

Guide to Project Plant Based – by Angelina Turner

1. Start by tearing paper/cardboard into small pieces then blend quickly into even smaller pieces for mixing.



2. Mix paper/cardboard pieces in container with water to make a pulp then add in seeds, mix thoroughly.



3. Strain mixture through a piece of cheesecloth over a container to remove excess water.



4. Remove mix from cheesecloth, it should be a soft paste.



5. Place mix into mold of your choice.



6. Firmly press paste into mold while holding it over a container as there will be some water remaining in the mix.



7. Feel free to also be creative and shape whatever you would like with your hands, the only limit is your imagination!



8. Leave the sculpture in a warm dry place until mix dries then carefully remove from the mold.



9. Place your sculptures wherever you would like to spread wildflowers and support your local ecosystem!

@angelina_the_artist

@peculiar.pet.portraits

www.angelinatheartist.com

<https://angelinatheartist.com/>

