

A MOORE BETTER ME BEHAVIORAL HEALTH

Academic Educational Consulting & Professional Development Services

Professional Development & Educational Consulting

A Moore Better Me Behavioral Health provides educational consulting and professional development services designed to support educators, counselors, campus staff, leadership teams, parents, and other school-community stakeholders. Training offerings focus on mental health education, student support, special populations, parent engagement, treatment planning, and practical strategies that can be applied in educational settings.

Professional Development Training Catalog

Mental Health Today

Aims to break the stigma surrounding mental health and provides psychoeducation to address common misconceptions. This training is appropriate for broad audiences and does not require prerequisites or prior knowledge.

Suicide Prevention: Know the Facts

Provides psychoeducation addressing common misconceptions surrounding suicide. This training is appropriate for broad audiences and does not require prerequisites or prior knowledge.

Back to School Blues: Managing Stress

Provides psychoeducation to help participants identify differences between stress and anxiety and understand their physiological presentation in the body. Best suited for parents, teachers, counselors, and campus staff.

ADHD: It's My Superpower

Provides psychoeducation on the symptoms, causes, and treatment of ADHD. Participants explore executive functioning skills and how a person with ADHD may display those skills. Best suited for parents, teachers, counselors, and campus staff.

To Group or Not to Group, That is the Question?

Explores the process of forming groups and creating treatment plans. Participants engage in the process of forming groups and developing treatment plans during the workshop. Best suited for counselors; participant cap of 15.

Treatment Planning

Explores the process of developing treatment plans targeted to the individual needs of the client. Participants engage in developing treatment plans during the workshop. Best suited for counselors; participant cap of 15.

Bipolar I vs Bipolar II

Provides psychoeducation to help participants understand the symptoms, causes, and treatment of bipolar disorder, including differences between Bipolar I and Bipolar II. Best suited for parents, teachers, counselors, and campus staff.

Bridging the Gap: Increasing Parent Engagement

Provides tools to help address parent-engagement challenges. Best suited for campus leadership, district leadership, counselors, and administrative staff.

Teaching Students With Various Diagnosis

A simulation classroom experience that allows participants to witness a mock lesson demonstration involving students with varying mental health diagnoses. Participants engage in the demonstration and discussion. Best suited for teachers, counselors, and instructional staff.

Special Education Populations

Provides psychoeducation to help participants understand populations within Special Education and learn differences among sub-populations. Best suited for parents, teachers, counselors, and campus staff.

Consulting & Professional Development Rates

Service	Rate
Academic / Educational Consulting	\$175/hour
Behavioral & Mental Health Consulting	\$175/hour
Program Development / Program Evaluation	\$175/hour
Student Support / Behavioral Health Program Consultation	\$175/hour
Campus Leadership Consultation	\$200/hour
Professional Development - 1 Hour	\$750/session
Professional Development - 2 Hours	\$1,250/session
Professional Development - Half Day (up to 4 hours)	\$2,000/day
Professional Development - Full Day (up to 7 hours)	\$3,500/day
Keynote / Large-Group Presentation	\$2,500/session
Customized Workshop Development	\$175/hour
Virtual Professional Development - 1 Hour	\$650/session
Virtual Professional Development - Half Day	\$1,750/session
Virtual Professional Development - Full Day	\$3,000/day
Follow-Up Coaching / Implementation Support	\$150/hour
Group Consultation / Case Consultation	\$175/hour
On-Site Observation & Recommendations	\$200/hour
Written Assessment / Recommendations Report	\$175/hour
Curriculum / Training Material Development	\$175/hour

Volume / District Pricing

Engagement	Rate
3-5 Full-Day Trainings	\$3,250/day
6-10 Full-Day Trainings	\$3,000/day
10+ Full-Day Trainings	Negotiated district rate
Multi-Campus Consulting Contract	5% discount
Annual / District-Wide Engagement	Up to 10% discount

Additional Professional Development Topics

Trauma-Informed Schools; Student Mental Health & Early Identification; Suicide Prevention & Risk Recognition; Crisis Response; De-escalation & Behavior Management; Supporting Students with ADHD; Supporting Students Experiencing Anxiety and Depression; Staff Burnout & Compassion Fatigue; Educator Wellness; Social-Emotional Learning; Parent & Family Engagement; Cultural Responsiveness; Conflict Resolution; Building Resilient School Communities; and Mental Health Considerations for Special Populations.

How to Place an Order

To request services, contact A Moore Better Me Behavioral Health with the requested service or training, preferred date(s), location or virtual format, anticipated number of participants, and any specific consultation or professional development needs. Our team will confirm availability, scope of services, pricing, and scheduling. Purchase orders may be submitted in accordance with the contracting organization's purchasing procedures.

Pricing Notes

Rates include standard preparation, consultation, and electronic training materials unless otherwise quoted. Customized curriculum development, extensive written reports, specialized assessments, printing, or other project-specific deliverables may be quoted separately with prior approval. Travel within the Dallas-Fort Worth metropolitan area is included for engagements of four hours or more. Additional travel expenses will not be assessed without prior written authorization.

Provider: A Moore Better Me Behavioral Health

Service Area: Dallas-Fort Worth Metroplex / Virtual Services Available