid Khutbah.
- **Animal sacrifice:** Those who can afford it sacrifice an animal (such as a sheep, goat, cow, or camel), following the tradition of Ibrahim عليه السلام. The meat from the sacrifice can be divided into three parts—one for the family, one for relatives and friends, and one for the less fortunate. If anyone wants to make a sacrifice, then he should not cut his hair or nails once the hilal (new moon) of Dhul Hijjah is seen and until the sacrifice has been made.
- **Festive meals and gatherings:** Families come together to celebrate with special dishes and exchange gifts. Remember the days of Eid are for eating and drinking and we do not fast on them.

MY DUAS

Dua is a direct line of communication between a believer and Allah ﷻ.

It can take the form of a conversation, expression, prayer, invocation, supplication, or simply a request for help or assistance from Allah ﷻ. Through dua, we affirm our dependence on Allah ﷻ, and place our trust in His infinite wisdom and mercy. Allah ﷻ loves it when we call upon Him, whether we seek His help, support or make dua for various needs of this dunya as well as Akhirah (Hereafter). We can ask dua for anything good for ourselves or another person. Feel free to use the space below to compile duas for yourself from the Quran and Sunnah, or to craft your own duas in whichever language you prefer.

Dua for the love & pleasure of Allaḥ ﷻ

Dua for protection from shāyṭan, ḍajjal & all evil

Dua for connection with the Quran

Dua for good aḳḥlaaq

Dua for beneficial knowledge & wisdom

Dua for health (mind, body, heart & soul)

Financial duas (halal rizq, financial stability, career)

Dua for barakah in time, efforts & skills

Dua for success of this world and the next

Dua for good company

Dua for parents

Marriage, couple and children duas

Dua for siblings, extended family, in-laws and friends

Duas for neighbors and community

Dua for love & understanding in relationships

Duas for those who are deceased

Duas for your own death, Barzakh & Afterlife

Duas for the whole ummah and mankind

Any other duas

INTENTIONAL GOOD DEEDS

Small deeds might earn us big rewards. Allah ﷻ loves deeds that are done consistently, even if they are little.

PRINCIPLE: Fard before Sunnah or Nafil

Prioritize your fard worship. Then continue to draw near to Allah ﷻ through sunnah and nafil.

The Prophet ﷺ said, “Verily Allah ta’ala has said: ‘Whosoever shows enmity to a wali (friend) of Mine, then I have declared war against him. **And My servant does not draw near to Me with anything more loved to Me than the religious duties I have obligated upon him. And My servant continues to draw near to me with nafil (supererogatory) deeds until I Love him.** When I Love him, I am his hearing with which he hears, and his sight with which he sees, and his hand with which he strikes, and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him; and were he to seek refuge with Me, I would surely grant him refuge.’
(Hadith 38, 40 Hadith an-Nawawi)

Make the most of the best days of the year by filling them up with good deeds. For each good deed you choose, consider:

1. **The Action:** What you will do?
2. **The Intention:** Why do you want to do this?
3. **The Method:** How will you follow the sunnah of our Prophet ﷺ in this?

Few examples of good deeds to inspire you

- Reaffirm your Shahadah - faith in Allah ﷻ and His Messenger ﷺ
- Ikhlaas and mindful intentions - Renew your commitment to Allah ﷻ
- Salah - Five prayers at their proper time
- Pay off your debts
- Give your zakat for the year if you haven't given it yet
- Go for Hajj/ make dua for and prepare for Hajj in future
- Fasting
- Add some sunnah and nafil salah to your day. Especially consider Salatut Tahajjud, Salatut Duha (Ishraq or Chast), Tahiyyatul Wudu, Tahiyyatul Masjid, Salatut Istekhara, Salatut Haajat, Salatut Tasbeeh
- Set a daily commitment to the Quran - could be reading, writing, studying, teaching, pondering, acting, and sharing with others
- Read durood and send salawaat upon the Prophet ﷺ
- Revive a sunnah, like miswak
- Morning and evening adhkaar
- Excellent behavior towards parents
- Fulfill your responsibilities towards Allah ﷻ and His creation wherever you are (at home, work, school, community, etc.)
- Best manners and character towards family (parents, siblings, spouse, children and relatives)
- Forgive someone for the sake of Allah ﷻ even when you can take recompense (praying that Allah ﷻ will forgive you)
- Take care of an orphan or do something nice for them
- Kindness and generosity towards travelers or those in need
- Fulfill your promise when you make one
- Be patient in poverty, hardship or battle
- Express gratitude towards Allah ﷻ and His creations
- Share a reminder about Allah ﷻ with others
- Smile. Its a Sunnah!
- Remove something harmful from a path
- Pray in a congregation in a masjid
- Attend funerals and offer funeral prayer
- Follow the funeral procession
- Visit the sick
- Control your anger and drink some water

