



Master Schedule

All Classes are Listed in **Central Time**.

*effective 10/1/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Kids Level 1 & 2 (ages 4-12) 5:15pm-5:45pm		Kids Level 2* and Teens 4:00pm-4:30pm	Music ALL AGES 5:30pm-6:00pm		
	Teens (13+) & Adults 6:00pm-6:45pm		Teens (13+) & Adults Martial Arts Conditioning 6:15pm-7:00pm	Teens (13+) & Adults 6:00pm-6:45pm		

* Students must test into Wednesday level 2 class and receive instructor permission