



Mackerel Cat Treats

Ingredients:

½ cup canned mackerel, drained, crumbled
1 cup whole grain bread crumbs
1 tablespoon vegetable oil or bacon grease
1 egg, beaten
½ teaspoon brewer's yeast, optional, see Note

Directions:

Combine all ingredients; mix well. Drop dough by 1/4 teaspoonfuls 1" apart onto a greased cookie sheet.

Bake in a 350 degrees F oven 8 minutes.
Cool biscuits and store, covered, in the refrigerator

Treats can be frozen and take out as needed.

Note:

Brewer's yeast is an excellent source of essential fatty acids and B-Complex vitamins for a glossy coat and stable nervous system. It's also known to prevent flea infestation.