- Mediate conflict, make peace and reconcile between people
- Try your best to give the correct decision when judging something
- Inspire others to do a good deed
- Speak truth, good and kind words to uplift others
- Save someone's life
- Stand firmly for justice even if it goes against yourself
- Remain patient in a difficult situation
- Walk with humility
- Verify any news before sharing it
- Follow the rules of a group/ organization you are a part of
- Travel to seek knowledge or to increase faith
- Greet people, including strangers
- Plant a seed
- Provide water to a thirsty person or animal
- Build a source of water for others like a well or a handpump
- Feed others or invite them to meals
- Ensure good treatment of domestic animals
- Give gifts and receive gifts graciously
- Give sincere advice to those who seek it
- Refrain from exposing anyone's faults
- Help a manual worker or an elderly person in physical tasks
- Facilitate a disabled person
- Build a masjid
- Give adhaan
- Don't argue unnecessarily even when you are right
- Bless someone who sneezes
- Listen and offer appropriate advice to friends and family
- Mentor people
- Give compliments (in an honest and genuine way)
- Volunteer for good causes - give time and skills
- Make people laugh or cheer up people in a nice way
- Learn or teach beneficial knowledge
- Invite someone to Islam with wisdom and best behavior
- Utilize any spare pockets of time for dhikr of Allah ﷻ. It could be as little as 5-7 minutes while loading the dishwasher, pausing at a traffic light, sitting at the doctor's clinic, waiting for a class to start, etc.
- Have best expectations from Allah ﷻ

GOALS

Islam encourages believers to be proactive in shaping their lives while maintaining trust in Allah ﷻ's divine plan.

Set small goals each day and strive to achieve them.

Tawba Goals

The word Tawba literally means "to return". Tawba means repentance, the act of sincerely turning back to Allah ﷻ after committing a sin. A sincere tawba involves:

1. Feeling genuine regret for the sin
2. Leaving behind sinful actions and returning to Allah ﷻ's commands
3. Making a firm intention to avoid the sin in the future
4. Asking Allah ﷻ for His mercy and forgiveness

A sin means doing something which is prohibited by Allah ﷻ. A sinner is held accountable and is liable to some sort of punishment by Allah ﷻ either in this world or the next or both. That said, every single human being can fall into some kind of sin at some point in their lives. A sin might feel tempting or it might have become a habit, addiction or part of the culture. It might feel very hard to drop the sin and move away from it. But it is definitely possible. Just take one step away and seek forgiveness from Allah ﷻ. Then see how Allah ﷻ makes it easy for you to turn away.

Allah ﷻ loves those who repent to Him. There are several blessings that Allah ﷻ gives to a person who does sincere tawba. When Allah ﷻ accepts a person's repentance, He erases their bad deeds from their account, and sometimes even turns the bad deeds into good deeds.

You can do tawba from any sin, no matter how big or small.

For example, backbiting, lying and deception, neglecting or delaying salah, backbiting, disrespecting parents, immodesty, engaging in haram relationships, consuming haram food or drink, cheating in business or work, showing arrogance and pride, neglecting charity, wasting time in useless activities, using offensive or hurtful speech, shirk, kufr, hypocrisy, ignoring the rights of others or being ungrateful to Allah ﷻ.

Sadaqa Goals

Sadaqa comes from the Arabic root "Sadq" means truthfulness. A voluntary charity given for the sake of Allah ﷻ, sadaqa is considered a sign of true faith and a means of purification for the giver. Giving sadaqah makes us a better person and grateful for the blessings that we have. It encourages us to think beyond our own needs and to focus on the needs of others, promoting compassion, humility, generosity, self-discipline, and a sense of community. This brings us closer to Allah ﷻ and to our fellow human beings. Sadaqah can be given in various forms. Some of them are:

