

Mom's She Crab Soup Recipe

Ingredients:

1 Cup of Lump Crab Meat

2 Tablespoons of Butter

1 Small Onion, minced

Salt and Pepper to taste

½ Teaspoon Mace

2 Cups Whole Milk

½ Cup Heavy Cream

2 Tablespoons Worcestershire Sauces

10-15 Saltine Crackers (Crumbled)

3 Tablespoons Dry Sherry



Over Medium Heat

- 1. Saute Onion in Butter. (until Onions are clear color, not brown)
- 2. Add Crab Meat to Onions. Stir for 2-3 Minutes
- 3. Add Mace Seasoning, Worcestershire and Salt and Pepper. Stir for 2 minutes.
- 4. Add Milk and Cream Stir for 3-4 Minutes (Do not let Boil!!!)
- 5. Add Saltine Crumbles to desired thickness
- 6. Add Sherry and stir for 1 Minute.
- 7. Turn heat off and let come to room temperature.
- 8.Refrigerate Over night.
- 9. Heat and Serve.

(Traditional Serving: Add 1 Tablespoon of Sherry to bowl before ladling soup into bowl.

This will make a Sherry ring around the soup for serving. Just an option!)

