



## Master Schedule

All Classes are Listed in **Central Time**.

\*effective June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Kids Level 1</b> 4:30pm-5:00pm		<b>Kids Level 2 and Teens</b> 4:00pm-4:30pm	<b>Kids Level 2</b> 4:30pm-5:00pm		<b>Conditioning (teen &amp; adult)</b> 8:45- 9:30am
	<b>Teens</b> 5:15pm-5:45pm			<b>Kids Level 1</b> 5:15pm-5:45pm		<b>(Music paused June - August)</b>
	<b>Adults Foundations</b> 6:00pm-6:45pm			<b>Teens</b> 6:00pm-6:30pm		
				<b>Adults Level 2</b> 6:45pm-7:30pm		

Note: Conditioning classes will be running on an every other week basis beginning in July