- Giving money or valuables to those in need
- Praying for someone's well-being
- Teaching, sharing or helping someone gain beneficial knowledge
- Benefiting others with your skills and talents
- Giving good advice that benefits others
- Smiling
- Helping others in their daily tasks or difficulties
- Raising children well and teaching them good values
- Stopping evil and wrongdoing in society
- Speaking kindly using gentle and respectful words
- Forgiving others, letting go of grudges and showing mercy
- Visiting the sick, offering them comfort and support
- Removing harmful objects from pathways
- Providing water or a source of water
- Spending on family
- Maintaining good relations with relatives and friends
- Restrain yourself from doing wrong to people

Goals For Better Akhlaq

The term Akhlaq originates from the Arabic word khulq, meaning "disposition" or "nature." Akhlaq refers to character, ethics, and moral conduct. It encompasses a person's behavior, manners, and interactions with others.

Islam places a lot of importance on manners. Anyone surpassing us in manners is better than us in the deen. **The Akhlaq of the Prophet Muhammad ﷺ was exemplary and serves as a model for all Muslims.** His noble qualities were praised in the Quran: "And indeed, you are of a great moral character" (68:4). Some of his outstanding qualities that we can aspire to develop in ourselves are:

- **Truthfulness** (Sidq) – He ﷺ was known as Al-Sadiq (the truthful) and never lied even when he ﷺ was joking.
- **Trustworthiness** (Amanah) – Even before prophethood, people entrusted him ﷺ with their valuables.
- **Patience** (Sabr) – He ﷺ endured hardships with unwavering patience.
- **Humility** (Tawadhu) – Despite being a leader, he ﷺ lived simply and never sought superiority.
- **Kindness and Mercy** (Rahmah) – He ﷺ showed compassion to all, including all people and animals.
- **Forgiveness** (Afw) – He ﷺ forgave even those who harmed him.
- **Generosity** (Karam) – He ﷺ gave freely without expecting anything in return.
- **Justice** (Adl) – He ﷺ treated everyone fairly, regardless of status or background.
- **Good Speech** (Husn al-Kalam) – He ﷺ spoke gently and avoided harsh words. He ﷺ gave full attention to anyone who was talking to him and would let them finish before he replied.
- **Helping Others** (Nusrah) – He ﷺ assisted the needy and encouraged acts of service.



SECTION 2

Dhul Hijjah begins

DUA UPON SIGHTING NEW MOON
(when the new lunar month begins)

اللَّهُمَّ أَهْلُهُ عَلَيْنَا بِالْأَمْنِ وَالْإِيمَانِ وَالسَّلَامَةِ وَالْإِسْلَامِ،
رَبِّي وَرَبُّكَ اللَّهُ، هِلَالُ رُشْدٍ وَخَيْرٍ

Allahumma ahillahu 'alaina bil-amni wal-iman, was-salamati wal-Islam,
Rabbi wa Rabbuk-Allah, Hilalu rushdin wa khairin

O Allah, let this moon appear on us with security and Iman; with safety and Islam.
(O moon!) Your Rabb and mine is Allah.
May this moon be bringing guidance and good

DAY 1

DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

YOUR GOALS FOR TODAY

☐

Tawba from one sin
& strive to reform

☐

Sadaqa goal
(for self & deceased)

☐

Goal for **Better Akhlaaq**
(learning from seerah)

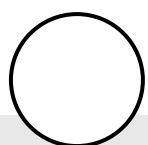
- In the designated boxes, write down your goals for tawba, sadaqa, and akhlaaq for today.
- Mark each item once you have finished it.

DAY 2

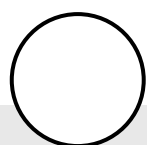
DAILY CHECKLIST

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- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

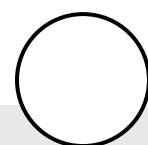
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

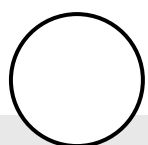
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DAY 3

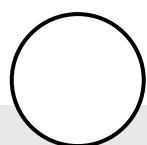
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

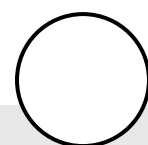
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

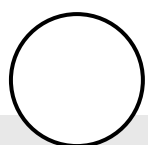
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DAY 4

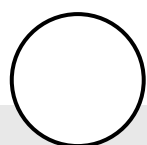
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

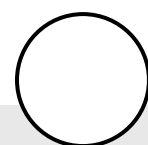
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

