

Leadership Patch & Challenge

What is the Spark Initiative?

An Ignite Leadership student:

- Sets the standard in class
- Helps lower belts and newer students grow
- Demonstrates positive character traits such as perseverance, kindness, determination
- Leads at home, in learning spaces, the community, and in Ignite classes
- Represents Ignite with their character

Who can earn this patch?

Ignite Karate and Ignite Martial Arts students who are first degree Black Belt rank and above.
Ignite Capoeira kids, teens, and adults who have blue tips on their cord.
This patch is a pre-requisite patch for the more advanced Assistant Instructor Patch.

How do I earn the patch?

To earn the Leadership Patch, complete the following, spread out over the course of six months. There is also an essay component. See the last page for a suggested way to track.

At Home (choose at least one that you will work on over the course of six months)

- Complete responsibilities without reminders
- Manage time effectively for a full week (morning and nighttime routines, logging into classes on time, etc)
- Admit and correct mistakes independently
- Resolve conflict respectfully
- Support a sibling or peer
- Demonstrate emotional regulation under stress
- Other: _____

In Learning Spaces* (choose at least one that you will work on over the course of six months)

- Lead part of a group project
- Demonstrate consistent effort and focus
- Choose something new to learn and pursue it
- Participate actively in class by being part of discussions and encouraging others to take part
- Complete schoolwork without reminders
- Practice your extracurricular activity regularly without being asked
- Other: _____

Community- Virtual and/or in-person Communities (choose one that you will work on over the course of six months)

- Fundraise for an organization you care about
- Raise awareness for a cause or issue you care about
- Help a neighbor
- Volunteer
- Other: _____

In Martial Arts Class (must consistently display all of the following)

- Demonstrate techniques clearly
- Help lower belts by assisting in beginner or intermediate classes
- Maintain a professional appearance in every class by wearing your uniform and belt (karate: gi and belt, capoeira: abadas, t-shirt, and current cord)
- Encourage classmates
- Display respectful behavior towards self and others
- Maintain black belt/graduated student standard in effort and attitude

*"Learning Spaces" is meant to include a variety of learning scenarios such as: in-person school, virtual school, homeschool, co-ops, virtual and in-person extracurriculars such as music lessons, sports, scouts, classes on other learning platforms, etc.

Leadership Essay

Choose one of the following prompts and write a reflection.

- What does being a good leader mean to you?
- How do you show leadership at home, at school, or in class? Why is it important?
- Think of a leader you admire (a teacher, parent, historical figure, etc). What are three qualities that make them a good leader?
- Do you think leaders are born with the ability to lead, or is it learned? Why?

Essay Length Guidelines:

- Ages 6–8: 5–7 sentences, drawing encouraged (at any age really!)
- Ages 9–11: 1-2 paragraphs (8–12 sentences)
- Ages 12+: 1 page

Leadership Challenge

Name: _____

Using the table below, describe how you showed qualities of a leader each month by giving a specific example. Relate these examples back to the specific goals you chose to work on at home, in learning spaces, and in the community.

	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6
Home:						

Learning Space:						
Community:						

Parent/Guardian Signature: _____

Ignite Instructor Signature: _____

Student Signature: _____

Date: _____