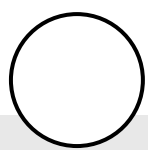
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DAY 5

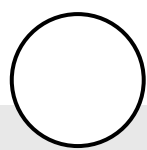
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

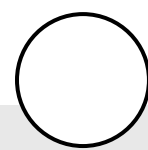
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

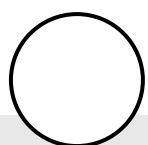
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DAY 6

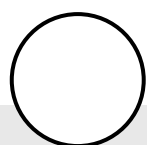
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

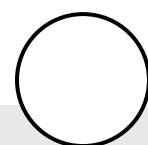
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

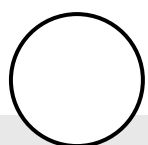
- In the designated boxes, write down your goals for tawba, sadaqa, and akhlaaq for today.
- Mark each item once you have finished it.

DAY 7

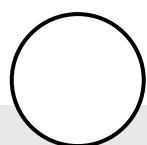
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

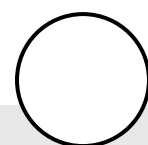
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

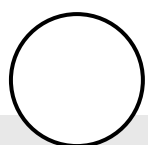
- In the designated boxes, write down your goals for tawba, sadaqa, and akhlaaq for today.
- Mark each item once you have finished it.

DAY 8

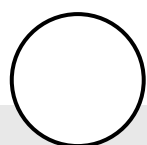
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Fasting
- ☐ Intentional Good Deeds

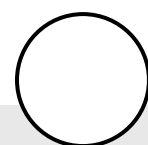
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

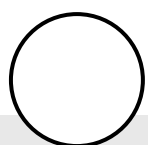
- In the designated boxes, write down your goals for tawba, sadaqa, and akhlaaq for today.
- Mark each item once you have finished it.

DAY 9

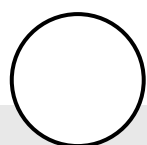
DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Takbeer Tashreeq, especially after fard salah
- ☐ Fasting
- ☐ Intentional Good Deeds

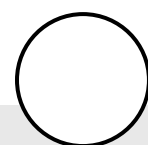
YOUR GOALS FOR TODAY



Tawba from one sin
& strive to reform



Sadaqa goal
(for self & deceased)



Goal for **Better Akhlaaq**
(learning from seerah)

- In the designated boxes, write down your goals for tawba, sadaqa, and akhlaaq for today.
- Mark each item once you have finished it.

DAY 10

DAILY CHECKLIST

- ☐ Your five daily salah
- ☐ Adhkaar x 100
- ☐ Durood x 100
- ☐ Istighfaar x 100
- ☐ Arafat dua and your other duas
- ☐ Takbeer Tashreeq after fard salah
- ☐ Intentional Good Deeds
- ☐ Eid Prayer in congregation
- ☐ Offering Sacrifice
- ☐ Enjoy festivities with family and friends

- Mark each item once you have finished it.

☒ **CONTINUE TO ENJOY FESTIVITIES WITH FAMILY AND FRIENDS AND DO NOT FAST ON THE 10TH, 11TH, 12TH OR 13TH OF DHUL HIJJAH**

☒ **CONTINUE THE TAKBEER TASHREEQ AFTER THE FARD SALAH UNTIL ASR ON THE 13TH OF DHUL HIJJAH.**

☒ **YOU HAVE THE OPTION TO MAKE A SACRIFICE ON ANY OF THE THREE DAYS: THE 10TH, 11TH, OR 12TH OF DHUL HIJJAH.**

إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ
لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا مِنَ الْمُسْلِمِينَ
اللَّهُمَّ اهْدِنِي لَأَحْسَنِ الْأَعْمَالِ وَأَحْسَنِ الْأَخْلَاقِ
لَا يَهْدِي لِأَحْسَنِهَا إِلَّا أَنْتَ وَقِنِي سَيِّئَ الْأَعْمَالِ
وَسَيِّئَ الْأَخْلَاقِ لَا يَقِي سَيِّئَهَا إِلَّا أَنْتَ

Indeed my salah (prayer), my sacrifice, my living, and my dying are for Allah, the Lord of all that exists. He has no partner. And of this I have been commanded, and I am one of the Muslims. O Allah, guide me to the best of deeds and the best of manners, for none can guide to the best of them but You. And protect me from bad deeds and bad manners, for none can protect against them but You.